

学生成长顾问

STUDENT
DEVELOPMENT
ADVISOR

2024

25



Xi'an Jiaotong-Liverpool University
西交利物浦大学



Xi'an Jiaotong-Liverpool University
西交利物浦大学

XJTLU | STUDENT DEVELOPMENT ADVICE CENTRE
学生成长顾问中心

CONTENTS

01

校长寄语 President's Message

05

成长顾问中心 Development Advice Centre

- 05 育人理念
- 06 学生成长顾问中心
- 06 成长顾问团队
- 05 Education Ideology
- 06 Student Development Advice Centre
- 06 Student Development Advisor Team

23

人武工作 The People's Armed Forces Work

- 23 军训
- 24 征兵
- 23 Military Training
- 24 Military Service Recruitment

25

成长顾问发展提升 Enhancement and Promotion of Student Development Advisors

- 25 培训体系 Training System
- 27 督导体系 Supervising system
- 27 征途计划 Zhengtu Project
- 28 中心团队建设 Team Building

09

支持与提升项目 —WINGPLUS Support and Enhancement Programme- WINGPLUS

- 09 基础学年入学教育
- 12 回归项目
- 13 团体咨询
- 14 家庭咨询
- 09 Foundation Year Experience
- 12 Bounce Back Programme
- 13 Group Counselling
- 14 Family Counselling

15

学生互助 Student Mutual Support

- 15 学友计划
- 16 学友活动
- 19 学友故事
- 22 伴学社
- 15 Buddy Programme
- 16 Buddy Programme Activities
- 19 Buddy Stories
- 22 Peer Tutoring Club

29

专业团队 A Professional Team

38

相关资源 Relevant Resources

校长寄语

西交利物浦大学在过去十多年的办学历程中，始终以立德树人为立足点，坚持以学生为中心，以促进学生健康成长作为教育的根本。

在西交利物浦大学，学生成长顾问是一支促进学生成长发展的重要团队。其主要任务是，了解学生、亲近学生、关爱学生，关注学生的校园生活、身体健康、情感发展，帮助学生树立正确的人生观与价值观，协助学生处理好学习与生活、兴趣爱好与学术要求、能力与职业规划等关系，帮助学生提升自我发展的能力，使西浦学子完成三个重要转变，即从孩子到年轻人再到世界公民，从被动学习到主动学习再到研究导向学习；从盲目学习到兴趣导向再到人生规划。

学生成长顾问主要在以下三个方面为学生提供支持：1. 为帮助学生融入西浦文化，适应国际化校园环境，设计并搭建学生发生三个转变的运营构架，包括入学教育体系、基础年主题班会体系及针对面临困难的学生所专门设立的 WINGPLUS 系列服务平台；2. 为学生的在校生活搭建综合社会支持系统的各类服务，包括学友项目、院系欢迎会项目等； 3. 整合校内外多方资源，为有需求的学生解决个性化问题的个案咨询服务，如个人问题梳理、学校政策咨询、家庭沟通辅助、校内外专业资源转介以及其他行政事务（政审、评奖评优、离校流程等）支持等。

学生成长顾问既是良师，又是益友，伴随学生大学四年的学习与生活，始终协助学生解决问题，提供建议，与学生一起面对困难，一起讨论问题，一起思考，共同成长和发展。

学生成长顾问与学生长期相处，其言语、行为、态度，甚至是价值观在不知不觉间会影响学生，往往会成为学生的榜样，因此对顾问的个人综合素质、价值观和工作技能要求比较高。学生成长顾问要具备以下特征：

- 具有清晰的身份认同与稳定的价值观；
- 身体健康，有适当的运动及合理的饮食习惯；
- 热爱学生，能够积极倾听学生的经历与感受，表现出真诚的关怀；
- 喜爱阅读，不断扩展自己的知识领域，与时代发展保持同步；
- 喜欢与年轻人相处，有良好的人际关系及社交常识与技能；
- 能够整合自己的经验、感受及行为；
- 懂得从多角度、多层次看问题；
- 掌握一定的心理学理论与灵活的咨询技能；
- 尊重和欣赏自己与别人；
- 在面对改变时，持开放的态度；
- 能投入工作并在工作中找寻到意义。

学生成长顾问是大学、家庭、社会三者之间的桥梁与纽带，始终坚守在服务学生的一线岗位，对人的工作有兴趣，重视个人的修养、素质，认同大学的理念及使命，愿意协助发展学生的认知、学术、社交、德育、美育、职业等，与学子们一起成长进步。

学生成长顾问是西交利物浦大学促进学生成长的最重要的队伍和力量，他们常年默默无私奉献，淡薄名利，履行使命，奉献爱心，在此向全体学生成长顾问表达崇高的敬意与感谢。

西交利物浦大学 钞秋玲教授

PRESIDENT'S MESSAGE

Xi'an Jiaotong-Liverpool University has operated for over ten years, during which it has taken “educating students by virtue” as its foothold, insisted on “student oriented”, and treated students’ healthy growth as the foundation of education.

In Xi'an Jiaotong-Liverpool University, student development advisors constitute an important team to promote student development, and their main responsibilities include but not limited to knowledge of students, a close relationship with students, and care for students. They will also pay attention to their campus life, physical health, and emotional development. They will help them to establish correct outlook on life and values and assist them to handle the relations between study and life, hobbies and academic requirements, ability and career planning etc. They will support them to promote self-development ability and then can realize the Three Transformations, i.e. from children, to young adults, then to global citizen; from passive learning, to active learning, then to research-led learning; and from blind learning, to interest oriented, then to life planning.

