

**XJTLU**

**CHASE THE DREAM**

2018-2019

**UNDERGRADUATE STUDENT GUIDE**

**UNDERGRADUATE  
STUDENT GUIDE**

**2018-2019**



Xi'an Jiaotong-Liverpool University

西交利物浦大學

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## MESSAGES FROM YOUR PRESIDENTS

Dear Students,

Welcome to Xi'an Jiaotong-Liverpool University. At XJTLU, we regard every student as a young adult and encourage all of our students to be brave enough to stand on their own two feet and actively confront the many challenges they face.

For example, you need to adopt an active approach to learning; develop a balance between your academic and extracurricular activities; get along with your roommates and classmates, as well as spend your time as productively as possible, avoiding such bad habits as spending too much time playing online games. Meanwhile, you are required to be responsible for yourself, for your family and for society. Such challenges may be painful, but they help you to grow up and contribute to society.

The core ideology of the University is 'a happy life and a successful career', and the aim of the University is to cultivate global citizens with international perspectives and global competencies. The fulfilment of this ideology and these goals depends on the development of various capabilities and the improvement of our philosophy and values. To achieve this, the University has developed its own distinctive five-star education model which reflects the latest trends in global higher education and absorbs the essences of Eastern and Western wisdom, culture, and education systems. In addition, the University reinforces its student development-oriented, interest-driven, and learning-centred education philosophy.

The two diplomas from China and UK are just a by-product of learning at the University. What you really harvest for your whole life is a range of capabilities through using the international learning environment and education resources provided by the University: the healthy development of your lifelong learning capability; the capability of integrating and applying knowledge; problem solving capabilities, and innovative, interactive and executive capabilities.

After many years of exam-oriented education, being sheltered by your parents, and being spoon-fed by your teachers, you will be used to a passive approach to learning. Such an approach requires you to listen to teachers, memorise knowledge points, and focus on exams, all of which are counter-productive to the training and development of capabilities you will need to become successful in the future.

To meet the increasingly complex and serious challenges that the modern world presents to young people, you must transfer from a passive learner to an active learner, and then a research-led learner. You must learn to challenge your teachers; question existing knowledge; interact with other students and teachers in class; take part actively in a wide range of innovative activities and practices; adapt to diversified learning and teaching modes; actively use the tutoring and mentoring systems, opportunities and resources provided by the University and get help from



our excellent One-Stop Student Service Centre where necessary.

In response to future needs for new talent, particularly in light of the artificial intelligence and robotics revolution, XJTLU has begun exploring a Syntegrative Education (SE) model that can guide interdisciplinary talent in the era of artificial intelligence.

There are three models of Syntegrative Education. The first is Industry Enterprise Tailored Education (SE-IETE), which aims to provide industrial knowledge to XJTLU students and cultivate integrated practical skills. The second is the Entrepreneurship College (SE-EC), which seeks to develop leaders capable of guiding future industry. The third model is the Innovation Entrepreneurship Community (SE-IEC), a model developed jointly with local governments and enterprises, which leverages sociological research and experiments to allow students to realise their full potential.

Right now, you may not really know how Syntegrative Education can help you. So let's take SE-IETE as an example. As an XJTLU student, no matter what major you choose to study, you may be able to take an IETE mini-semester during the three-month summer vacation after your freshman year to take courses designed jointly between XJTLU and one of the companies with which we have signed a cooperative agreement to develop skills in your industry of interest. Such an experience would not only help you gain an understanding of trends and development of that industry, as well as the knowledge and skillset needed for the industry, but would also help you gain a better understanding of your life path.

After this 'trial' in the first mini-semester, you may be able to formally enter the IETE program in the second year. At this stage, you may be able to take courses taught jointly by industry experts and XJTLU faculty, deepening your industrial expertise and gaining on the ground experience working in an authentic entrepreneurial setting. You may then complete your studies and practical on-the-ground-training in the third mini-semester during the summer of your third year. In doing so, you would be able to both gain integrated, general knowledge and skills, but would also be able to build a specialization.

When you prepare your Final Year Project in fourth year of university, you may be able to engage in deeper research on a practical issue in industry, with guidance potentially from both an XJTLU academic staff member as well as an industry expert. If you pursue a research project with a great deal of potential, it may be able to propel you on your career path well after you have graduated.

When the time comes to graduate, two opportunities will be

awaiting you. You may choose to continue on the path that your academic career has set out for you; or you may choose to launch on a career path within the company. After three years of working with you, the company will know you very well, and you in turn will also be very familiar with the company and the industry, and you may find yourself in a very influential starting position there.

But it doesn't end there. According to our agreement with the company, after being hired, you would be able to return to XJTLU to obtain an on-the-job master degree study and training. But unlike a typical master degree, you would also be working on behalf of the company and would thus be gaining a well-rounded education blending theory and practice; all of great benefit to your work and career development.

Through this study and work experience, you could be catapulted to a senior level following the completion of your master degree. So, while your peers from other colleges are submitting their résumés for entry level positions, you may be under consideration for a leadership role. In this sense, you are being trained to be the leaders and elites of your industries.

Clearly, Syntegrative Education is a bold complement to XJTLU's elite models for international education. We welcome our new students, and hope you have a life changing experience at XJTLU!

A final word: This University provides you with a friendly platform for becoming a responsible adult, to release your potential, to explore your passions, and to embrace the future. The university will help you to implement three dimensions and nine steps transmission, which would benefit your whole life, this is, from kids to young adults to global citizen, from passive learning to active learning to research-led learning, from study aimlessly to interest driven to life plan. At XJTLU, the more active you are, the more you will achieve.

We welcome our new students, and hope you have a life changing experience at XJTLU.

PROFESSOR YOUMIN XI  
EXECUTIVE PRESIDENT, XI'AN JIAOTONG-LIVERPOOL UNIVERSITY  
PRO-VICE-CHANCELLOR, UNIVERSITY OF LIVERPOOL

# WELCOME TO XJTU

## WELCOME TO XI'AN JIAOTONG-LIVERPOOL UNIVERSITY (XJTU) JOIN US!

XJTU is committed in becoming a research-led international university in China and a Chinese university recognized internationally for its unique features in learning and teaching, research, social service, and education management. This relies on the tireless efforts of each student. You are the new blood of XJTU and play an important role in the progress of educational reform at XJTU. What you experience will become part of the history of XJTU in the future. Today you will be proud of being a member of XJTU, and XJTU will be proud of you in the future.

Hereby, we would like to welcome you as a member of XJTU as you start a new journey in your life!

## OPPORTUNITIES AND CHALLENGES.

XJTU applies quite a strict academic system which has no tolerance for ignorance and incompetence. Therefore, you need to think and set a life goal, keep a positive attitude, be self-responsible learn self-management and be capable of independent thinking. Meanwhile, the unique mentor system, the culture that is advocated as well as the ecological environment created by XJTU. Build a great platform to provide continuous guidance, support and services to help you grow rapidly. We hope each of you can achieve the transition from children to young adults to the world's citizens, from passive learning to active learning to research-led learning, from blind learning to interest-oriented to life planning before you into the society. After studying in XJTU, you should be capable of problem-solving.

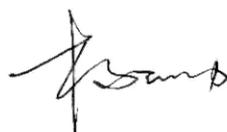
## STRATEGIES AND TIPS FOR FRESHMEN TO ACCOMPANY YOU AS YOU GROW.

The educational handbook is no longer a boring piece of instruction and guidance. It should be an animated and interesting partner which will accompany you throughout the whole semester. In the form of to-do lists and a combination of online and offline activities, the handbook opens a different dimension of freshmen orientation spanning time and space, and collects the best strategies and tips for you to survive and thrive at XJTU. When you accomplish all the "tasks for freshmen" as per the requirements, we trust you to have grown to be "young adults." And the handbook is a testament to the record of your growth!

## SALUTE TO YOUR COMMITMENT TO LIFE-LONG LEARNING.

Life is a journey with beautiful sceneries, unknown challenges and traps. We need to improve ourselves by continuously learning to achieve a wonderful life. XJTU will provide you with a good platform and rich resources to light up your heart and to illuminate your dreams to help you realize the goals of your life.

We sincerely hope that you achieve success at XJTU and become global citizens with international perspectives and competitive capabilities.



PROFESSOR YANG MINZHU  
VICE PRESIDENT OF XI'AN JIAOTONG-LIVERPOOL UNIVERSITY



# 2018

## PRE-DEPARTURE BRIEFING

# NEW STUDENTS REGISTRATION ARRANGEMENTS

## PART I: REGISTRATION OF PRE-ARRIVAL SYSTEM

<b>RECEIVING ADMISSION LETTER</b>	Please log in to the Pre-Arrival System to complete the pre-induction and registration process. (Please refer to "Guide for XJTLU Pre-Arrival System" on page 8)
<b>BY AUGUST 13TH</b>	Please log in to "XJTLU Fee Payment Platform" to make the payment. (Please refer to "Payment Guide 2018/2019" & "Pre-Arrival" - "Payment Status" - "read payment instruction")
<b>COMMENCING AUGUST 28TH</b>	Students who have successfully completed the payment will find their class information, student development advisor, campus map etc. on the "Pre-Arrival System" - "Registration Guide part".

## PART II: REGISTRATION, OPENING CEREMONY AND INDUCTION

<b>SEPTEMBER 1ST</b> 8:30-17:00	<b>NEW STUDENTS REGISTRATION</b> Venue: Dorm area in Wenxing Plaza. (Refer to "Pre-Arrival" - "Registration Guide" - "Campus Map" & "Accommodation Check-in")
	<b>BUSINESS &amp; INDUSTRIAL TECHNOLOGY &amp; SCIENCE</b>
	<b>9:00-11:00 OPENING CEREMONY</b> <b>13:00-15:00 FRESHMAN INFORMATION SESSION</b> <b>15:00-18:00 ACADEMIC PROGRAMME INFORMATION SESSION</b> (Refer to "Pre-Arrival" - "Registration Guide" - "Opening Ceremony" & "Freshman Information Session" & "Academic Programme Information Session")
<b>SEPTEMBER 2ND</b> 9:00-18:00	<b>MATHEMATICAL SCIENCES &amp; BUILT ENVIRONMENT &amp; HUMANITIES &amp; SOCIAL SCIENCES</b>
	<b>9:00-12:00 ACADEMIC PROGRAMME INFORMATION SESSION</b> <b>13:00-15:00 FRESHMAN INFORMATION SESSION</b> <b>16:00-18:00 OPENING CEREMONY</b> (Refer to "Pre-Arrival" - "Registration Guide" - "Opening Ceremony" & "Freshman Information Session" & "Academic Programme Information Session")
	<b>INDUCTION</b> (Refer to "Pre-Arrival" - "Registration Guide" - "Induction Schedule")
<b>COMMENCING SEPTEMBER 3RD</b>	

## NOTICES

- In the event that you are not able to register on time, please e-mail [onestop@xjtlu.edu.cn](mailto:onestop@xjtlu.edu.cn) in advance. Students who fail to register on time without informing XJTLU in advance will be considered to have given up the opportunity to study at XJTLU.
- Should you have any queries, please contact the One-Stop Student Service Center from Monday to Friday, 9:00a.m. - 17:00p.m.  
Tel.: 0512-88161854  
E-mail: [onestop@xjtlu.edu.cn](mailto:onestop@xjtlu.edu.cn)
- Please follow us on WeChat and Microblog for any latest information.



