

## Q&A:

### 1. 校外导师主要是针对哪些学生？

#### Who are the target students for external mentor project?

A:主要针对在西浦选择了4+X的大三同学以及西浦的研究生，希望通过校外导师的帮助，为各位同学在未来的择业和就业方向上提供相应的指导。

External mentor mainly open to the students who study in year 3 and postgraduate students in XJTLU. At the same time, external mentors will provide professional guidance to students.

### 2. 校外导师对学生会有什么样的帮助？

#### What is the most important issue for students to join in external mentor project?

A:校外导师不同于校内的教授，他们可以站在有丰富的社会阅历的角度帮助同学们选择未来的方向以及提供最新的行业资讯。

Most important thing is external mentor could provide career guidance to students which is different from what they get from lectures.

### 3. 是否每一次互选都可以成功匹配？

#### Will every mutual selection be successful?

A:不是的，学生和导师是双向选择的。

Not always, student and mentor should be satisfied with each other.

### 4. 如果被导师拒绝应该怎么办？

#### What should students do if the application is rejected by mentor?

A:如果你的导师拒绝了你的请求，你可以继续选择下一位心仪的导师。

You can find another mentor by continuing your selection.

### 5. 学生怎么样才能获取校外导师的咨询？

#### How can students get the information from external mentor?

可以通过就业办的官方网站：[careers.xjtlu.edu.cn](http://careers.xjtlu.edu.cn)

Through Career Centre Official Website: [careers.xjtlu.edu.cn](http://careers.xjtlu.edu.cn)

或者通过校外导师学生执委会官方微信：XJTLU-EMSEC

Or Official WeChat Account: XJTLU-EMSEC

也可以发邮件到[mentors@xjtlu.edu.cn](mailto:mentors@xjtlu.edu.cn)

And Official Email Address: [mentors@xjtlu.edu.cn](mailto:mentors@xjtlu.edu.cn)

### 6. 如何向校外导师简报投稿？

#### How to send your stories to us?

请各位同学将自己和校外导师的故事或是自己参加校外导师活动的切身感受编辑成稿件发送到[mentors@xjtlu.edu.cn](mailto:mentors@xjtlu.edu.cn)

Send us your stories about what happened in external mentor activities through [mentors@xjtlu.edu.cn](mailto:mentors@xjtlu.edu.cn).

## 西浦校外导师学生手册

XJTLU External Mentor Student Handbook



#### 联系方式 Contact us

Tel: (86) (0)512 81888308

E-mail: [Mentors@xjtlu.edu.cn](mailto:Mentors@xjtlu.edu.cn)

Website: <http://careers.xjtlu.edu.cn/Mentor>

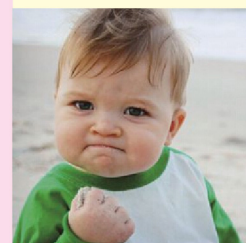


## 校外导师介绍 External Mentor Introduction

西交利物浦大学秉持着“博学明道，笃行任事”的校训和卓有成效的五星育人模式，并辅以四大导师体系，构成了一所拥有先进教学理念的高端学府。通过优秀的校外导师言传身教，有他们的帮助和引荐，不仅会激发同学们的斗志，而且会使西浦学子汲取成功的人生精华，奋斗经验，进入社会的机遇，发展事业所需的资源，同时也为校外导师发挥社会责任，再现青春活力和发现人才提供了机会。校外导师作为四大导师体系不可或缺的项目之一，对西浦学子在职业指导方面提供宝贵的意见和建议。

The External Mentor Project is a key activity in our student's professional development in terms of XJTLU's 5 star education model. The project has gone from strength to strength since President Xi introduced the idea in 2009. We started with only a few mentors and now have more than 300 experienced mentors from a wide variety industries, giving professional advice and coaching. This is an good opportunity for students to link with "the Real World" through communicating with our generous mentors.

## 校外导师项目意义 Meaning of External Mentor Project



# 1

正能量  
Positive Energy

助力梦想  
Dream Booster

# 2



# 3

面对困境  
Facing Problem

学习做人  
Learning to be

# 4



## 为什么开展校外导师项目 Why you choose External Mentor Project?

**互选前的准备：**登录就业办校外导师师生互选网站：

<http://careers.xjtlu.edu.cn/Mentor>浏览所有导师的信息，以便选择你心仪的导师。同时同学们需要上传自己的简历（简历是导师们选择学生的重要环节，无简历将不能参加师生互选）  
Preparation before the mutual selection: Login to the official website: <http://careers.xjtlu.edu.cn/Mentor> to browse all the external mentors' information. We recommend every one of you check the mentor's information before you decided. You must upload your CV before start the selection.

### 校外导师互选流程 Mutual Selection Process:

#### STEP 01

登录  
Login to  
<http://careers.xjtlu.edu.cn/Mentor/Student> 师生互选网站

#### STEP 02

上传简历  
Up load your CV

#### STEP 03

选择心仪的导师  
Choose your external mentor

#### STEP 04

接受导师邀请  
Received invitation from external mentor  
如果被拒绝,选择其他心仪导师  
Choose another external mentor

#### STEP 05

参加校外导师师生见面会  
Participate in Career Embarking Ceremony

### 校外导师注意事项 External Mentor Project Announcements

**互选前：**修改并上传自己的简历

Before the mutual selection: Modify and upload the CV

**互选中：**

注意查收Mentors发给各位同学的邮箱，以防耽误师生互选的过程。  
During the mutual selection: Pay more attention to receive E-mail from Mentors.

校外导师学生执委会会在互选过程中举办师生互选宣讲会，为各位同学详细介绍校外导师项目并答疑解惑校外导师互选中的细节。  
EMSEC will hold an information activity during the mutual selection, in order to give students detailed information about External Mentor Project.

**互选后：**积极参加校外导师师生见面会和校外导师相关的活动

There will be variety activities after the External Mentor Mutual Selection.