Student development advisors shall provide support to students mainly in the following three aspects: 1. Help students integrate into XJTLU’s culture, and adapt to its international campus environment, and design and establish the operation framework helping students to realize the *three transformations*, including induction education system, class meeting in the basis year, and WINGPLUS service platform specially established for students facing difficulties; 2. Establish the comprehensive social support system for students’ campus life to provide all kinds of service, including Buddy Programme, orientation welcome event etc.; 3. Integrate various resources inside and outside the university, and provide the individual consulting service to students in need to solve their personal problems, such as personal problem analysis, university policy consulting, family communication and assistance, referral to professional resources inside and outside the university, and other support for administrative affairs (political examination, appraisal, procedure for leaving the university etc.).

Student development advisors are good teachers and helpful friends who will always accompany you to study and work in the four years of university life, assist you to solve problems, and give suggestions, face difficulties, discuss problems, and think with you, to seek joint growth and development together.

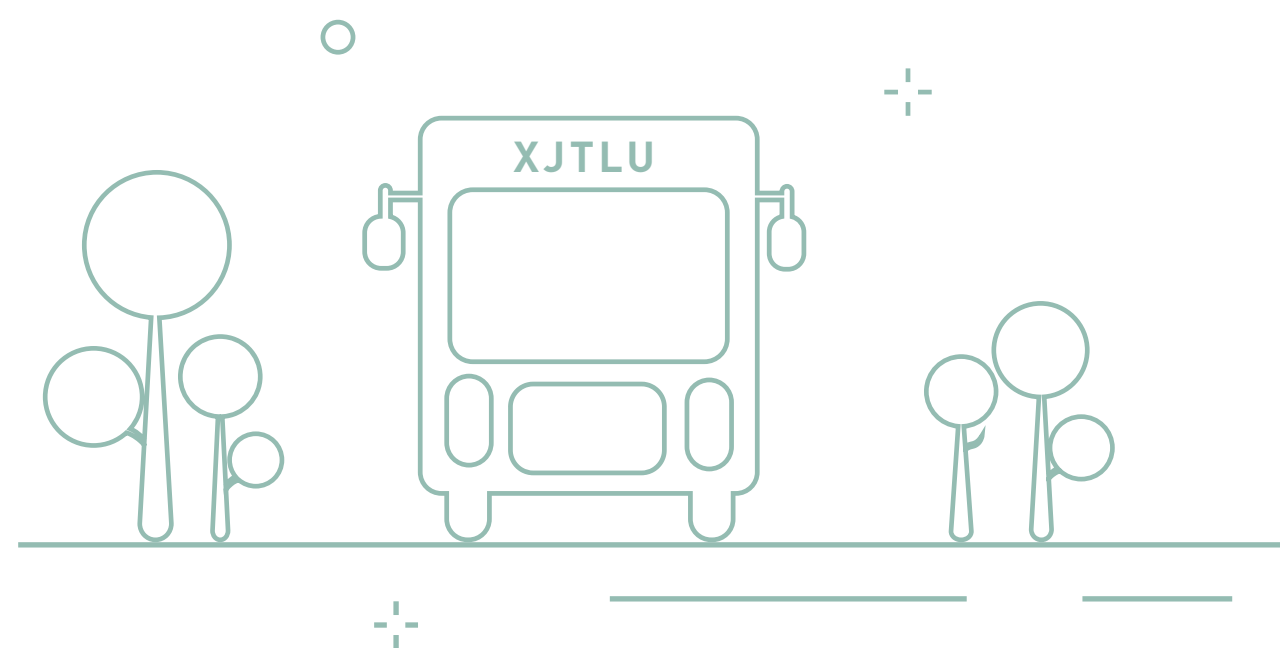
After getting along with student development advisors for a long time, students shall be unconsciously influenced by their language, behaviours, attitudes, and even values, so they always become models for students. Therefore, we have relatively high requirements on student development advisors’ individual comprehensive quality, values, and working skills. Student development advisors should have the following characteristics:

- A clear identity recognition and stable values;
- Good health, decent exercises and balanced diet;
- Love students, be patient listeners to student experiences and feelings, give students sincere cares;
- Love reading, expand knowledge continuously, keep pace with the times;
- Love to make acquaintance with young people, have favourable interpersonal and social communication skills;
- Be able to integrate individual experiences, feelings and behaviours;
- Be able to think from different perspectives;
- Know about some psychology theories and flexible consulting techniques;
- Respect and admire themselves and others;
- Be open to changes;
- Be able to engage themselves in work and find its significances.

Student development advisors are the channel bonding among the university, family and society. They stand still at the frontline of student services. They are enthusiastic towards humanistic work. They emphasize individual qualification development, recognize our university ideology, and are willing to help the development of students' cognition, academic achievement, social skills, moral cultivation, aesthetic and professional values. Student development advisors love to accompany our students to grow up.

Student development advisors are the essential power at XJTLU to promote student development. They have contributed themselves to student work with the greatest generosity and dedication. Hereby I present my sincere respect and gratitude to all of them.

Professor Chao Qiuling
Xi'an Jiaotong-Liverpool University



成长顾问中心

育人理念

西交利物浦大学（简称“西浦”）传承中英教育的精髓，帮助学生成长为一个真正的世界公民，使其具备应对当下日益激烈的竞争和快速变化的环境所需的知识、技能、能力、品质和韧性。经过创新探索，西浦初步形成了独具特色的“五星”育人模式，致力于帮助学生在大学实现“三个转变”。

从孩子到年轻成人再到世界公民

西浦把学生视为年轻的成人，具有独立的人格和责任，培养学生的独立精神和责任感，训练学生发现问题、解决问题、学习以及跟别人合作的能力。在全球竞合的背景下，西浦为学生创造国际化的平台训练和提升他们的跨文化领导力，帮助他们成为真正的世界公民。

从被动学习到主动学习再到研究导向型学习

大学期间，西浦着重培养学生的批判性思维和跨学科创造性解决问题的终身学习能力。与国际接轨的教育模式有利于选择留学的学生快速适应国外学习环境。

从盲目学习到兴趣导向再到关注人生规划

西浦提倡兴趣导向，为大一学生提供灵活选专业的机会，并辅之“四大导师”体系（即学术导师、学友、成长顾问、校外导师），引导学生实现“幸福生活、成功事业”的目标。



DEVELOPMENT ADVICE CENTRE

EDUCATION IDEOLOGY

Xi'an Jiaotong-Liverpool University (hereinafter referred to as XJTLU) inherits the quintessence of education in China and the UK. XJTLU aims to help students become real global citizens, and help them obtain necessary knowledge, skills, abilities, quality and toughness required in the increasingly fierce competition and rapidly changing environment. After an innovative exploration, XJTLU has initially established a unique Five-Star education model, dedicated to helping students realize Three Transformations in the university.