XJTLU One-Stop Student Service Centre



西浦学生事务办公室微博

# 2018-2019 ACADEMIC PROGRAMME INFORMATION SESSION

## BACKGROUND

In previous years, this session was mainly designed for new students' parents for them to know more about programmes due to the very limited space available on campus. However, we found the purpose was wrongly identified. This session is part of the whole student induction programme which also serves for programme choice purpose. Therefore, students should always be the main focus of our project. Therefore, this session will be targeting to provide more information to new students this year.

## AIM

All new students and their parents will be invited to Academic Programme Information Session so that they have a chance to know more knowledge relevant to the programmes they are interested in.

## TIME AND DATE

09:00am-18:00pm, September 2nd 2018. For the details of location arrangement, please see the PLAN in next page.

## FORMAT

- Programme presentation at Cluster level for 1 hour
- Q&A

## PLAN

### SESSION I: 09:00AM-12:00PM

CLUSTER	PRESENTATION TIME	PRESENTATION LOCATION	LIVE BROADCAST	Q&A TIME	LOCATION
Built Environment	09:00am-10:00am	G13W of Central Building	G23W of Central Building, 2S, F1E, F1W of Foundation Building	09:00am-12:00pm	Corridor of G floor of Central Building
Humanities & Social Sciences	10:00am-11:00am				
Mathematical Sciences	11:00am-12:00pm				

### SESSION II: 15:00PM-18:00PM

CLUSTER	PRESENTATION TIME	PRESENTATION LOCATION	LIVE BROADCAST	Q&A TIME	LOCATION
Business	15:00pm-16:00pm	G13W of Central Building	G23W of Central Building, 2S, F1E, F1W of Foundation Building	15:00pm-18:00pm	Corridor of G floor of Central Building
Industrial Technology	16:00pm-17:00pm				
Sciences	17:00pm-18:00pm				

## GUIDE FOR XJTLU PRE-ARRIVAL SYSTEM

The XJTLU Pre-Arrival System is the first stop for freshmen, where they have the chance to learn about the unique culture, ideas and service philosophy of XJTLU. You can also complete the registration procedure and view your check-list conveniently.

Please start your journey at XJTLU by carefully reading and following the instructions below.

### SPECIAL TIPS

- After completing all the tasks on the Pre-Arrival System, you will receive detailed registration information. Please make sure that you finish all the tasks before you arrive at the university.
- Some of the information involves your family members. Make sure that your family members are aware of that before you fill in the information. Considering the large amount of information required, the system will save your data automatically in case you don't have time to finish. You can continue the registration later.

### SYSTEM -LOG IN

- Pre-Arrival System: <http://pre.xjtlu.edu.cn/>
- Please refer to the "Email Account and Password for Freshmen and Parents" in your admission offer package to find your log-in username and password.

### SYSTEM CONFIRMATION

- After reading the instructions, please click "I confirm I have read", then click "Ok" to proceed to the next step.



## REGISTRATION PROCEDURE

- **THE REGISTRATION PROCEDURE OF THIS SYSTEM INCLUDES:** pre-induction, registration, payment status and registration information. Please complete all the procedures step by step.

### PRE-INDUCTION

- A** Click “Start Learning” to enter the pre-induction page.
- B** Click the name or the logo of the course to enter the learning page (when you finish a course, click “only show unfinished courses” at the top right corner of the screen to find the unlearned courses).
- C** After you enter the course learning page, please follow the page prompts to finish study, and click “next course” to the next chapter (you can also choose courses from the course navigation at the top right corner of the screen).
- D** After you finish reviewing all the courses, click “finish” and then click “Ok” on the pop-out window to finish pre-induction.

### PAYMENT STATUS

- A** After registration, you will enter the payment platform to complete payment.
- B** Click “read payment instruction” to see the payment procedure, time and notice.

### REGISTRATION

- A** Proceed to Registration after you finish pre-induction.
- B** Click “Filling in personal information” to enter the page of “Statement of student information sharing form”. Fill in the form and click “submit” (Students who have already filled in this form can move to the next step directly).
- C** After submission, the system will automatically lead you to the e-Bridge system. After completing the registration on e-Bridge, you will see the following notice on the screen “Check your status on the system in one hour”.
- D** The system will synchronize students’ registration information within one hour and update the status.

### REGISTRATION GUIDANCE

**THE CONTENTS OF YOUR REGISTRATION GUIDE WILL BE VARIED ACCORDING TO YOUR PAYMENT STATUS.**

- A** If you have successfully paid your tuition fee, you will have access to the information of your classes, development advisor, accommodation, University Opening Ceremony, schedule of induction week, traffic, railway station pick-up service and hotel. Please print it out if necessary.
- B** If you have not successfully paid your tuition fee, you will still have access to the information on the Payment Guide, University Opening Ceremony, traffic, pick-up service and hotel. Please print it out if necessary.

## PAYMENT GUIDE 2018/2019

ITEM	AMOUNT	REMARKS
TUITION FEES	RMB 88,000	Teaching and Learning Expenses
ACCOMMODATION FEES	RMB 2,200	Fees will be collected on behalf of Suzhou Dushu Lake Science and Education Development co. LTD
SERVICE CHARGE	RMB 2,000	<ul style="list-style-type: none"> <li>• Textbook Fees</li> <li>• Military Training Uniform Fees: (Collection on behalf of uniform suppliers): RMB 125</li> <li>• Insurance Expenses: RMB 143 (This may fluctuate with the government’s policy. If the actual cost is less than RMB 143, XJTLU will refund any overpayment.)</li> <li>• Other fees: including self-printing fees, ID card replacement fee, Library book overdue fines etc.</li> </ul> <p>Note: All service expenses will be deducted from the students’ service charge accounts, and these accounts will be settled by the end of each academic year. If expenses are less than RMB 2,000, all remaining money will be refunded.</p>

### NOTICES

- The total payment amount is RMB 92,200.
- Please log in to “XJTLU Fee Payment Platform” to finish the payment no later than August 13th.
- Please log in the Pre-arrival system to find the Operational manual of “XJTLU Online Payment Platform” and please contact with Finance office at 0512-88161025.

## ACCOMMODATION CHECK-IN

THE FLOWCHART BELOW ILLUSTRATES THE CHECK-IN PROCEDURES.



Zhi Hui Hu Wechat



## ONLINE REGISTRATION

Please log in to the website <http://2018.215123.cn> or add the Wechat Public Account *Zhi Hui Hu* at any time from August 28nd to 30th, 2018, to complete the online dorm procedures (pay the room deposit and sign the room rental agreement). Consultation: 0512-62921890 (Mon. to Fri. 9:00-12:00 & 13:30-17:00)

**TIPS:** University will release the Student ID Card during the first class meeting. It's your own decision whether apply for the Dushu Lake ID Card on the system.

## ONSITE REGISTRATION

Please take your Identification Card and the Admission Letter to collect your room cards and the deposit receipt from the reception desk during 8:30-17:00 on September 1st, 2018.

## TIPS AFTER CHECK-IN

Please contact the Dormitory Property Management Office (Tel.: 0512-88852922) if you find any missing or damaged facilities after you check in to your room.

## NOTICES

- Bed size: 200cm×100cm (outer diameter). **Students need to bring their own bedding or can purchase reasonably priced bedding from nearby supermarkets or shopping malls.**
- Please contact the Property Management Office within one week after check-in if you find any missing or broken facilities. After one week, it will be acknowledged that the facilities are in good condition.
- You are suggested to read through the content of the Accommodation Agreement on the system carefully before you sign the online room agreement.
- After check-in, please respect the dormitory facilities. For any missing or damaged facilities as a result of human negligence, residents will need to pay compensation according to the Accommodation Agreement which was signed when check in.
- After check-in, you are suggested to comply with the rules and regulations of the Student Accommodation Management Regulations of Suzhou Dushu Lake Science & Education Development District, enhance self-management, improve self-protection awareness and actively participate in the establishment of a harmonious life environment.

## MEET AND GREET

### DATE AND TIME

8:00-16:00, September 1st

### SUZHOU RAILWAY STATION AND SUZHOUBEI RAILWAY STATION

Meet and greet services are available at the Metro line 2 Songtaojie Station No.1 exit. Please take metro line 2 if you arrive at Suzhou Railway Station and Suzhoubei Railway Station.

### SUZHOUYUANQU RAILWAY STATION (SUZHOU YUAN QU STATION)

There is no meet and greet service at the Suzhouyuanqu Railway Station (Suzhou Yuan Qu Station) since the station is near the campus. You may take a taxi, and the fee is around 30 RMB.

## TRANSPORT AND ARRIVAL

### BY AIR

<b>SHANGHAI PUDONG AIRPORT</b>	If you arrive at Shanghai Pudong Airport, please take the airport shuttle bus and get off at “Suzhou Industrial Park Stop”, and then take a taxi to XJTU.
<b>SHANGHAI HONGQIAO AIRPORT</b>	If you arrive at Shanghai Hongqiao Airport, you can take the high-speed train from Hongqiao Railway Station to “Suzhou Railway Station” or “Suzhou SIP Railway Station (Suzhou Yuan Qu Station)”. Alternatively, you can take the airport shuttle bus and get off at “Suzhou Industrial Park Stop”, then take a taxi to XJTU.
<b>WUXI SUNAN INTERNATIONAL AIRPORT</b>	If you arrive at Wuxi Sunan International Airport, please take the airport shuttle bus to “Suzhou terminal division”, then take a taxi to XJTU.

### BY TRAIN

<b>METRO</b>	Meet and greet services are available at Metro line 2 Songtaojie Station No.1 exit if you arrive at Suzhou Railway Station and Suzhoubei Railway Station.
<b>TAXI</b>	You can take a taxi from all the railway stations to XJTU directly.
<b>BUSES</b>	<ul style="list-style-type: none"> <li>• you can take Express No.2 from Suzhou Railway Station to “Xi Jiao Da Stop”</li> <li>• Bus No.115 from Suzhou Industrial Park Railway Station to “Ren da guo ji xue yuan dong”.</li> <li>• There is no direct bus from the Suzhou North Railway Station to XJTU.</li> </ul>

### BY COACH

<b>SUZHOU SOUTH BUS STATION</b>	You can take Bus No.16 to “Xi Jiao Da Stop” or take a taxi to XJTU.
<b>SUZHOU NORTH BUS STATION</b>	You can take Express No. 2 to “Xi Jiao Da Stop” or take a taxi to XJTU.



## HOUSEHOLD TRANSFER

### WHO NEEDS TO TRANSFER THEIR HOUSEHOLD REGISTRATION?

If you are a Suzhou urban resident (including the county-level city), you do not need transfer your household registration. If you are from any other area, residence registration transfer is done on a voluntary basis.

### WHAT DOCUMENTS DO I NEED?

You need to prepare 3 documents: Offer Letter, Booklet of Household Registration, and your Identification Card. Please take these three documents to your local police station where your residence is registered to process the transfer application.

### WHAT ADDRESS WILL MY HOUSEHOLD BE TRANSFERRED TO?

Xi'an Jiaotong-Liverpool University, No. 111, Ren'ai Road, Suzhou Industrial Park.

### WHAT SHOULD I DO IF “SUZHOU INDUSTRIAL PARK” CANNOT BE FOUND IN THE LOCAL HOUSEHOLD REGISTRATION SYSTEM?

Please choose “Suzhou Municipal District” instead.

