ILOGUE

iLogue is the campus podcast specified to XJTLUers. It aims to collect true experiences and presents in a non-serious style that may be not available on the University official website. On iLogue, narrators will share their experiences; we will interview guests, and have various conversations in the form of audio podcast. iLogue is open to all XJTLUers, including students, staff, alumni, parents, external mentors, etc.

iLogue(爱唠嗑)是一档属于西浦人的校园播客,秉持官方不严肃的风格,专注于收集上不了官网的真实故事。它以音频播客为主要呈现形式,以讲述者分享个人故事、嘉宾采访、对话会谈为主要内容,面向所有西浦人开放,包括学生、教职工、校友、家长、校外导师等全体泛西浦社群。

▶ PLAY PLATFORM/播放平台

WINGPLUS on Learning mall, XJTLU Student Service WeChat official account, Apple Podcast, Spotify, NetEase Cloud Music, Himalaya, Qingmang, Lizhi, Xiaoyuzhou App, etc.You may log in the above platforms and subscribe "西浦 iLogue".

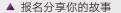
Learning mall 的 WINCPLUS 模块、"西浦学生服务"公众号、苹果播客、Spotify、网易云音乐、喜马拉雅、轻芒、荔枝、小宇宙 app 等全平台上线,可登录以上平台搜索"西浦 iLogue"订阅收听。

🖺 YOUR STORIES/ 故事征集

iLogue invites all XJTLUers to tell your true, exciting and attractive stories, themes unlimited, anonymous. You may scan the following code and share your stories. iLogue is waiting for you.

iLogue 面向全体泛西浦社群征集真实、多元、有吸引力的故事,不限主题、可匿名讲述,报名扫描下方二维码。欢迎 PG 学子们来"唠嗑"。







▲ 收听往期节目

ON-CAMPUS SERVICE CONTAC/校园服务联系方式

One stop student service

一站式学生服务中心

0512-88161854

Onestop@xjtlu.edu.cn

地点: CB-115E

Student Accommodation Service

学生宿舍服务

0512-88973000

accommodation@xjtlu.edu.cn

地点: CB-115E

Student Counselling Centre

学生咨询中心

0512-88161815

counsellingservice@xjtlu.edu.cn

Graduate School

研究生院

0512-81889001

pgsupport@xjtlu.edu.cn

Registry

教务处

0512-88161230

academicservices@xjtlu.edu.cn

地点: CB-8F

IT Service

IT服务

0512-88161250

It@xjtlu.edu.cn

Career Service

就业服务

0512-81888307/8308

careers@xjtlu.edu.cn



西浦学生服务公众号 XJTLU Student Service Public Account



STUDENT DEVELOPMENT ADVISOR-

POSTGRADUATE



STUDENT DEVELOPMENT ADVICE CENTRE

By integrating eastern and western culture and coordinating global resources, XJTLU maintains a campus culture of Diversity, Regulation, Innovation, Freedom and Trust. In order to help domestic students adapt into the international culture of XJTLU and become elites with noble personality, outstanding skills and international competitiveness, Student Development Advice Centre (hereinafter referred to as SDAC) coordinates various resources and provides comprehensive advisory and guidance services for students. It aims at providing effective supports for students as well as helping students achieve personal growth and development.

学生成长顾问中心

西浦融合东西方文化,整合全球资源,有着多元、创新、自由、规则和信任的校园文化 环境。为了使国内学生更快融入西浦的国际化环境,成长为品德良好、素质优良、能力 超群并且具有国际竞争力的人才,学生成长顾问中心以学生的个人成长为根本,整合学校各方面资源,提供多渠道咨询与引导服务,旨在为学生提供更加有效的支持,促进学生实现自我成长。

STUDENT DEVELOPMENT ADVISOR TEAM

XJTLU is a newly international university with significant features. The University takes student-centeredness as the cultural cornerstone. The innovative education philosophy aims to teach students independent learning, lead students to self-exploration of real interests and preparation of future life plan. Student Development Advisors (hereinafter referred to as DAs), play important roles during your development at XJTLU. As one of the Four-Tutor System, DAs will, from the perspective of an advisor, guide you to experience the Three Transformations process, integrate multiple resources as coordinators and provide specialized supports as experts.