From children, to young adults, then to global citizens

XJTLU treats its students as young adults who have independent personality and responsibility, develops their independent spirit and consciousness of obligation, and train their ability to identify and solve problems, learn, and cooperate with others. In the background of global competition and cooperation, XJTLU has established an international platform for its students to train and improve their cross-cultural leadership, and help them become real global citizens.

From passive learning, to active learning, then to research-led learning

During students' undergraduate years, XJTLU focuses on the development of their critical thinking and life-long learning ability of interdisciplinary creative solution to problems. The internationally compatible education mode is beneficial for students who will study abroad to quickly adapt to the learning environment in foreign countries.

From blind learning, to interest oriented, then to life planning

XJTLU advocates interest oriented, and provides opportunities for students to choose their major in the first year, with the Four-Tutor system (including academic advisor, buddy, development advisor, and external advisor) as supplementary support, to guide them to realize the objective of “happy life and career success”.

学生成长顾问中心

西浦融合东西方文化，整合全球资源，有着多元、规则、创新、自由和信任的校园文化环境。为了使国内学生更快融入西浦的国际化环境，成长为品德良好、素质优良、能力超群并且具有国际竞争力的人才，学生成长顾问中心以学生的个人成长为根本，整合学校各方面资源，提供多渠道咨询与引导服务，旨在为学生提供更加有效的支持，促进学生实现自我成长。

2022年6月，成长顾问中心依据院系将团队按院系、专业及学年等进行工作组的划分，为学生提供专业化支持和服务。十一工作组详细划分如下：基础学年工作组、商学院本科生工作组、商学院研究生工作组、数学物理学院工作组、理学院和慧湖药学院工作组、智能工程学院工作组、设计学院工作组、人文社科学院、影视与创意科技学院 & 未来教育学院工作组、创业家学院（太仓）工作组，以及西交大访学项目工作组。



成长顾问团队

学生成长顾问作为“四大导师体系”之一，其目标在于以顾问的视角引导西浦学子体验“三个转变”的过程、以协调者的角色整合多方资源、以专家的身份提供专业的学生支持。

学生成长顾问团队为不同阶段的本科生提供针对性的支持，分为本科基础学年与学院学生成长顾问工作组。主要包括以下方面：

STUDENT DEVELOPMENT ADVICE CENTRE

By integrating eastern and western culture and coordinating global resources, XJTLU maintains a campus culture of Diversity, Regulation, Innovation, Freedom and Trust. In order to help domestic students adapt into the international culture of XJTLU and become elites with noble personality, outstanding skills and international competitiveness, Student Development Advice Centre (hereinafter referred to as SDAC) coordinates various resources and provides comprehensive advisory and guidance services for students. It aims at providing effective supports for students as well as helping students achieve personal growth and development.

In June 2022, SDAC has divided the team into groups responsible for different schools, disciplines and academic years in order to provide specialized support to students. The team is now divided into 11 groups: School of Foundation Year, International Business School Suzhou for UG, International Business School Suzhou for PG, School of Mathematics and Physics, School of Science and Academy of Pharmacy, School of Advanced Technology, Design School, School of Humanities and Social Sciences, Academy of Film and Creative Technology, and Academy of Future Education, Entrepreneur College (Taicang), Xi'an Jiaotong University Visiting Program.

STUDENT DEVELOPMENT ADVISOR TEAM

As one of the *Four-Tutor System*, student development advisors will, from the perspective of an advisor, guide students to experience the *Three Transformations process*, integrate multiple resources as coordinators and provide specialized supports as experts.

The Student Development Advisor Team provides customized support for undergraduate students at different stages of their education, divided into the Foundation Year Academy and the Senior Academy. The main areas include the following areas:

• 个体关注

关注个体学生在校综合表现，全面了解学生在校期间的生活及学习情况，支持学生并给予反馈，对面临挑战的学生进行专门支持，包括学业（缺考、挂科、留级）风险、在校融入、人际交往等。与学院共同从生活及学术方面支持学生的成长和发展。

• 社区建设

以学院、班级为单位，助力学生社区建设。通过所在学院的各类支持项目、主题班会、班级活动、工作坊等，丰富学生在校体验，并培养学生代表与学生骨干，协助学校完成入学报道、奖惩推优、毕业离校等工作。

• 资源整合

整合全校、学院层面各类学生服务与支持资源，与学术导师、校外导师、学友（大一一年级）建立联系协作体系，共同为学生成长提供支持。

• 职业发展支持

根据不同学院、专业、年级学生的特点，有针对性的为学生推介各类职业发展服务与资源，协调开展升学、就业工作坊，并为毕业年学生以及毕业 6 个月内校友提供一对一评估、访谈、资源推荐等服务。

• 平台建设

WINGPLUS 平台整合校内各部门资源，通过项目支持学生成长。基础学年针对新生适应性的问题，提供 E-journey 平台，通过结构性模块，引导学生进行适应与转变。

• 应急处理

成长顾问将根据学校应急流程的安排开展工作。

• Individual Support

Focus on the overall performance of individual students in XJTLU; gain a comprehensive understanding of student life and study while on campus; support and give feedback, as well as provide customized support to students facing challenges, including academic risks(absence, failure, and repeat) , integration on campus, and interpersonal interactions. Work with faculty to support student growth and development in terms of life and academics.