### WHEN AND WHERE SHALL I SUBMIT THE HOUSEHOLD TRANSFER LETTER?

After getting the household transfer letter from the local police station, please submit it to the university according to the timetable listed on the Pre-Arrival System and please write down the below information at the upper right corner when submitting : student ID number, name, height, your phone number and your farther or mother's phone number.

**XJTU**

**CHASE THE DREAM**

# FRESHMEN TASKS

## DESCRIPTION OF THE FRESHMEN'S TASKS

In order to allow students to adapt to the unique culture and philosophy at XJTLU, and to promote the development of students' self-leading, the university has designed many tasks for you through a whole semester which help you to grow better.

### PRE-UNIVERSITY TASKS (BEFORE WEEK 0)

<b>TASKS REQUIREMENT</b>	Accomplished before entering the university
<b>ASSESSMENT METHOD</b>	Answer the questions on Pre-arrival system and check.

### TASKS DURING THE INDUCTION WEEK (WEEK 0)

<b>TASKS REQUIREMENT</b>	Participate in the Induction week activities and be familiar with the university life
<b>ASSESSMENT METHOD</b>	Volunteer statistics and check-in data

### ACADEMIC WEEK TASKS: (WEEK1-WEEK4)

<b>TASKS REQUIREMENT</b>	Positive Interaction, Show yourself
<b>ASSESSMENT METHOD</b>	Click ICE open questionnaire link, describe your own story from XJTLU culture, reaction with other students, study life three aspects, use the words to tell the story of your changes.

## INDUCTION WEEK TASKS

### INDUCTION WEEK TASKS

First come first served, the amount is 300

**PRIZES** XJTLU limited edition of T-shirt

**PICK-UP TIME AND ADDRESS** According to the winning notification email

### WIN THE OPPORTUNITY TO HAVE AFTERNOON TEA WITH THE PRESIDENTS WHEN ALL TASKS DONE

**AFTERNOON TEA WITH THE PRESIDENTS** we will give preference to those students who complete all tasks with high quality

**ACTIVITY TIME** Pay attention to the email information, proposed at the end of the first semester.

# XJTLU

## TASKS FOR FRESHMEN

### A PRE-ARRIVAL TASKS

- 01 **READ REGISTRATION GUIDE:** Read the guidance module for registration on pre-arrival system and complete the corresponding questions. Prepare for your registration process in advance and avoid unnecessary waste of time.
- 02 **LEARNING ACADEMIC POLICY:** Read the Academic policy module on the pre-arrival system and complete the corresponding questions. The purpose of understanding policy is to adapt to XJTLU academic.
- 03 **LEARNING THE EDUCATION MODEL:** Read the education model part in the handbook and complete the corresponding questions. The process of understanding education model is also the opportunity to understand your own development direction.
- 04 **EMERGENCY CONTACT:** Inform your parents to complete the emergency contact and confirm the completion on the pre-arrival system.
- 05 **JOIN THE LOCAL BUDDY QQ GROUP:** read buddy programme inserts, join buddy QQ group and confirm the completion on the pre-arrival system. Chat with senior buddies in advance and greet with your fellow-villagers. Warmth can always make people more powerful.
- 06 **FOLLOW XJTLU OFFICIAL WECHAT ACCOUNTS:** In the appendix of the handbook, there are some University important Wechat accounts which can be followed on your demands and they can help you know the university quickly. At last, confirm the completion on the Pre-arrival system.
- 07 **PICK PRESENTS FOR YOUR ROOMMATES:** Show your kindness to your roommates at the first time you meet. Your gift doesn't have to be expensive, but represents the greetings and blessings. After that you need to ensure complete on pre-arrival system.

### B TASKS DURING THE INDUCTION WEEK

- 01 **ATTENDING OPENING CEREMONY:** According to the email information, attend your coming-of-age ceremony. Safety and order are required during the process.
- 02 **ATTENDING THE ACADEMIC PROGRAMME INFORMATION SESSION:** Attend it with your parents to discover your interests and pave the way for your major choice.
- 03 **ATTENDING FRESHMEN INFORMATION SESSION:** According to the notice, attend the Freshmen Information Session on time;  
**NOTE:** XJTLU has no class conception and no class meeting except for the freshman year.
- 04 **ATTENDING PHYSICAL EXAMINATION:** Participate in the physical examination according to the scheduled time, submit material and complete the collection of medical insurance card information.
- 05 **ATTENDING INDUCTION WEEK LECTURES:** Attend the corresponding lectures as required, have a face-to-face talk with the president to get a quick understanding of XJTLU Five-star education model and relevant departments.
- 06 **ATTENDING CAMPUS TOUR:** Walk around to view the representative buildings at XJTLU with the guide of your buddy, remember the location of important functional departments, and collect the stamps from your buddy at the assigned places.
- 07 **LEARN TO USE TOOLS:** Bind your email address, practice to use the printer and use ICE to sign in.



### C ACADEMIC WEEK TASKS

- 01 **ACADEMIC COHESION WEEK:** each department will develop profound career talks and experience gatherings during the week so that you can experience the study content of different specialties in person.
- 02 **PARTICIPATE IN CLUB ACTIVITIES:** more choices, more opportunities, display elegant demeanor, cultivate hobbies and make friends.
- 03 **INTERACTION WITH THE INTERNATIONAL STUDENTS:** make an international friend, give you an opportunity to know more people, and help the international students to integrate into the Chinese environment.
- 04 **INTERACTION WITH THE PROFESSOR:** Discuss the academic issues with your tutor, discuss your major with your academic advisor, and talk about your life with your student development advisor.
- 05 **INTERACTION WITH YOUR FAMILY:** Since you are far away from home now, your family is missing you at home, send your family a postcard on the Mid-Autumn festival.
- 06 **EXPRESS TRENCHANT COMMENT ON:** Express your "trenchant" comments on Utalk. Discuss with other XJTLUers.
- 07 **COMPLETE ONLINE ASSESSMENT TASKS:** complete vocational assessment, general psychological health assessment and freshmen enrollment questionnaire within the specified time.

# THE IMPORTANT DATES



## BEFORE AUG.9

COMPLETE THE FEE PAYMENT

## TWO WEEKS PRIOR TO ENTRANCE

INFORMATION REGISTRATION AS A STUDENT

## AUG.22

POST THE REGISTRATION NOTES (ONLINE)

## SEP.1

FORMAL REGISTRATION

SCAN THE CODE BELOW AND DOWNLOAD THE CALENDAR



## SEP.2

OPENING CEREMONY/  
ACADEMIC PROGRAMME  
INFORMATION SESSION /  
FRESHMEN INFORMATION  
SESSION

## SEP.3&SEP.7

ENGLISH ADMISSION TEST

## SEP.4&SEP.5

THE 2018 INDUCTION LECTURE

## SEP.4&SEP.6

THE 2018 FRESHMEN MEDICAL  
TEST

## SEP.6

FRESHERS' FAIR (OVER  
100 STUDENT CLUBS AND  
SOCIETIES SET OUT STALLS TO  
RECRUIT NEW MEMBERS)

## SEP.10&SEP.14

ACADEMIC WEEK

## SEP.15&SEP.16

TEXTBOOK COLLECTION

## SEP.29-OCT.7

CHINA'S NATIONAL HOLIDAY

## OCT.29-NOV.2

MIDTERM EXAMINATIONS

## DEC.24-JAN.4

READING WEEK/MILITARY  
TRAINING/CHRISTMAS

## JAN.7-JAN.16

FINAL EXAMINATIONS

## EDUCATION MODE

### PRESIDENT XI SAYS XJTLU HELPS STUDENTS ACHIEVE THREE TRANSFORMATIONS!

- Kids —Young Adults—Global Citizen
- Passive Learner—Active Learner—Research-Led Learner
- Aimless—Interest-Oriented—Life Planning



## THREE TRANSFORMATIONS

### KIDS —YOUNG ADULTS—GLOBAL CITIZEN

IN HIGH SCHOOL, THE STUDENT IS REGARDED AS A "KID". BUT AT XJTLU, THEY ARE CONSIDERED AS A "YOUNG ADULT", THAT STRIVES TO BECOME A "GLOBAL CITIZEN" UNDER THE CULTIVATION OF THE UNIVERSITY. NOW, LET'S TAKE A LOOK AT THE MAJOR DIFFERENCES BETWEEN XJTLU AND YOUR HIGH SCHOOL.

ITEMS	HIGH SCHOOL (A GENERAL CASE)	XI'AN JIAOTONG-LIVERPOOL UNIVERSITY
ROLE	Identity	Child
	Responsibility	Teachers take responsibility for students
	Goal	Pass the college entrance examination ("Gaokao")
STUDY	Content	Three-year Gaokao Five-Year Mock Exams series
	Model	Teacher led
	Time	Arranged for me
	Education	Teacher-dominated approach
CLASS	Assignment	Repeatedly do exercises
	Size of a class	Fixed number of students
	Social activities	Few
	Social practice	156 societies and associations in 6 categories

### PASSIVE LEARNER—ACTIVE LEARNER—RESEARCH-LED LEARNER

IN HIGH SCHOOL, THE STUDENTS ARE ALWAYS TAUGHT A LESSON PASSIVELY. XJTLU PREFERS ACTIVE LEARNING. UNDER THE INFLUENCE OF TUTORS, STUDENTS CAN TRANSFER TO THE RESEARCH-LED LEARNING. KEY FEATURES OF BRITISH HIGHER EDUCATION ARE LISTED IN THE TABLE BELOW FOR YOUR REFERENCE.

ITEMS	CHINESE TEACHING (A GENERAL CASE)	BRITISH TEACHING
CURRICULAR	Teaching approach	Mainly lecturing
	The leading role	Teacher
	Student participation	Generally low, mainly listen to the teachers
	Teacher-student relationship	The absolute authority of teachers
EXTRA-CURRICULAR	Pre-class learning	A lack of systematic guidance and support
	Extended learning	Theoretically important
	Practice	Fewer opportunities
ASSESSMENT	Approach of assessment	Mainly examinations
	Content of examinations	Memorization of knowledge points
	Cut-off score	60
	Privacy on the examination results	Low

## AIMLESS—INTEREST-ORIENTED—LIFE PLANNING

TO HELP EVERY STUDENT ACHIEVE SUCH TRANSFORMATIONS, THE TABLE BELOW CLEARLY SHOWS THE KEY TASKS AND RELEVANT SUPPORTIVE RESOURCES IN EACH AND EVERY STAGE OF YOUR FOUR-YEAR UNIVERSITY LIFE. THIS IS A "GROWTH MAP" GUIDING YOU TO FIND OUT YOUR OWN ORIENTATION AND OBJECTIVES.