Under XJTLU's international context, if you encounter any problems about your life or individual development, you may come to DAs. Your DA, in consideration of your situation and the integration of campus resources, will give you necessary suggestions and help on the basis of respect and trust. Meanwhile, DAs will provide a free environment for student development; they will not over intervene your life.

成长顾问(DA)作为学校和学生之间重要的沟通桥梁之一,在西浦学生发展过程中扮演了重要的角色。其目标在于:以顾问的视角引导西浦学子体验"三个转变"的过程、以协调者的角色整合多方资源、以专家的身份提供专业的学生支持。在西浦国际化的环境中,学生如有生活或发展上的想法或疑惑,都可以与成长顾问沟通。成长顾问会根据具体情况,整合学校的各方面资源,在尊重和信任学生的基础上给予适当的建议与帮助;同时,成长顾问会给学生提供一个自由发展的空间,不会过度干预学生的生活。

CONTACT YOUR DA

PG DA plays three key roles as ADVISER, FACILITATOR and COORDINATOR. As an advisor, PG DA supports students who come for advice or helps students who are confronted with difficulty or have potential risks. PG DAs will also correspondingly set up proactive contacts with students who might have encountered challenges at campus, integrate resources inside and outside the university, and facilitate your individual development.

To contact with your DA, please find your DA's information on e-Bridge.

联系你的成长顾问

研究生成长顾问的核心角色为顾问、辅导员和协调者。作为顾问,研究生成长顾问支持因为遇到困难或者困境而来寻求建议的学生。研究生成长顾问也会根据学生在校情况,主动联系遇到挑战的学生,整合校内外资源,促进学生个人发展。如果需要联系你的成长顾问,可在e-Bridge找到联系方式。

FAMILY COUNSELLING

Family Counselling is one programme launched by SDAC. It aims to extend mutual communication and understanding among family members.

家庭咨询

学生成长顾问中心设立家庭咨询项目,旨在为家庭成员之间提供更多的交流与理解。

PROGRAMME OBJECTIVES 项目目标



Better development of awareness of psychological boundaries, as well as benign interaction modes; 更好地培养心理界限意识、良性的互动模式;



Enhancement of communication among family members;

增强家庭成员之间沟通:



Improvement of the ability of empathizing others and emotion management.
改善共情能力和情绪管理能力。



Family counselling shall be planned and implemented with a whole family as a unit, and typically, we will invite family members (generally, parents and children) to participate in the counselling together. Generally, the time for each counselling session is 90 minutes, and it shall be carried out for 3-5 times or more.

家庭咨询以整个家庭作为单位来规划和进行咨询,通常邀请家庭内的全部成员(一般是父母亲和孩子)通过面对面或线上的方式共同参加咨询,每次咨询时间一般为90分钟,咨询周期通常3-5次或更多。

This Programme is cooperated by the Student Psychological Counselling Centre of Xi'an Jiaotong-Liverpool University, Shanghai Tongxin Jici Healt Counselling Centre, and Suzhou Minor Healthy Growth Guidance Centre ("Teacher Su" Programme), and is open to all students. (in Chinese language only)

该项目由西交利物浦大学学生心理咨询中心与上海同馨济慈健康咨询中心、苏州市未成年 人健康成长指导中心("苏老师"项目)合作,面向本校学生开放(限中文)。

- * Family Counselling is a charging item. The fee shall be charged by the supplier, and XJTLU shall be responsible for site preparation and quality supervision.
- 家庭咨询是收费项目,费用由供应商收取,西交利物浦大学负责场地提供及质量监督。

For detailed information, please contact WingPlus.FC@xjtlu.edu.cn or call 0512-88161815.

详情可咨询邮箱WingPlus.FC@xjtlu.edu.cn 或电话o512-88161815。