• Community Construction

Assist in building student communities through schools and classes. Through various support programs, themed class meetings, class activities, and workshops on a school basis, students enrich their school experience and train student representatives and student leaders to assist the university with the enrollment process, rewards and punishments, and graduation departures.

• Resource Integration

Integrate various student service and support resources at the university and school levels, and establish a coordination and collaboration system with Academic Advisors, External Mentors, and peer mentors (first-year students) to jointly provide support for student growth.

• Career Support

According to the features of students in different schools, programmes and year levels, we recommend a variety of career development services and resources for students, as well as coordinate workshops on further education and employment, and provide one-on-one evaluation, interview and resource recommendation services for students in their last year and alumni within 6 months of graduation.

• Programme Support

WINGPLUS is a platform which coordinates resources from different offices at XJTLU to support student development. Students could participate in various support and enhancement programmes on the platform. In the foundation year, we provide the E-journey platform for new students to adapt to the challenges they may face, and provide step-by-step guidance through structured modules to prepare students for their pre-school education.

• Emergency Management

Student development advisors respond to emergency cases according to emergency procedures of the university.



支持与提升项目 —WINGPLUS

为满足学生多样化的需求，学校整合校内各部门资源，搭建了 WINGPLUS 平台，通过不同的项目支持学生成长。平台运营团队会不断识别学生需求，挖掘校内外资源，为平台带来更多支持项目，覆盖更多学生。

学生可通过 Learning Mall 查询各项目开放时间，报名参与。

任何咨询、建议，可联系 WINGPLUS 运营团队：
WingPlus@xjtlu.edu.cn

基础学年入学教育

高中的环境、文化与大学存在巨大的差异，大一新生刚步入大学，在适应新环境上会遇到一定的挑战。基础学年入学教育正是在西浦多元、创新、自由、规则、信任的独特文化下应运而生——引导新生从入学前开始了解西浦，入学后尽快适应西浦。

从新生收到录取通知书开始，直到大一第一学期末，入学教育会在新生不同阶段通过线上、线下结合的方式，帮助其熟悉校园环境、提高自我管理能力和人际交往能力，鼓励新生充分利用学校资源。

项目主要分为四个阶段：入学前（Pre-Arrival）；入学教育周（Induction Week）；入学教育月（Induction Month）；整个学年（Academic Year）。

SUPPORT AND ENHANCEMENT PROGRAMME - WINGPLUS

To meet students' diversified demands, the university has integrated the resources of all departments in the university, and established the WINGPLUS platform, and thus supported students' development through different programmes. The platform operation team shall continuously identify students' demands, and explore resources inside and outside the university to bring more support programmes, and serve more students.

Students can check the opening hours of each project through the Learning Mall and sign up to participate.

* If you have any consultation or suggestion, please contact WINGPLUS operation team: WingPlus@xjtlu.edu.cn

FOUNDATION YEAR EXPERIENCE

High schools and universities have big differences in environment and culture. Freshmen may encounter challenges in a new environment, especially at XJTLU with a unique culture of diversification, innovation, freedom, disciplines, and trust. Under this context, foundation year experience is set up to guide freshmen to understand XJTLU before entrance and adapt to XJTLU as soon as possible after entrance.

From the receipt of admission offer until the 1st semester end, foundation year experience will help freshmen quickly get familiar with campus environment, improve their self-management and interpersonal skills, and encourage them to take full advantage of university resources through online and offline activities in different phases of their 1st semester.

Foundation Year Experience is mainly divided into four phases: Pre-Arrival, Induction Week, Induction Month, and Academic Year.

• **入学前【了解】**
新生会收到入学教育的相关材料，提前了解学校概况。

• **入学教育周【探索】**
新生需参加开学典礼、各类主题讲座、同乡交流会、迎新班会。

• **入学教育月【适应】**
新生通过开学典礼和入学教育周的各类活动，思考自己的大学生涯规划。通过分析自己的优势、劣势、机遇和挑战制定短期和长期目标。

• **整个学年【转变】**
基础学年入学教育主要围绕学生普遍存在的困境进行朋辈支持、班级建设、主动引导教育、学风建设、学院活动和大一 DA 团队内部的培训发展等 6 个方面的支持，同时，为了更好地实现基础学年的学术衔接功能，基础学年 DA 团队与太仓等各个学院开展广泛合作，通过一系列合作更好的支持大一新生完成转变。

• **Pre-Arrival【learn】**
Freshmen will receive Induction Programme relevant materials, and get to know the university in advance.

• **Induction Week【explore】**
Freshmen need to participate in the opening ceremony, all kinds of themed lectures, and fellowship exchange, and departmental orientation welcome event.

• **Induction Month【adapt】**
Through the opening ceremony and the various activities of induction week, the freshman should think about their college career planning. Set short and long term goals by analyzing your strengths, weaknesses, opportunities and challenges.

• **Academic Year【transform】**
Foundation Year Experience mainly focuses on the common difficulties of students in six aspects: peer support, class construction, active guidance education, style of study construction, activities and training and development within the DA team of the freshman year. Meanwhile, in order to better realize the academic connection function of the foundation year, the DA team of the foundation year has carried out extensive cooperation with Taicang and other departments so that through a series of cooperation to better support freshmen to complete the transition.