### EDUCATIONAL PHILOSOPHY

<b>YEAR ONE</b>	<ul style="list-style-type: none"> <li>● Get familiar with the university and its five star educational model</li> <li>● Transformation toward active learning</li> <li>● Improve basic knowledge and skills (e.g, knowledge, IT skills, etc.)</li> <li>● Master academic English</li> <li>● Enhance self-management capability</li> </ul>
<b>YEAR TWO</b>	<ul style="list-style-type: none"> <li>● In-depth learning of degree programme courses</li> <li>● Improve professional English proficiency</li> <li>● Participate in extracurricular activities</li> <li>● Enhance teamwork, initiative, innovation, and global perspective</li> </ul>
<b>YEAR THREE</b>	<ul style="list-style-type: none"> <li>● programme</li> <li>● Strengthen integration of knowledge system</li> <li>● Enhance the power of execution</li> <li>● Further cultivate global perspective</li> </ul>
<b>YEAR FOUR</b>	<ul style="list-style-type: none"> <li>● Further improve and integrate the knowledge system</li> <li>● Make preparations for career development</li> <li>● Make improvements in five aspects, including the capabilities of integrating the knowledge system and joining in international competitions, as well as innovative and life-long learning capabilities</li> </ul>

### ACTIVITIES AND SUPPORT

<b>Y1</b>	<ul style="list-style-type: none"> <li>● Induction for students and staff</li> <li>● A variety of students councils and volunteers associations, etc.</li> <li>● Academic competitions</li> <li>● Military training</li> <li>● Residential education</li> </ul>
<b>Y2</b>	<ul style="list-style-type: none"> <li>● Entrepreneurship projects</li> <li>● Leadership training</li> <li>● Professional development consulting</li> <li>● 2+2 policy consultation</li> </ul>
<b>Y3</b>	<ul style="list-style-type: none"> <li>● External mentor programme</li> <li>● Internship opportunities</li> <li>● Entrepreneurship projects</li> <li>● Leadership training</li> </ul>
<b>Y4</b>	<ul style="list-style-type: none"> <li>● External mentor programme</li> <li>● Career development guidance</li> <li>● Internship opportunities</li> <li>● Postgraduate application</li> </ul>

Whenever I encounter difficulties in my study, I turn to the professors for help. During our talk, they keep conveying to me the message: the University is a good place where you practice your self-control and independent learning capability. To make accomplishments in your field, you'll have to be able to endure loneliness and make every small step correctly, starting from understanding every formula to independently complete your own "final year project." This is a process where absorption, understanding and creation are needed, and most importantly, patience.

Remarks by Ziyu Wang

## XJTLU FIVE-STAR EDUCATION MODEL

For XJTLU students, the transformation to "young adults" is just the first step. The mission of Xi'an Jiaotong-Liverpool University is to cultivate students to be "global citizens". One of the core parts of becoming global citizens is to equip themselves with international competitiveness. After constant explorations, XJTLU has put forward three systems, i.e. Philosophy & Value System, Capability System and Knowledge System, which represents students' development and growth in three dimensions. To achieve this goal, we combine the best of eastern and western educational models, resulting in Comprehensive Education Strategy and Support System of Implementation. Because of the pentagram presentation, the educational model is outlined as "five-star educational model". (See details below)



## FOUR-TUTOR SYSTEM

### ACADEMIC ADVISOR

YOUR ACADEMIC ADVISOR MAY BE THOSE TEACHING ENGLISH OR SPECIALTY COURSES. THEY WILL SUPPORT YOU BUT YOU SHOULD CONTACT WITH THEM WITH INITIATIVE.

#### PURPOSE OF THE ACADEMIC ADVISOR

XJTLU has prepared the academic advisor and the class tutors for the students. The students in campus may carry out discussions with, seek suggestions and assistance from their academic advisor in respect of all problems associated with study and research.

When you apply for a master's degree, the academic advisor may write a letter of recommendation for you. If your academic advisor has no understanding of you, they cannot write such letters of recommendation; therefore, you have to contact them as much as possible at ordinary times. Of course, we expect you can learn knowledge from your academic advisor, which is more important than the letter of recommendation.

### STUDENT DEVELOPMENT ADVISOR

AS ONE OF THE IMPORTANT SUPPORT SYSTEMS IN XJTLU FIVE-STAR EDUCATION MODEL, THE GROWTH CONSULTANTS WILL PROVIDE NON-ACADEMIC SUPPORT AND ASSISTANCES WITHOUT EXCESSIVE INTERFERENCE IN THE STUDENTS' PERSONAL LIFE. WE CONCERN OURSELVES WITH THE STUDENTS ON THE BASIS OF RESPECT AND TRUST. WHEN THEY ENCOUNTER ANY DIFFICULTY, PROPER SUGGESTION AND GUIDANCE WILL BE PROVIDED.

#### MANAGEMENT AT LARGE TO BE YOUR BACKUP FORCE

There was once a student addicted to the internet which delayed his learning. He once intended to suspend his study for one year to work at a restaurant. The Development Advisor was aware that it was a way of escaping from reality. The development Advisor didn't rebuke him in an arbitrary manner but gave him three days and suggested for him to survey the restaurants in the neighborhood. He indicated that he didn't carry out the survey three days later. Thus the Development Advisor guided him to think whether he could achieve his expectations in fact by suspending his studies for a year when he even could not carry out a survey for three days. Consequently, he only failed in one course during that term and the Development Advisor saw him wearing a suit lately, looking very professional as a whole. Such guidance and support is the daily work of the development advisors. The Development advisors are so appreciative of attending the growth of students.



Academic Advisor



BUDDY Programme



Student Development Advisor



External Mentors

### BUDDY

THE BUDDY PROGRAMME INTENDS TO PROVIDE PROPER GUIDANCE TO THE FRESHMEN AND ASSIST EACH STUDENT IN ADAPTING THEMSELVES TO THE UNIVERSITY LIFE AS SOON AS POSSIBLE BY MEANS OF THE FELLOW'S ASSISTANCE AND EXCHANGES WITH EXCELLENT FELLOW STUDENTS.

#### BUDDY FAMILY

I once thought of the buddy as a group of senior students. Later I found them not only to be close friends but also family. We may feel helpless at enrollment; but the buddy may lead us to tour around the campus and tell the function and story of each building in campus. Later they even recommended the minor details such as the more favorable printing shops, which enable us to feel their sincere concerns.

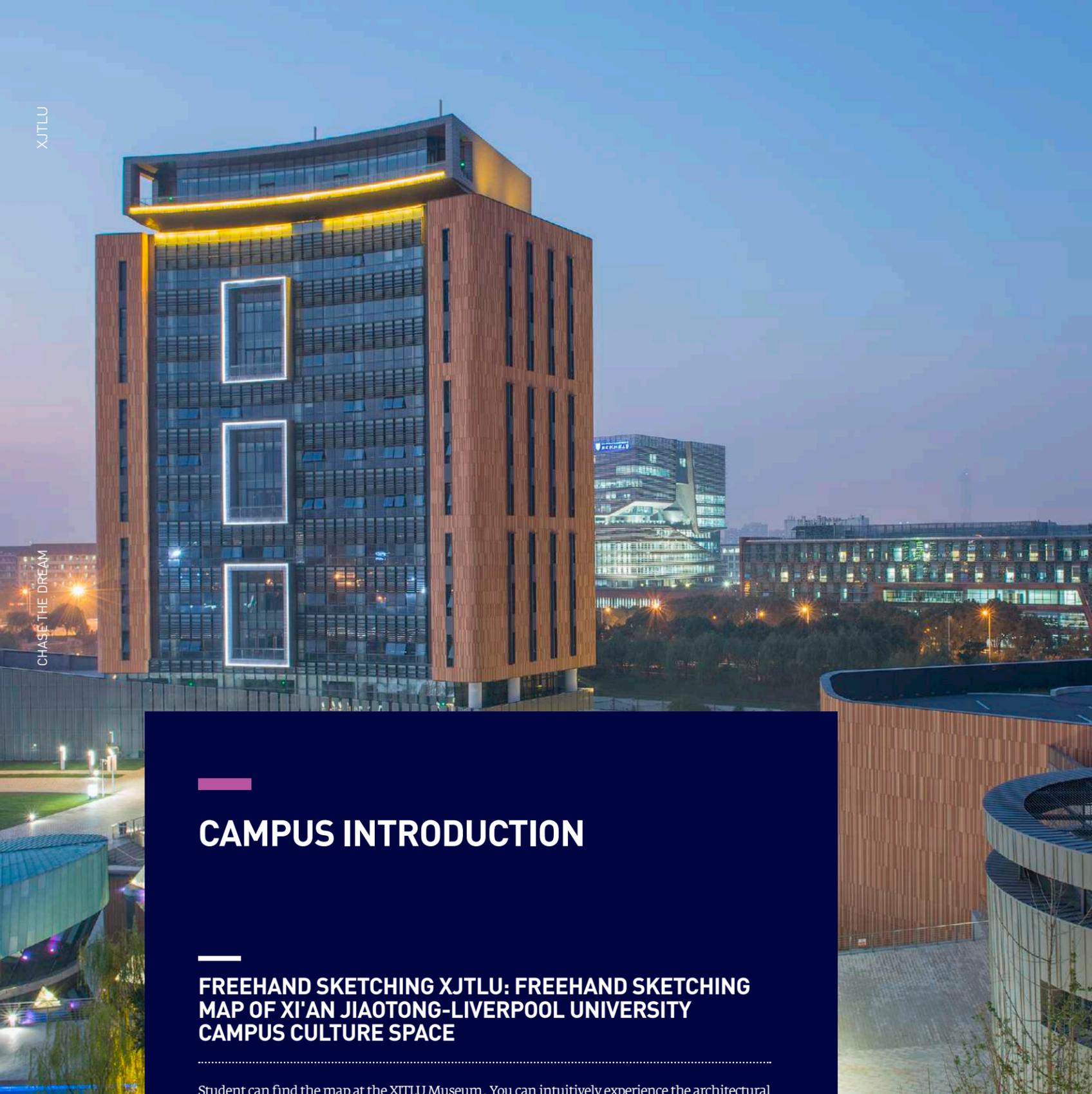
We've gradually known that these buddies once also led a difficult life with pessimistic living attitude and even failed in the English course. As a result, they didn't expect us to repeat their tortuous path of difficulty and loneliness, which enabled us to feel rather warm. Whenever we are in need of assistance, they would not answer us directly but told us the channel to seek resources, such as the academic advisor, the growth consultant, the psychological health center or the English teacher, etc. As far as we're concerned, they are not the steward to take charge of everything but intend to cultivate our awareness of independence.

### EXTERNAL MENTOR

THE EXTERNAL MENTOR PROJECT IS ONE OF THE IMPORTANT PARTS OF XJTLU FIVE-STAR EDUCATION MODEL. IT AIMS TO ESTABLISH AN INTERACTIVE PLATFORM FOR ENTERPRISES, STUDENTS AND UNIVERSITY. XJTLU INVITES SENIOR EXPERTS FROM VARIOUS FIELDS TO SERVE AS THE UNIVERSITY'S SUPERVISORS FOR STUDENTS' FUTURE CAREER AND LIFE DEVELOPMENT. THEY OFFER A VARIETY OF SKILLS AND OTHER EFFECTIVE GUIDANCE TO STUDENTS TO FACILITATE THE KNOWLEDGE TRANSITION FROM SCHOOL KNOWLEDGE TO SOCIAL COMMON SENSE, AS WELL AS TO SHORTEN THE ADAPTATION PERIOD FOR STUDENTS FROM UNIVERSITY INTO THE SOCIETY THROUGH THE DEVELOPMENT OF A POSITIVE ATTITUDE AND INCREASED CAPABILITY. THE EXTERNAL MENTOR PROJECT OFFERS COMPREHENSIVE GUIDANCE AND SUPPORT FOR STUDENTS WITH EIGHT MISSIONS INCLUDING: CAREER AWARENESS, LIFE PLANNING COUNSELING, VOCATIONAL COURSES, INNOVATIVE BUSINESS COUNSELING, LIFE EXPERIENCE SHARING, PRACTICAL CASE SHARING, INTERNSHIP OPPORTUNITIES, AND JOB EMPLOYMENT OPPORTUNITY. STUDENTS CAN HAVE EXTERNAL MENTORS WHEN THEY ARE IN YEAR 3 AND ABOVE.

#### VOCATIONAL DEVELOPMENT ASSISTED BY EXTERNAL MENTORS

Xi'an Jiaotong-Liverpool University opened the External Mentors Programme in 2008. After a decade of development, it has been an important part of the XJTLU Educational System. At the outset, there were no more than 20 external mentors. Yet, they guided and enriched XJTLU students' life with their positive life attitudes and rich career experience. After a decade of development, XJTLU now has a team of 480 external mentors from all walks of life. Among the external mentors, there are talents from the World 500, bold makers, scholars and experts from different industries. Through their kind guidance and sharing, the students were supported in the era of life experience, career planning, professional.



## CAMPUS INTRODUCTION

### FREEHAND SKETCHING XJTLU: FREEHAND SKETCHING MAP OF XI'AN JIAOTONG-LIVERPOOL UNIVERSITY CAMPUS CULTURE SPACE

Student can find the map at the XJTLU Museum. You can intuitively experience the architectural composition and planning on north and south campus, you also can understand the landmark area with our unique campus features and the stories behind it. On the day of the opening ceremony, there will be schoolmates guiding you to visit the campus. So by getting familiar with the names and English abbreviations of these teaching buildings and when you really arrive at the university, you will not feel confused!

AS A FRESHMAN AT XJTLU, YOU MAY NOT BE FAMILIAR WITH THE CAMPUS ENVIRONMENT. THE FOLLOWING THREE BUILDINGS WILL BE MUCH MORE RELATED TO YOUR CAMPUS LIFE:

#### FOUNDATION BUILDING

Language Centre is located in this building. Almost all the freshman foundation courses you will take are here, such as EAP courses, etc. In addition, many clubs' activities will take place the lobby on the first floor.

#### CENTRAL BUILDING

This is the administration building, and most functional departments are here, such as Library, Museum, Registry, IT Service Centre, One-Stop Student Centre, Accommodation Service Centre

#### PUBLIC BUILDING

This is the place that Student Development Advice Centre is located. If you have any confusion at the beginning of the semester, you can find your development advisor for consultation.

## CAMPUS CAFETERIA

AS ONE OF THE TOP UNIVERSITIES IN SUZHOU, XJTLU PROVIDES A VARIETY OF THE CAMPUS CAFETERIAS IN ORDER TO ENSURE THE STUDENTS' DAILY LIFE.

#### LIFE & HOPEREFACTORY— SOUTH CAMPUS

The most popular canteen in campus with the most abundant categories of dishes

#### PARFAIT SCHOLAR CAFETERIA — SCIENCE BUILDING

Located in Science Building, convenient and fast, the food is fresh and not greasy

#### YUSHANFANG FAST FOOD — PUBLIC BUILDING

With high quality and inexpensive, the best choice to save money

## SPORTS FACILITIES

Currently, 21 sports are offered through PE classes at XJTLU, including badminton, basketball, belly dancing, billiards, boxing, bridge, Chinese martial arts, football, free combat, body building, golf, popping, roller-skating, sport dancing, table tennis, taekwondo, tai chi, tai chi sword, tennis, Ultimate Frisbee and yoga.

In North Campus, there are outside sport facilities that include basketball and tennis courts as well as indoor facilities, such as a golf training venue, gym, dance room, and table tennis room. In South Campus, a gym is under construction which will be used for teaching and training of football, Ultimate Frisbee, rugby and baseball and softball. In addition, football, tennis and badminton courts are provided in the students' living area.

## REGISTRY

### REGISTRY SERVICES AND SUPPORT

The registry is responsible for a range of functions in support of the university's core activities of teaching and learning, from managing the data the university holds about students to the academic services for students to support their growth at the university.

### ACADEMIC RECORDS, TRANSCRIPTS AND CERTIFICATES

Registry uses e-bridge (<https://ebridge.xjtlu.edu.cn>), XJTLU's web-based student information system, to record your personal information and academic records during your study at XJTLU. You can access e-bridge to check your full academic records, including module taking list, module marks, progression results, work placement records, and others. Unofficial transcripts are also available to download.

If you would like to obtain stamped official transcripts and certificates, you need to login to e-bridge and complete the online request form on student academic services page. A confirmation email will be sent to you once your request is submitted successfully. It usually takes five working days to process your request, and you will be notified via email once your documents are ready.

### TRANSFER, SUSPENSION AND WITHDRAWAL

You are expected to complete your undergraduate studies at our university. However, if there are situations where you suffer from health problems or other special difficulties, you may apply to transfer to another university. Details about the procedure of transfer to another university could be sought from Jiangsu department of education website [http://jyt.jiangsu.gov.cn/art/2017/12/29/art\\_38047\\_7215286.html?xipuxy=bolod3](http://jyt.jiangsu.gov.cn/art/2017/12/29/art_38047_7215286.html?xipuxy=bolod3) or consult student academic services team in registry.

Ideally you can complete your undergraduate studies in four consecutive years. However there may be situations where you experience persistent problems with health or personal circumstances which may prevent you from continuing your studies temporarily. Under these circumstances, you may need to apply for suspension of your studies. Before you apply, you should consult your academic adviser, your department, your development adviser, the registry and your family, and complete the application for suspension of studies form. Student application for suspension of studies shall normally be made before the start of each academic year.

**NOTE THAT NORMALLY A THIRD APPLICATION FOR SUSPENSION IS NOT GRANTED.**

We hope you will graduate successfully from the university, but we know that sometimes students have to leave before they complete their studies. Please consult your department, your academic adviser, your department, your development adviser, and your family if you are thinking of withdrawing. If you decide to do so, you should complete the withdrawal form and submit to the student academic services team of registry.

### MODULE ENROLMENT AND TIMETABLE

The e-bridge system maintains the information of your module enrolment, including compulsory modules required by your programme and the optional modules of your choice. Your personal timetable will be developed based on your finalised module list and published to you on e-bridge before the start of each semester. You will also be enrolled onto your modules on xjtlu's virtual learning environment ice (<http://ice.xjtlu.edu.cn>), the online platform designed to support and enhance learning and teaching. You can access ice anytime, anywhere in order to stay up-to-date with your modules, communicate with teachers, view important learning resources, submit coursework assignments, and so on.

### CONTACT REGISTRY

If you have any questions about the services and support provided by registry, you could contact the student academic services team in registry, where you may also seek advice and guidance if you have questions about the university policies and procedures or academic regulations in general.

The student academic services team aims to deliver a comprehensive and quality academic service.

Email: [academicservices@xjtlu.edu.cn](mailto:academicservices@xjtlu.edu.cn)

Office: 8th floor, central building.

Telephone: 0512-88161230

## LIBRARY

XJTLU Library plays the role of Research Support and Learning Centre in XJTLU by following the latest development trends of top university libraries around the world. The Library develops its collection by focusing on subject development and research requirements. Once shortlisted for the “Oscar Award” for architecture, the whole building is impressive for its design inspired by the “Taihu Stone”. The spatial partition stands for the dependence and integration of knowledge fragments. And the inner see-through spatial design seamlessly connects the practical functions.

### IMPORTANT INFORMATION THAT YOU NEED TO KNOW:

Your University ID Card is also your Library Card; it can be used to enter and exit the library, borrow books, book group study rooms, print, copy and scan documents, as well as for the electronic lockers.

The Library not only provides a huge range of printed resources; including a wide variety of books, magazines and newspapers, but also provides digital resources such as academic journals and e-books, which can all be accessed at <http://lib.xjtlu.edu.cn/>.

Learning Commons, Group Study Rooms, Information Commons, as well as “Mobile Phone Zones” are also accessible in the library. The entire Library has Wi-Fi coverage, and is divided into different zones: “Absolute Quiet Zone”, “Quiet Zone” and “Light Discussion Zone”, to cater to all students’ preferences.

The library not only organizes various activities for students, but also offers a variety of information skills training sessions. You can follow the Library’s WeChat account to keep up with the Library’s activities.

### Tips

- The library is a public area, please watch your belongings and do not leave any belongings unattended. The library is not responsible for any loss or damage of personal belongings left unattended in the library.
- Any personal items left in the Library premises after closing hours will be taken to the 3rd floor Library Service Counter each day without notification.



Library Homepage



Library Wechat



Freshmen Quick Start Guide

WELCOME  
TO  
XJTLU  
LIBRARY

## STUDENT GUIDE TO IT SERVICES

ITS (MANAGEMENT INFORMATION TECHNOLOGY AND SYSTEMS OFFICE) IS RESPONSIBLE FOR PROVIDING IT SERVICE ON CAMPUS.

<b>ACCOUNT</b>	<p><b>ONE ACCOUNT FOR EVERYONE</b></p> <p>The account contains one unique User ID and an initial password</p> <p>You can use this account to log on any campus IT system such as computers, E-mail, File server, Portal, Library and so on. (To find the links to those systems: <a href="http://guide.xjtlu.edu.cn/">http://guide.xjtlu.edu.cn/</a>)</p>
<b>LOGGING INTO A COMPUTER ON CAMPUS</b>	<ul style="list-style-type: none"> <li>• Press “Ctrl+Alt+Del”, the login window will appear.</li> <li>• Input username and password, and press “Enter” to complete the login process.</li> </ul>
<b>EMAIL</b>	<p>The mailbox capacity for student is 500MB. You may view and manage emails via Outlook client or web access (<a href="https://mail.xjtlu.edu.cn/">https://mail.xjtlu.edu.cn/</a>).</p>
<b>STUDENT ID CARD</b>	<p><b>THE CARD CAN ALSO BE USED TO:</b></p> <ul style="list-style-type: none"> <li>• Pay for buses/subways</li> <li>• Pay for meals on the campus</li> <li>• Be a Library card</li> <li>• City Transportation and e-Wallet</li> </ul>
<b>WI-FI (WIRELESS NETWORK)</b>	<p><b>CONNECT TO UNIVERSITY’S FREE WI-FI NETWORK</b></p> <p>Search and connect campus wireless SSID (XJTLU) in terminal. Open any web page by browser, the authentication page will be automatically popup. Please login by username and password.</p>
<b>COMPUTER LABS</b>	<ul style="list-style-type: none"> <li>• All campus PCs operate Microsoft Windows OS. You can log in as a normal domain user with your unique username and password</li> <li>• All PCs are connected to the network and you can browse the internet freely</li> <li>• All computer labs open from 8:30am to 10:00 pm every day during the academic semester. During the university holiday, most of the labs will be closed. All students have free access to the labs except if a class, maintenance work, or event is scheduled.</li> </ul>
<b>SYSTEM</b>	<ul style="list-style-type: none"> <li>• ICE@XJTLU</li> </ul> <p>Is an online platform closely related to your studies where you can log in to keep an eye on the course updates, and search/download important resources and submit assignment. Please note that a few students who didn’t access ICE missed the deadline of assignment submission, which seriously affected their studies. Besides, ICE@XJTLU is also made available on mobile App Store so that you can access it anytime, anywhere where you can stay up-to-date with your modules.</p> <ul style="list-style-type: none"> <li>• E-bridge</li> </ul> <p>This is a student information system where you can look up the timetable, academic transcript and course outline (including the time period, form and way of assessment) and so on. Moreover, you can learn about relevant rules and systems on, for example, scholarship application and appeals process.</p>
<b>IT SERVICE CENTER</b>	<p>It is located at 956A Central Building and open from 9:00am-5:00pm every weekday.</p> <p>TEL : 0512-88161250</p> <p>Email: <a href="mailto:IT@xjtlu.edu.cn">IT@xjtlu.edu.cn</a></p> <p>Service Time: Monday-Friday:9:00-17:00</p> <p><b>SOFTWARE INSTALLATION</b></p> <p>TEL: 0512-88167700</p> <p>Location : Library 4F (Central Building)</p> <p>Service Time: Monday-Friday : 9:00-21:00, Weekend : 9:00-17:00</p> <p>(Except summer vacation, winter vacation and University Closed Days)</p>

## YOU STOP, WE HELP

### --- HOW CAN I FIND HELP FROM ONE-STOP?

One-stop student service center, the first source for answers on your subsidy scholarship, household, student archive and other non-academic affairs. Make One Stop your first stop! Let's get to know one-stop from the following questions.