回归项目

2016年9月，成长顾问中心推出“回归项目”。该项目针对自我管理能力较弱的学困生，通过陪伴学生、给予积极关注，提升学生的自我效能感，养成健康的生活、学习习惯。截止2024年6月，回归项目已经成功举办14期，共为2797名学生提供支持。

2023-2024学年，回归项目重新升级，依托苏州传统文化优势，挖掘新形势下学生特点，汲取海内外优秀理论及经验，为学生提供以城市文化之旅为主题的团体性支持。

BOUNCE BACK PROGRAMME

Student Development Advice Centre launched the Bounce Back Programme in September 2016, which was designed for students with relatively weak self-management ability. It aims to improve student self-efficacy, and help them develop good living and learning habits by accompanying them and giving positive regard. In the academic year 2023-2024, the Self-management Program has been decentralized to the individual schools, with each one implementing the program with its own unique features. As of June 2024, the program has successfully conducted 14 sessions and provided support to a total of 2797 students.

In the 2023-2024 academic year, the return project will be upgraded again, relying on the advantages of Suzhou's traditional culture, exploring the characteristics of students under the new situation, learning from excellent theories and experiences at home and abroad, and providing students with group support with the theme of urban cultural tour.

项目目标

- 与他人形成更好的人际互动；
- 走出舒适圈，不断挑战自我；
- 更便捷地获取校内资源；
- 养成良好的学习和生活习惯。

PROGRAMME OBJECTIVES

- To establish better interpersonal interaction with others;
- To step out of comfort zone and challenge oneself;
- To get the campus resources in an easy way;
- To develop good living and learning habits.

团体咨询

团体咨询是学生心理咨询中心面向全体学生的重要业务之一。与个别心理咨询不同，团体咨询一种在团体情境下进行的心理辅导形式。每个团体由 1-2 位专业的心理咨询师带领，招募 8-12 位对该主题感兴趣的成员，在每周固定的时间见面，通过 3-8 次团体活动带领成员们一起探索内心世界，接纳自我、理解他人，提升人际交流能力与技巧。

学生心理咨询中心一直致力于为学生们提供高质量、主题丰富的心理团体活动。目前，我们已经成熟开展的主题团体有：自我探索，恋爱与亲密关系，你好拖延症，艺术治疗，梦的分析，情绪调节，压力适应，正念冥想，“心智化”提升，积极心理学，沙盘游戏，人际关系成长团体等等，也有专门为本科新生提供的新生适应心理团体。心理团体会通过学校群邮的形式招募学生，如果你对心理团体感兴趣，记得入校后持续关注邮箱。

在一起，就是疗愈。期待与大家在团体中的相遇。

关于团体咨询，详情可咨询：
CounsellingService@xjtlu.edu.cn

GROUP COUNSELLING

Group counselling is one of the important services provided by the Student Counselling Center for all students. Unlike individual counselling, group counselling is a form of psychological support conducted in a group setting. Each group is led by 1-2 professional counselors and recruits 8-12 members interested in the topic. The group meets at a fixed time each week for 3-8 sessions to explore their inner world together, practice self-acceptance, understand others, and enhance interpersonal communication skills.

The Student Counselling Centre is committed to offering students high-quality, diverse themed psychological group theme. Currently, some available themed groups include Self-Exploration, Love and Intimacy, Overcoming Procrastination, Art Therapy, Dream Analysis, Emotional Regulation, Stress Management, Mindfulness Meditation, Personal Growth, Positive Psychology, Sandplay Therapy, Interpersonal Relationship Growth, and a special group for undergraduate freshmen to help them adjust. The counselling groups recruit students through email, so if you're interested, make sure to check your inbox. Psychology Group, Expressive Arts Psychological Development Group - Communication beyond Words etc.

Healing happens when we come together. Looking forward to meeting everyone in the group sessions.

For detailed information, please contact
CounsellingService@xjtlu.edu.cn

家庭咨询

家庭咨询，是一种能够扩大家庭成员之间相互理解实现改变可能性的选择。其以整个家庭作为单位来规划和进行咨询，通常邀请家庭内的全部成员（一般是父母亲和孩子）通过面对面或线上的方式共同参加咨询，每次咨询时间一般为 80--90 分钟，咨询周期通常 3-5 次或更多。

- 服务目标
- 更好地培养心理界限意识、良性的互动模式
 - 增强家庭成员的沟通
 - 提高解决问题的能力
 - 提高共情他人和情绪管理的能力

该服务由西交利物浦大学学生心理咨询中心面向本校学生开放（限中文）。

详情可咨询邮箱 CounsellingService@xjtlu.edu.cn 或电话 0512-88161815。

FAMILY COUNSELLING

Family Counselling is an option to extend mutual understanding among family members and realize the possibility of change. It shall be planned and implemented with a whole family as a unit, and typically, we will invite family members (generally, parents and children) to participate in the counselling together. Generally, the time for each counselling session is 80--90 minutes, and it shall be carried out for 3-5 times or more.

- PROGRAMME OBJECTIVES
- Better development of awareness of psychological boundaries, as well as benign interaction modes;
 - Enhancement of communication among family members;
 - Improvement of problem-solving ability;
 - Improvement of the ability of empathizing others and emotion management.

This service is provided by the Student Counselling Centre of Xi'an Jiaotong-Liverpool University and is open to all registered students (Chinese language only).

For detailed information, please contact
CounsellingService@xjtlu.edu.cn or call 0512-88161815.