## STUDENT ONE-STOP

### WHAT'S THE ONE-STOP?

Since its establishment in 2009, One-Stop Student Service Center has been committed to providing excellent services and supports to all students and aims to create an efficient communication channel among students, parents and the university and among various departments within the university.

It covers services like consultation, on-campus affairs and other related issues. Students can find the solutions to most non-academic problems here.

### WOULD YOU PLEASE DETAIL THE SERVICES AT ONE-STOP?

GENERALLY SPEAKING, OUR SERVICE IS DIVIDED INTO TWO PARTS: CONSULTATIONS AND APPLICATIONS.

Consultation service accepts any non-academic enquiries related to university. If you are confused or in difficulties, contact us and we can give you initial assistance and refer you to appropriate specialist teams if necessary.

APPLICATION SERVICES ARE LISTED IN DETAIL AS BELOW.

- Rooms and facilities booking for student organizations
- Medical insurance
- Scholarship application
- Student ID card replacement application
- Student booklet replacement application
- Household transfer application
- Student archive application

Additionally, One-stop receives suggestions and complaints. Any suggestion or complaint will be welcomed and responded timely by us.

### HOW CAN I GET ONE-STOP SERVICE?

YOU MAY ACHIEVE ONE-STOP SERVICE BY FOLLOWING WAYS.

On-site: Central Building-115E

Phone : 0512-88161854

E-mail : [onestop@xjtlu.edu.cn](mailto:onestop@xjtlu.edu.cn)

Website : <http://portal.xjtlu.edu.cn/sites/ssp/OneStop.aspx>

Wechat is another platform for you to get first-hand information. Please add One-stop Wechat via our QR code.



## SCHOLARSHIP

### UNIVERSITY ACADEMIC EXCELLENCE AWARD

The students with their annual GPA ranked in top 5% may apply for the abundant Academic Excellence Awards.

### UNIVERSITY ACADEMIC ACHIEVEMENT AWARD

If your result is ranked in top 5% but your annual GPA has reached top 5.1% to 10%, you may apply for the Academic Achievement Award.

### NATIONAL SCHOLARSHIP

If you've achieved the Academic Excellence Award, you may apply for the National Scholarship. If you want to obtain the National Scholarship, you have not only to feature excellent study results but achieve overall development, morally, intellectually, physically and aesthetically. You've not only to study excellently and diligently at school with the general result ranked above top 10% of the grade; but also, you still have to behave extraordinarily excellent in terms of morality, academic research, discipline competition, innovation and creation, social practice, social work, sports competition or literary competition, etc.

### NATIONAL ENCOURAGEMENT SCHOLARSHIP

Which is established jointly by the central government and the local government to award the students in poverty but highlighting excellent in character and learning. The winner of National Encouragement Scholarship must be integrated and faithful, feature superior morality and excellent study results at school as well as excellence in social practice, innovative capacity and comprehensive qualities, etc.

### NATIONAL SUBSIDY

This subsidy helps the students who come from poverty. The winner of the National Subsidy must study diligently, be positive and aspirant, feature excellent study results and actively participate in diversified activities at various levels.

## Case

Student A felt a little insecure about his English competence and appearance upon enrollment but he persisted in practice and studying diligently within two years afterwards. His study achievement has been ranked in the top three of the grade; besides, he's also actively organized and managed the association activities in his spare time. Finally, with his excellent abilities, he's become the association director with great influence in campus. Meanwhile, he's also actively participated in the support teaching and the volunteer activities to give back society. It's his unremitting efforts and persistence that has enabled him to achieve continuous growth and improvements. The National Scholarship and the National Encouragement Scholarship signified XJTLU's recognition and encouragement of him.

## INSURANCES

### TWO TYPES OF HEALTH INSURANCES

SIP basic medical insurance is organized by the Provident Fund Center of Suzhou Industrial Park and contributed by the student in person (143RMB per year). The duration is from Jan 1st to Dec 31st every year.

Commercial insurance as a supplementary medical insurance is contributed by the university and purchased from the insurance company through a bidding process. Duration is from every Sep. 1st to next Aug. 31st.

### FUNCTION OF CITIZEN CARD (INSURANCE CARD)

- Medical insurance card
- Debit card of Bank of Suzhou(This bank card needs to be activated at any branch of Bank of Suzhou with your national ID card)
- Public transport card(subway, bus and public bikes)

**NORMALLY, IF STUDENTS GO TO HOSPITALS WITH THE INSURANCE CARD, THE PART WHICH CAN BE REIMBURSED WILL BE DEDUCTED AUTOMATICALLY.**

**FOR THE FOLLOWING CASES, STUDENTS NEED TO COME TO ONE-STOP FOR REIMBURSEMENT:**

- Hospitalization. After using the insurance card, it can also be reimbursed by commercial medical insurance.
- Accidental injuries. After using the insurance card, it can also be reimbursed by commercial medical insurance.

### INSURANCE CLAIM

If students go to hospitals of household registration cities, they also need to bring related materials to one-stop for reimbursement.

For specific insurance questions, please contact Student One-stop Service Center.

[insurance@xjtlu.edu.cn](mailto:insurance@xjtlu.edu.cn)

## CAREER CENTRE

### CAREER CENTRE OF XJTLU

**JUST AS YOU NEED TO WORK TOWARDS GOOD GRADES IN YOUR STUDIES, IT'S ESSENTIAL TO PUT EFFORT INTO PLANNING YOUR CAREER IN ORDER TO LAND THE OPPORTUNITIES THAT ARE RIGHT FOR YOU. AS THE JOB SEARCH PROCESS CAN BE STRESSFUL OR OVERWHELMING AT TIMES, BE SURE TO FIND TIME FOR YOURSELF, AND GET SUPPORT WHEN YOU NEED IT. CAREER CENTRE IS HERE TO HELP YOU THROUGH EVERY STEP!**

#### ONLINE CAREER EVALUATION TEST

Learn about your interests, skills, values, and personality traits. Easy access and understand yourself no matter where you are at <http://xjtlu.ncss.org.cn/jixun/>

#### ONE-TO-ONE CAREER CONSULTATION

Career counselors are available to meet individually with students through every step in their career exploration, and internship and job searches. Through partnering with career counselors, you benefit from personalized guidance on setting and maintaining career goals, gaining self and industry awareness, building career networks, and making informed and fulfilling career choices. Make appointment at CCS (<http://careers.xjtlu.edu.cn/>)

#### JOBS AND INTERNSHIPS

Career Centre offers unique opportunities to help you explore your career interests and develop professional skills. Access CCS (Career Centre System) database to search job and internship listing at <http://careers.xjtlu.edu.cn/>

#### EXTERNAL MENTOR PROJECT

Career Centre sets up a unique team—external mentors to help students gain more insights about industries and life experiences from high level experts.

#### SPECIAL EVENTS AND WORKSHOPS

Career Centre hosts both large scale event such as job fairs, industry showcases, and networking events, as well as smaller workshops on career development topics like CV writing, job and internship searching. You can find all the information on CCS at <http://careers.xjtlu.edu.cn/>

#### CONTACT THE CAREER CENTRE

Email: [careers@xjtlu.edu.cn](mailto:careers@xjtlu.edu.cn)  
Telephone: 0512-88188309  
Visit Us: Central Building-Room 106E



## ALUMNI

### XJTLU ALUMNI ASSOCIATION

XJTLU Alumni Association was founded in August 2010. It is a world-wide nonprofit organization which is made up of XJTLU graduates and has branches all over the world.

XJTLU Alumni Association aims to gather and develop the strengths of alumni, as well as using and sharing various resources, to achieve mutual benefits and support the development of alumni around the world. We also aim to enhance the prestige of XJTLU, and build the XJTLU global interactive platform of social relationships, funds, talents and projects.

You will gain further education and career experience from alumni, opportunities of face-to-face communication, various alumni activities all over the world and a self-improvement platform etc.

**XJTLU ALUMNI ASSOCIATION LOOKS FORWARD TO YOUR ATTENTION AND PARTICIPATION.**

### FOLLOW XJTLU ALUMNI ASSOCIATION, YOU WILL GET THE FOLLOWING INFORMATION

- ALUMNI STORIES
- ALUMNI NEWS
- ALUMNI EVENT
- JOB OPPORTUNITY

### CONTACTS

E-mail: [alumni@xjtlu.edu.cn](mailto:alumni@xjtlu.edu.cn)  
Tel: (86)0512 8816 1869  
Weibo: “西交利物浦大学校友会”  
Wechat Subscriptions: “xjtlu\_alumni”



西交利物浦大学校友会



xjtlu\_alumni



## NON-ACADEMIC SUPPORT

### FRESHER'S FAIR

XJTLU has a total of 149 registered clubs and organizations in six categories, including 29 functional organizations, 10 community service clubs, 24 academic clubs, 30 art clubs, 10 recreational clubs, 38 sport clubs and 8 varsities, which recruit new members in the fresher's fair during the induction week.

### WELCOME PARTY

Hosted by the Students Union of XJTLU and co-organized by various student's societies and extramural merchants, is the annual party featuring the largest scale, the largest number of participants and the greatest influence for welcoming the freshmen. It includes dance, singing, magic, poetry recitation, performance of musical instruments, stage play, etc. Up to now, XJTLU has successfully convened 12 welcome parties since its establishment in 2006, which have been widely acclaimed by all staff, students and sponsors.

### VOLUNTEER ACADEMY

An official service and support platform for the public welfare of XJTLU has not only undertaken official activities including holiday social practice and large-sized volunteer recruitment, etc., but also provided professional volunteer training, service and support to enterprises and communities. Meanwhile, the academy will also convene exchange meetings regularly to share public welfare stories and experiences with love so as to expand the influence of public welfare undertaking.

## STUDENT CLUB AND ORGANIZATION

### LEADERSHIP TRAINING

“Win at XJTLU” leadership training program (hereinafter referred to as “Win X”) is an activity to improve the leadership of the leaders of student's societies and organizations by enabling them to accomplish programs within stipulated time limit.

16 seasons have been carried out from 2013 to 2018 with the theme covering the operation of a coffee shop, donation for children in poverty and physical disadvantaged children, charity bazaar of traditional handicraft, etc. You can exercise and promote yourselves in the themed activities, for example, the operation of a coffee shop not only demands the exchanges and cooperation among team members, but also demands the professional knowledge for practice such as SWOT analysis (strength, weakness, opportunity and threat), the marketing approaches, the market occupancy and expenditure utilization ratio analysis. You don't have to worry about the shortage of corresponding professional knowledge because you can take advantage of this opportunity to learn a new skill.