学生互助

学友计划

学友计划始于 2009 年 8 月，是西浦四大育人体系之一。学友计划以朋辈互助的形式，为低年级国内、海外学生提供引导，帮助其切实有效地解决生活学习上的困难，适应熟悉大学生活，实现自我发展。同时提高学生的交流能力与职责意识，增进学生之间的互助关系，完善西浦的育人模式。

学友计划目前包含四大体系：生源地学友、行政班学友、海外生学友和校友学友。

生源地学友：准大一学生入学前，生源地学友作为当地的学长、学姐，在官方生源地 QQ 群解答新生们在入校前的各种疑问；

行政班学友：大一新生入学后，行政班学友将会带领新生们熟悉校园，适应西浦，解答新生们入校后的各种问题；

海外生学友：海外生学友帮助中外学生加强文化交流，适应西浦环境；

校友学友：校友学友是指已经毕业的学友，毕业后积极向西浦在校学生分享自己的经验，帮助在校生长成。

STUDENT MUTUAL SUPPORT

BUDDY PROGRAMME

Starting from August 2009, the Buddy Programme is one of four educational systems in XJTLU. Through communication with upperclassmen, the Buddy Programme provides guidance for domestic and foreign students in the freshman year, and helps them to effectively solve difficulties in life and study, adapt to university life, and realize self-development. At the same time, it will improve students' communication ability and sense of responsibility, enhance mutual assistance between students, and improve XJTLU's education model.

At present, the Buddy Programme includes four systems: Local Buddy, Class Buddy, Overseas Buddy, and Alumni Buddy.

Local Buddy: before freshmen arrive at the university, as their local upperclassmen, the local buddies will answer their questions in the official Local Buddy QQ Group;

Class Buddy: after freshmen arrive at the university, the class buddies will lead them to get familiar with the campus, adapt to XJTLU, and answer all kinds of questions;

Overseas Buddy: the overseas buddies provide mutual benefits for local and international students to enhance cultural understanding and adapt to XJTLU;

Alumni Buddy: the alumni buddies refer to buddies who have graduated, but actively share their experience to students in XJTLU, and help with their development.

学友活动

游园会

迎新周期间，Class Buddy（高年级同学）带领新生们以小队的形式游览西浦校园。游览时 Class Buddy 会向新生们介绍校园标志性的建筑。过程中，学友执委会在校内设有多个打卡点。每个小队集齐所有打卡点印章后，可去终点领取丰厚的奖品。

BUDDY PROGRAMME ACTIVITIES

Campus Tour

During the Induction Week, the class buddies will take freshmen to walk around the campus in different teams and introduce symbolic buildings. In the campus tour, BPEC will set up check-in locations. Freshmen can get a big reward after they complete all check-in tasks.



海外生迎新派对

国际化的环境是西浦的特色，海外生是西浦学生群体的重要组成部分。每年上学期开学初，学友执委会举办一场海外生迎新派对，旨在给海内外学生提供一个交流平台，令其了解不同国度的文化。海外生在此不仅能感受到学友“泛爱众”的文化，也能结识大陆同学，更好更快地融入西浦生活。



OVERSEAS WELCOME PARTY

International environmental is one of the major features of XJTLU, and overseas students are also a significant part of XJTLU students. To offer them an exchange platform and help them understand different cultures, BPEC will organize a welcome party for overseas students at the beginning of the first semester of freshman year when they are able to feel the overflow in love to all culture, and get acquaintances with mainland Chinese students and adapt to XJTLU life in a better way.



BUDDY DAY

学友计划鼓励大巴和小巴的双向奔赴，我们可以一同欣赏西浦的秋日景色，一同期待苏州的第一场初雪，一同写下给对方的第一笔祝愿…有大巴和小巴在的日子就是 Buddy Day!



BUDDY DAY

Buddy Programme encourages big buddy and little buddy to make two-way efforts. We can enjoy the autumn scenery of XJTLU together, look forward to the first snow in Suzhou, and write down the first wishes to each other...the days when there are big buddy and little buddy are Buddy Day!



感恩节活动

每年感恩节时学友计划都策划一场大型活动，鼓励同学们勇敢表达感激，付出行动表示对家人、老师、朋友以及学友的感恩之情。



THANKS GIVING

Every year during Thanksgiving, Buddy Programme plans a large-scale event to encourage students to bravely express their gratitude and take actions to show their appreciation for their families, teachers, friends, and Buddies.

学友解压杂货铺

每当临近期末，学友计划将会在学校摆放学友解压杂货铺。解压玩偶，free hug，互送寄语…为同学们缓解考前压力，助力考试。



RELIEF GROCERY STORE

Whenever the end of the term is approaching, the buddy Programme will set up a buddy Unzip grocery store around campus. Decompression dolls, free hug, send messages to each other... relieve the pressure of students before the exam, and help them feel prepared to the exam.



学友故事

「大巴」、「小巴」这两个独特、有趣的称呼源自西浦的学友计划（Buddy Programme）。作为四大导师体系之一的学友计划，以朋辈互助的形式，让优秀的学长学姐带领萌新熟悉校园、适应学术生活、帮助萌新们过渡成为独立优秀的西浦人。萌新们亲切地被称为「小巴（小 buddy）」，而优秀的学长学姐是「大巴（大 buddy）」。大巴与小巴的联结是缘分，更是共同的幸运。今天，就让我们一起看看这些“双向奔赴”的故事吧！

王珑璋 大巴 22 级 机器人工程

我想成为大巴最快乐的事情应该是我认识了一群可爱的精灵吧。活泼开朗的为人处世，严谨的学术态度，优异的成绩，我不知道到底什么是他们不具备的。谈及收获，其实我要感谢他们，是他们让我懂得什么是真正的责任，成长的路上总有很重的担子需要我们来承担，大巴亦是如此，成为大巴，遇见小巴，这无疑是 23 年最开心的事情。谈及感悟，从最开始的担心能不能带好小巴到最后的像一个老年人一样絮叨，遇到一些政策就想分享给他们，我想他们是我的救赎，他们让一个第一次成为大巴的人打消了忐忑的心理，他们让我们成为了真正的朋友。

游园日的场景仍旧历历在目，我们相识也快一年了，一年中我们彼此了解彼此熟悉，也愿往后我们依旧如挚友一般风雨同舟，祝我们所有人未来可期，前途无量。

BUDDY STORIES

The two unique and interesting names "Big Buddy" and "Little Buddy" originated from the Buddy Programme of XJTLU. As one of the four major tutor systems, the Buddy Programme, in the form of peer assistance, allows outstanding seniors to guide freshmen to familiarize themselves with the campus, adapt to academic life, and help their transition into independence in XJTLU. The new students are affectionately known as "Little Buddy", while the outstanding "Big Buddy". The connection between the big buddy and the little buddy is the fate, but also the luck. Today, let's take a look at these "two-way" stories!