### SOCIAL PRACTICE

Primarily includes two forms, support education and investigation. XJTLU Youth Volunteer Association will screen students on campus for its volunteer activities. These volunteers will design the summer vacation courses for the primary and secondary middle school students covering four provinces including Guizhou, Guangxi, Anhui and Shaanxi. The investigation activities cover many themes, for example, the investigation of buildings during the period of Vietnam in the colony of France, the investigation of the survival and development of the newsstands at Yangzhou, etc.

## STUDENT COUNSELLING CENTRE

“Walking into a psychological counselling room and communicating with a counselor” doesn't mean that you definitely have “psychological problems”, but there are still a lot of students avoiding it like the plague. The ultimate goal of psychological counselling is to help the individual to duly handle emotional disturbance in his/her life. In most time, we can handle it alone, but if such disturbance continues, and cannot be controlled or gotten rid of, and even affects our physical health, we should seek psychological counselling for help. Our university owns a professional psychological health counselling team helping students to solve personal conflict, interpersonal relationship, psychological problem, academic anxiety etc. The counselors comply with the professional treatment procedure and confidentiality principle, and help you to discover your own problems and find solutions. Meanwhile, they also regularly provide group therapy and workshop service.

### WHAT IS PSYCHOLOGICAL COUNSELLING?

The study of A in first year didn't go well recently. He studied all night long, but got very low scores. A thought that he had devoted a lot of energy and time, but didn't get the satisfying results, so he felt depressed. What's more depressed, he couldn't talk to his roommates, because almost all of them were straight-A students, and he felt “embarrassed” to talk this issue with them.

Afterwards, A made an appointment of psychological counselling. While filling the appointment form, in the column of requirements on counsellor, he wrote, “Hope the counsellor's academic performance in his school-days was poor, and still poor after hard work!” Here is the question. Should we arrange a “poor student” counsellor for A? If all the counsellors are “straight-A students”, how should we do?

Actually, every counsellor in the Psychological Counselling Center can meet A's requirements, because A's unspoken words are, “I hope someone can understand me, and I don't want to be laughed at or judged.” There are some important rules for psychological counselling, and among them, “unconditional positive regard” is A's need. Unconditional positive regard includes to respect the visitor; not to judge, and maintain neutrality; attach important to the peculiarity of every visitor; accept the visitor's attitude, opinion, and belief; pay attention to the visitor's needs; understand the situation faced by the visitor etc. Just as we believe, understanding is the start of connection between people. We were born, injured, and healed while interacting with people.

### PSYCHOLOGICAL HEALTH TEST FOR NEWLY ENROLLED STUDENTS

To understand the newly enrolled students' adaptability, the student psychological counselling center will invite all newly enrolled students to participate in the online psychological health status test. The test results shall be kept confidential.

## SELF-TEST

### CASE 1: BROTHER SLEEPING IN MY UPPER BERTH

**YOU ACCIDENTALLY RUN INTO S' DESK, AND S' MUSIC BOX IS BROKEN. S IS ANGRY, AND BREAKS OUT INTO CURSES IMMEDIATELY, “DON'T YOU USE YOUR EYES WHILE WALKING? MY FAVORITE THING WAS BROKEN BY YOU. HOW ARE YOU GOING TO DEAL WITH IT?” WHAT'S YOUR RESPONSE?**

- A .None of my business. It's your fault. Why don't you put it inside?
- B. I am sorry. I didn't notice it, and I will buy you a new one, or could you tell me what to do?
- C.You should put away your stuff. The dormitory is too small, and it is inevitable to run into your desk. Please don't too concerned about it.

### CASE 2: ARE YOU REALLY GOOD AT COMMUNICATING WITH YOUR PARENTS?

**YOU ARE PLEASANTLY WATCHING CARTOON, AND YOUR FATHER STARTS TO TALK, “YOU'VE GROWN UP. WHY DO YOU STILL WATCH CARTOON? DOES IT HAVE ANY EDUCATIONAL SIGNIFICANCE TO YOU? DOES IT HELP YOUR STUDY? GO TO DO YOUR HOMEWORK NOW!” WHAT'S YOUR RESPONSE?**

- A.Impatiently say, “Leave me alone. It is a crucial moment, and will end up soon.”
- B.Silently turn off TV, and unhappily go back to your room.
- C.Say to your father, “I just relax for a moment, and I will read books soon. It doesn't affect my study.”

## TEST RESULTS

### CASE 1: BROTHER SLEEPING IN MY UPPER BERTH

**WHILE ENCOUNTERING A PROBLEM, S COPES WITH AND TALKS LIKE A CHILD, WHICH MEANS TO BLAME OTHERS.**

**OPTION A IS ALSO A CHILD-LIKE COPING STYLE:** pass the buck like a child, and argue with others. The result will be that both of them continuously blame each other, but cannot actually solve the problem.

**OPTION B IS A NORMAL ADULT'S COPING STYLE:** face up to the problem, and actively solve solutions with others. Such handling result can gradually affect the other person to grow up to be an adult, and finally can reasonably solve the problem together.

**OPTION C IS TO FACE THE PROBLEM WITH A PARENT ATTITUDE:** response in an educational tone, and reluctant to admit mistake. Such handling result will force the other person to yield, or intensify the problem.

### CASE 2: ARE YOU REALLY GOOD AT COMMUNICATING WITH YOUR PARENTS?

**A RESISTANT CHILD STATE:** conflict with parents, as a result, the problem cannot be solved, on the contrary, the conflict becomes more and more serious.

**B OBEDIENT CHILD STATE:** follow his father's order to turn off TV, and the problem is solved temporarily, but he is very reluctant in his heart.

**C ADULT STATE:** communicate with his father with a peaceful state of mind, obtain both parties' acceptance, and the problem is solved perfectly.

**CHILD STATE:** think, feel, and express in past (childhood) way, mainly the emotional experience in the childhood, including spontaneity, creativity, and intuition. It is divided into resistant children and obedient children.

**ADULT STATE:** take advantage of current available resources for thinking, recalling, and application, and usually without feelings. It supervises and analyzes the message from parents and child state, handle real problems, and help us to live an efficient life.

**PARENT STATE:** learn from parents, and integrate into his own personality. It provides the standards to be followed, and help him merge into the society. In the parent state, his behavioral expression, idea, and feeling are just like his parents. It is divided into critical parents and caring parents.

## CASES AS THE GUIDELINE TO PASS THE TEST

### CORRECTLY HANDLE INTERPERSONAL RELATIONSHIPS

After entering the university, students start their life in the dormitory. The four people in a dormitory frequently come and go together, and thus become the most intimate friends. However, just because of intimate life and close relationship, it is easy to expose defects and cause conflicts among roommates. Among them, the typical problem is the difference in daily routines etc.

In the investigation on the theme of psychological health lecture for freshmen, 80% students selected Interpersonal Relationship and Communication Arts. It reveals that people yearn for communication, but also implies that they are confused about communication. Huge gap may exist in the psychological feeling and experience between people, but the so-called "harmony in diversity" means that even if we cannot completely understand other people's feelings, at least we can try to experience other's feelings. It is the beginning to learn to listen, as well as the premise to express your willingness. There is "care" behind good listening and expression. If we sincerely care about others and accept others, change will happen.

### HOW TO COMMUNICATE WITH PARENTS

Many parents complain that their children are unwilling to talk about the specific conditions at campus with them; meanwhile, many students also complain that their parents over interfere their study and life (including meal, dress, rest, major selection, going abroad etc.). During university, how will the communication between children and parents develop?

For parents, the ultimate goal of a family is not to raise a child always following their advice. On the contrary, they should help their child to be mature enough to independently survive in the society and make contributions to the society. Parents need to know that their role has to be changed at this moment. While providing sufficient support, they should give enough respect and trust to their child, and even try some wrong space.

For students, the antonym of dependence is separation, not maturity. Simply separating themselves with their parents doesn't mean to grow up, and expressing their own opinions and obtaining identification in an equal and reasonable way is a sign of maturity. Childish reverse psychology can only stimulate parents to express more anxiety, and act more like "parents".

It is recommended that students should actively share the information which their parents may care about with them, and reasonably explain the decision and arrangement they made, to successfully persuade their parents and obtain identification. Such communication mode will be gradually solidified, and replace the previous order-obedience communication mode. Gradually, you will discover that it is not difficult to communicate, and your parents will grow up together with you. Even if we meet difficulties during study and life on campus, there is no need to intentionally hide, because we all know that parents are always our strongest backup and support.

### CONTROL YOUR TIME SPENT ON COMPUTER GAMES

**AFTER ENTERING UNIVERSITY, A PART OF STUDENTS START TO INDULGE IN COMPUTER GAMES, AND THERE MAY BE THREE REASONS.**

- During senior high school, parents and teachers all keep an eye on them, but after entering university, they suddenly go free, and both study and life depend on self-discipline.
- Some student wrongly think that study in university is easy, and doesn't require too much energy and time.
- While meeting with difficulties in study, they try to find themselves in the virtual world.

**How to develop a good habit of surfing on Internet?**

- Set clear life goals. The four years at university is precious, and don't waste your time in games, and don't let games affect your study, and even cause severe consequences such as suspension, drop-out etc.
- Frequently communicate with senior students or schoolmates, to listen to their voice of experience, and understand the importance of study in freshman year.
- Frequently communicate with teachers, including your academic advisors, growing counselors, course lecturers etc.
- Frequently participate in extra-curricular activities, and don't always stay in the dormitory.
- If you discover that you have internet addiction, and want to change, you can contact the growing counselor or psychological counselling teacher.

### Case

Zhan is a XJTLU student in grade 2011. Since entering the university, he had indulged in online games, and neither communicated with others, nor went to class. The university provided a lot of help to him, and the growing counsellor also frequently went to Internet bar, and tried to persuade him to go back to school and have classes. Afterwards, he failed in academic performance, and repeatedly failed to go to the next grade, and finally he had to drop out. We hope that other students can take a warning from it. Due to his growing experience, Zhan could not find the value of his existence in real life, and lacked emotional understanding and care. If you have similar situation, please don't give up on yourself, and actively seek help from surrounding systems such as relatives, friends, schoolmates, growing counsellors, psychological counselling center etc., to defeat Internet addiction with their support and your will, and set sail for your own life.

FOR MORE  
INFORMATION, PLEASE  
SCAN THE QR CODE



## BALANCE ACADEMIC STUDY AND EXTRACURRICULAR ACTIVITY

Study is divided into two types. One is academic study, that is "formal study", and the other one is study through extracurricular activities, that is "informal study". Both of them are important, so students must balance their relationship. The university encourages the students to actively participate in extracurricular activities, but should control the "degree", and pay attention to time management.

### Case

Helen, a XJTLU student in grade 2012, uneasily sought help from the growing counsellor. In the first semester, she failed in three courses. While recalling the half-year life at university, she put most energy into student organizations and club activities, and obtained the internship opportunity in Suzhou Broadcasting Station. Such practice and achievement were really uneasy for a freshman just entering university. However, as a student, study was her duty. While knowing the examination results, she had some regrets about her choice. After weighing, she decided to withdraw from all clubs and organizations, and put more time and energy into study. However, extracurricular activities can enrich students' life at university, and develop and enhance their practical ability, but academic study is your major work after all. Therefore, you should balance academic study and extracurricular activities according to your own energy and academic performance, to be a happy student having excellent academic performance, and developing ability in extracurricular activities at the same time!