LONGZHANG WANG (BIG BUDDY, 2022 ADMISSION, INTELLIGENT ROBOTICS ENGINEERING WITH CONTEMPORARY ENTREPRENEURIALISM)

Encountering a group of charming spirits, my little buddies, has been an unparalleled joy. Their vibrant optimism, diligent academic pursuits, and outstanding achievements have me wondering if there's anything at all they lack. As I reflect on the benefits I've gained, I must express my profound gratitude to them. They have imparted to me the profound truth of responsibility, teaching me that the journey of growth always entails burdens we must bear, especially for those in leadership roles like a Big Buddy.

Undoubtedly, becoming a Big Buddy and meeting with my Little Buddies stands as the highlight of 2023. From initial doubts about whether I could adequately guide them, I've now eagerly shared policy updates, almost like a qualified mentor. They have been my salvation, dispelling the nervousness of a first-time Big Buddy and fostering a genuine friendship between us.

The scenes of the Campus Tour remain vivid in my memory. As we've come to know each other over the past year, we've developed a profound understanding and familiarity. I sincerely hope that in the future, we will continue to navigate through storms and challenges together, as steadfast friends. I wish us all a bright future filled with limitless possibilities.



郑好 小巴 23 级 生物统计

“大巴是什么？”

入学前从来没想到对大学的第一个疑问会是关于“大巴”的。一开始听说入学之后会有一个大巴，更多的也是新奇，从来没想过这会是那么奇妙的一段缘分。而在真正见到我的大巴（王许佳学姐）之后，第一反应就是：“哇，好幸运，我的大巴是好好看的一个学姐！！”。后来被学姐带着游园，第一次认识学校的各个建筑，也觉得有一个大巴是一件超极幸运的事。没想到对大学的第一个“疑问”帮助我解决了我很多很多对大学的疑问。大巴在我进入西浦的初期，帮助我快速的熟悉了校园，摆脱了懵懂的状态，也对西浦有了更多的归属感。

Hao Zheng (Little Buddy, 2023 Admission, Biostatistics)

"What is a Big Buddy?"

I never anticipated that my inaugural inquiry into university life would revolve around the concept of "Big Buddy." Initially, upon learning that incoming freshmen would be paired with a Big Buddy upon enrollment, my curiosity outweighed any other sentiment, never suspecting that it would foster such a profound bond. However, upon encountering my Big Buddy, Xujia Wang, my initial thought was, "How fortunate I am! My Big Buddy is such a beautiful and compassionate sister!" Subsequently, under her guidance, I was introduced to the various buildings on campus, further validating that having a Big Buddy was indeed a stroke of luck. I never imagined that this initial "query" about university life would assist me in resolving numerous other inquiries and doubts. My Buddy played a crucial role in aiding me to acquaint myself with the campus swiftly, navigate through the initial maze, and foster a deeper sense of belonging towards Xi'an Jiaotong-Liverpool University.

钱春霏 学友执委会主席 23 级 生物科学

“ 遥远的路上为彼此是焰火 ”

也许是看到自己参与策划的方案落地之后，也许是从收到面试通过的邮件开始，也许早在被大巴带着参加游园会的时候，学友计划注定会在我的西浦记忆中留下浓墨重彩的一笔。第一次合作写策划案写了六七个小时，但朋友的一句反馈“游戏很好玩”切实体会到了满足感与充实感。在人人好似更强调为自己的时代，也曾经怀疑过学友计划的初衷能否被真正实现，可总有人选择不计回报地付出，“我是你的大 / 小巴，所以乐意做你的听众与伙伴”于是，更坚定与伙伴们组织好每一场学友活动的决心，希望能够让 Buddy 们都收获一段真挚的友谊！

Chunfei Qian (Chairman, 2023 Admission, Bioscience)

"We are the fireworks for each other on the distant journey."

Maybe it stemmed from witnessing the plans I contributed to come to life, or the email announcing my successful interview, or even before that. During my initial campus tour, the Buddy Programme was destined to etch an unforgettable imprint on my memory of Xi'an Jiaotong-Liverpool University. The first time I collaborated on an activity planning, it entailed six or seven hours of hard work, but a simple remark from a friend, "The game was truly enjoyable," filled me with a profound sense of satisfaction and accomplishment.

In this era where self-interest often prevails, I once questioned whether the true spirit of the Buddy Programme could truly materialize. Yet, there are those who choose to give without reservation, saying, "As your Buddy, I am happy to be your listener and companion." This motivates me even more to organize every event with my partners, with the aspiration of fostering sincere friendships among all Buddies.

吴则霖 对内副主席 23 级 计算机科学与技术

“因热爱而相遇，因 Buddy 而同行。”

我和学友计划的初识是在一次游园会，那时我作为志愿者，与学长学姐们一起为新生提供服务。此后，我又参与了感恩节、期末解压等各种活动。在这里，我不仅收获了珍贵的经历，更被学友执委会所秉承的“泛爱众”家文化深深打动。我将竭尽所能，将这份爱与温暖继续传递下去。

Zelin Wu (Internal Vice President, 2023 Admission, Computing Science and Technology)

"We converge, driven by our shared passions, and journey forth as fellow Buddies."