## 2+2 OR 4+X

After entering sophomore year, many students start to struggle whether to select 2+2, whether to complete their postgraduate study in Liverpool University, or whether to complete their postgraduate study in UK. The data show that in the aspect of education quality, graduates' achievement etc., the difference between Liverpool University and XJTLU is very small. Your choice depends on your own life planning and economic conditions. In addition, you don't need to make a decision in a hurry. After your freshman year ends, and you have a more comprehensive, objective, and profound understanding on your own life planning, XJTLU, and Liverpool University, you will make the right choice. It can be perceived from all kinds of successful cases that the key to success is your own efforts, and not whether you choose 2+2.

### Case

As a firm believer of "try more while young", Luo did not take the 2+2 option, that is, to finish her junior and senior years in Liverpool University in the U.K. Instead, she chose to stay in Suzhou to finish her studies. "This decision was made after careful deliberation of all aspects, and the primary reason was because there would not be a major there that matched perfectly with my studies. I hoped I could learn as much as I could in the shortest possible time, hence my decision to stay at XJTLU because the teaching resources here can give me that help." When entering the senior year, Luo became clearer about her future plan after reflecting on her previous experiences, that is, she would continue her study and conduct research on East Asia cultures. In fact, she had already begun preparing for the GRE test since the second half of her junior year, and she would force herself to memorize 300 new words each day. When applying, she actively coordinated and made use of the resources around her and meticulously planned every step.



## HEALTH AND SAFETY

### FIRST AID RESPONSE AT XJTLU: THERE IS A PRE-HOSPITAL CARE ROOM IN UNIVERSITY.

**SERVICE SCOPE**

- Debridement, sterilizing and dressing for general trauma
- First aid on the spot and preliminary treatment of accidental injury

**LOCATION** Foundation Building 159

**OPENING HOURS** Every Monday, Thursday 9:00 - 12:00  
(No permanent duty personnel. Please call the contact person on off-hour)

**CONTACTS** Ms. Jin

**TELEPHONE** 0512-81884630

- According to the relevant national professional policies, the condition CANNOT be provided for disease diagnosis and drug treatment.
- First-aid kits are distributed to every Property Management Office, academic departmental secretaries, labs and Health and Safety Officer. All medical supplies are free to use. But NO medicine is provided in the first aid kit. Keep your own medicines with you if necessary.
- Some first-aid equipment such as cervical collar, head holder, stretcher and wheel chair are acquired for public use in the campus.
- If you have any problems or questions about health and safety, raise them to the Health and Safety Affairs Office.

Office location: Center Building, 1103

Contact number: 0512-88161005

E-mail: [hsc@xjtlu.edu.cn](mailto:hsc@xjtlu.edu.cn)

## FOR YOUR SAFETY

### BE CAREFUL OF FRAUDS

- Be careful of people approaching you pretending to be teachers, students, or student club members conducting surveys or offering subscriptions.
- Do not give your mobile phone, cash or bank cards to strangers.

### BE CAREFUL OF THIEVES

- Don't carry large amounts of cash with you upon your arrival. Please be careful when you set up your bank card pin number.
- Take good care of your personal belongings.

### BE AWARE OF FIRE SAFETY

- Follow accommodation rules and regulations strictly; know how to use fire extinguishers.
- Pay attention to traffic safety when you go out.

### REMEMBER THESE 8 COMMON SCAMS TO AVOID BEING CHEATED.

- Someone claims to be from public security organs and asks for a money transfer.
- Someone requires you to transfer your money to a 'Safety Account'.
- Someone requests a pre-deposit for awards.
- Be cautious of scams requiring you to provide your banking information on unknown websites or links.
- Never give your personal information, bank card information or message security codes to unknown people over the phone.
- Be careful of claims to test your E-bank.
- Please contact your relatives and friends immediately when get messages about incidents involving them.
- Be aware of money transfer requirements from your boss or tutors on the phone.



YOU ARE SUGGESTED TO FOLLOW THE WECHAT OFFICIAL ACCOUNT OR  
YONG'AN POLICE STATION



## EXPLORE SUZHOU

### CLIMATE

Each year in July or August, Suzhou enters the midsummer season which are the hottest months of the whole year with the highest temperature. The freshmen need to take sun-proof and sunstroke preventive products. There is still hot weather into the autumn early September, commonly known as 'old wives' summer'. Temperatures begin to fall significantly in mid-September. Winter in Suzhou is cold with less rain. Late January is the coldest period during the whole year, we should pay attention to do a series of cold insulation measures. Spring temperature rises rapidly, but the temperature fluctuation is very unstable with dramatic change from cold to hot. Temperature in April also often appears below 0 °C 'cold spell in late spring' weather, so try to keep warm.

Overall, Suzhou is located in the northern subtropical monsoon humid areas, warm and humid wet monsoon, and four distinct seasons, winter summer long, short in spring and autumn season. So umbrellas are necessary. And please pay attention to the weather report to add clothes in time to prevent cold.

## TOURISM

### WORLD HERITAGE—SUZHOU GARDEN

Suzhou Garden is the general term of Suzhou landscape garden architecture, and dominated by private gardens. In 1997, the Classical Gardens of Suzhou were included in the World Heritage List as the representative of classical Chinese gardens. The Humble Administrator's Garden is the top of Suzhou gardens as well as the representative of classical gardens in regions south of the Yangtze River. As a temple garden integrating the philosophy of the chan sect, and the joy of garden, the Lion Grove Garden is famous for its artificial hill, and is the only survivor of large-scale artificial hill in classical Chinese gardens, as well as one of the examples of the most complicated and complex piled mountains in classical Chinese gardens.

### SUZHOU CENTRE

As the largest overall development of the urban complex, the largest single mall and many other domestic first in China, Suzhou Centre is known as Suzhou new generation "City Landmark". Suzhou Centre is not only the largest volume of Suzhou shopping malls, but also the centre of the city. Suzhou Centre is a collection of Super shopping malls, international super 5 A-level office buildings, serviced CBD apartments and W Hotel. Since opening on 11th November, 2017, Suzhou Centre quickly become the first choice for the Suzhou residents' leisure and entertainment.

### SUZHOU MUSEUM

Suzhou Museum became one of the first groups of national first-class museums in 2008 and forms a colorful cultural corridor with adjacent parks and scenic spots such as The Humble Administrator's Garden, Lion Grove Garden etc. The designer of this Museum is Leoh Ming Pei, a well-known architectural design master, and the Chinese characteristics are seen everywhere.

### KUN OPERA

Kun opera is one of the oldest Chinese traditional operas as well a treasure in Chinese traditional culture and art, especially Chinese opera art. It is called as an "orchid" in the garden of flowers. Suzhou Pingtan, which is the general name of Suzhou Pinghua and Suzhou Tanci refers to the traditional story-telling and ballad singing in Suzhou dialect. Pinghua and Tanci are characterized with fine and exquisite performance, and the soft Suzhou dialect sounds very impressive.

## FOOD

The freshmen are enrolled in August when the Gorgon fruit, one of the Suzhou "Eight Water Immortals", appears on the market. In Suzhou people's eyes, the Gorgon fruit has been a rare delicious food. As recorded in the ancient medicine books, it was a precious food which "the babies eat to keep young and the old people eat to prolong life".

In this season, Suzhou people also like to pick fresh lotus leaves to make a dish, steamed pork with rice flavor in lotus leaves. The fragrant rice flour, which has been fried and the pork which has been flavored, are wrapped and steamed. With fragrance as well as a fresh, soft, glutinous and not greasy taste, it is perfect to eat in the summer.

In the end of the month, as the Mid-autumn Festival comes, the fresh mooncakes will appear on the market successively, and the meat-stuffed mooncake is one of the ten special snacks in Suzhou, with salty and sweet taste, and crisp and soft crust. A large glob of fresh pork is wrapped in it, and the meat juice gradually permeates into the crust. How Delicious!

### SEASONAL FOOD IN SUZHOU

PEOPLE IN SUZHOU DON'T EAT THE DISHES WITHOUT THE SEASONAL MATERIALS, AND MANY DELICIOUS FOODS ARE CHANGED WITH SEASONS AND ONLY APPEAR IN ONE SEASON OR A PERIOD OF TIME. IF IT IS MISSING, YOU HAVE TO WAIT FOR THE COMING YEAR. THERE ARE DELICIOUS FOODS THROUGHOUT THE YEAR, AND DIFFERENT IN THE FOUR SEASONS.

JAN	Sugar rice cake, lard dishes and rice, ice porridge with nuts and dried fruit, and fish pickled with grains
FEB	Eight-treasure rice pudding, spring roll, shepherd's purse, and winter bamboo shoots
MAR	Saury, braised soy sauce pork, green dumpling, and pickled bamboo shoots
APR	Biluoichun tea, water shield soup, five-color square cake, three-colored amaranth, and snail
MAY	Plum wine, black rice, and Biluo shrimp meat
JUN	June yellow, watermelon chicken, cherry pork, and Fengzhen pork noodles
JUL	Red bayberry, lotus seed, Cui guan pear, and plum syrup
AUG	Yellow peach, Gorgon fruit, and steamed pork with rice flour
SEP	Chinese chestnut, icefish, and meat-stuffed mooncake
OCT	Hairy crab, Double-Ninth cake, and osmanthus sugar taro
NOV	Potherb mustard, and Cangshu mutton
DEC	Winter wine, and winter solstice glue pudding

### EXPLORE XJTLU

In order to meet students' daily demand in the university, XJTLU set up convenience stores at Foundation Building, Central Building, Science Building, Public Building and Humanities & Social Sciences Building, where students can buy some snacks and daily necessities. In addition, it takes around 5 minutes to walk to Wenxing Plaza and Hanlin Neighbourhood Centre, and you can find colorful and delicious food there.



# APPENDIX

## UNIVERSITY SERVICE STATIONS:



XJTLU ONE-STOP STUDENT  
SERVICE CENTRE



XJTLU STUDENT DEVELOPMENT  
ADVISE CENTRE



STUDENT ACCOMMODATION  
COMMITTEE



STUDENT COUNSELLING  
CENTRE



CAREER CENTRE



IT SERVICE CENTRE



BUDDY PROGRAMME EXECUTIVE  
COMMITTEE



XJTLU ALUMNI



XJTLU CLUB HOME

THE FIRST STEP TOWARDS SUCCESS IS KNOWING HOW TO OBTAIN RESOURCES AND SUPPORTS INITIATIVELY.

NAME	TEL	EMAIL
XJTLU ONE-STOP STUDENT SERVICE CENTRE	0512-88161854	<a href="mailto:onestop@xjtlu.edu.cn">onestop@xjtlu.edu.cn</a>
REGISTRY SERVICES AND SUPPORT	0512-81881230	<a href="mailto:academicservices@xjtlu.edu.cn">academicservices@xjtlu.edu.cn</a>
XJTLU STUDENT DEVELOPMENT ADVISE CENTRE		<a href="mailto:SDA@xjtlu.edu.cn">SDA@xjtlu.edu.cn</a>
STUDENT ACCOMMODATION COMMITTEE	0512-88161857	<a href="mailto:accommodation@xjtlu.edu.cn">accommodation@xjtlu.edu.cn</a>
STUDENT COUNSELLING CENTRE	0512-88161815	<a href="mailto:counsellingservice@xjtlu.edu.cn">counsellingservice@xjtlu.edu.cn</a>
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