My initial encounter with the Buddy Programme occurred during the campus tour, where I volunteered alongside senior students, offering assistance to the incoming freshmen. Since then, I have been an active participant in diverse events, including Thanksgiving Day celebrations and end-of-term stress-relieving activities. These experiences have not only enriched me with invaluable knowledge but have also profoundly touched me by the embodiment of "universal love" and the "family culture" that the Buddy Programme upholds. I am committed to carrying forward this love and warmth, striving to impart it to others.

联系我们
CONTACT US

学友计划官方邮箱：
Buddy@xjtlu.edu.cn

Buddy Programme Official email:
Buddy@xjtlu.edu.cn



黄诗棋 学友执委会对外副主席 23 级 药学

“我们在这里见证故事的开始，见证百花齐放”

偶然间翻到一年前面试成为学友一份子时的自我介绍，回想当时，在那个陌生的环境中我却已经觉得这个集体温暖且可依靠。如今站在同一盏灯光下，我完成了身份的转变，这一年是增加经验收获快乐的一年，我们会为了同一个目标顶住压力，也会在完成后开怀大笑，我常常庆幸我们的相遇并被这之间所流淌的真诚感动。在学友，我们守护、成长再传承，用责任与陪伴将新生活的迷雾拨开，学友与新生是彼此送给对方的礼物，我们用爱浇灌，祝愿并见证未来，百花齐放。

Shiqi Huang (External Vice President, 2023 Admission, Pharmacy)

"Here, we witness the beginning of stories and the blooming of diverse flowers."

As I reflect upon my self-introduction a year ago during my interview to join Buddy Programme, I remember that fleeting instant in that unfamiliar setting where I felt an instant sense of warmth and belonging within this collective. Now, standing beneath the same light, I have undergone a remarkable transformation in my role. This year has been a tapestry of enriching experiences and boundless joy. We have persevered under pressure, united by a common goal, and rejoiced heartily upon its achievement.

I often find myself counting my blessings for our chance encounter, moved by the genuineness that flows freely between us. At Buddy programme, we cherish, cultivate, and pass on the torch of leadership, using our sense of responsibility and camaraderie to dispel the fog of novelty. Buddies and freshmen alike are gifts that we offer each other. We nurture with love, impart blessings, and eagerly anticipate the future, where a profusion of diverse flowers blossoms.



伴学社

伴学社，英文全称为“Peer Tutoring Club”，为西交利物浦大学功能性组织社团。伴学社始终秉持着伴学精神，聚集起一批优秀的学生，发挥同年级、同专业学生之间互相督促，互相学习的特点，努力、严谨、认真的专注于为西浦学生创造更好的学术环境，提高学生的学术水平，实现同辈学生之间的共同进步。伴学社不定期开展大一期末讲座、Learning Partner 项目、学习资料发放和学术小组等活动，为学生提供学术支持。伴学社拥有自己的学术支持部门，为新生提供更专业和优秀的学术支持资源。



PEER TUTORING CLUB

PTC, the full English name of "Peer Tutoring Club", is the Functional organization of Xi'an Jiaotong-Liverpool University. PTC adheres to the spirit of companionship, gathered a group of outstanding students, plays the characteristics of mutual supervision and learning among students of the same grade and the same major, and works hard, rigorously and seriously, focuses on creating better academic environment for XJTLU and realizes common progress among students of the same generation. PTC organizes activities such as lectures at the end of the freshman term, distribution of learning materials, Learning Partner Programme and academic activities of Learning Group from time to time to provide students with academic support. PTC has its own academic support department to provide more professional and excellent academic support resources for freshmen.

联系我们	Contact us
官方邮箱：PTC2@xjtlu.edu.cn	Official email: PTC2@xjtlu.edu.cn
公众号：xjtluptc	WeChat Official Account: xjtluptc

人武工作

学生成长顾问中心人武工作主要包括本科生军事技能训练和军事理论课教学工作、全校师生的国防教育工作、预备役登记和征兵工作、拥军优属工作、政审等。

详情请咨询 military@xjtlu.edu.cn。

军训

西交利物浦大学全面贯彻党的教育方针，积极推进素质教育的客观要求，通过军训为国防和军队建设培养高素质后备兵员。军训包括军事理论学习和军事技能训练两部分，一般于每年的12月中下旬举行。具体工作包括军训前期准备、承训部队沟通、校内工作协调、理论课程安排、学生管理、评选考核等。



The People's Armed Forces Work

The People's Armed Forces work under the Student Development Advice Center, mainly includes undergraduate military skills training and military theory courses teaching, national defense education for the entire university's staff and students, reserve service registration and recruitment, military support, and political review.

For details, please contact military@xjtlu.edu.cn

MILITARY TRAINING

Xi'an Jiaotong-Liverpool University thoroughly executes the Party's education principles, actively the objective requirement of quality education and train a group of high-quality reserve soldiers for the national defense and army development through military training. The military training includes the theory learning and military skill practice part. Normally, it will be held in the late December each year. Its detailed works includes pre-training preparations, communication with the trainer troop, in-campus communication, theory learning session arrangement, student management, assessment, etc.

征兵

西交利物浦大学人民武装部制定了《西交利物浦大学征兵工作实施细则》等相关规章制度，在校内大力宣传大学生参军入伍政策和法规，全心全意为有应征入伍意向的学生做好服务工作。学校每年开展两次征兵工作。年满17-22岁（毕业生放宽到24岁）、身体条件符合征兵标准的在校生，可根据人民武装部每年发布的校内通知提交入伍申请，人民武装部审核后将通知学生参加体检、进行政审、办理休学、实地应征等一系列手续。

MILITARY SERVICE RECRUITMENT

The People's Armed Force Department of Xi'an Jiaotong-Liverpool University has set up relevant rules of Xi'an Jiaotong-Liverpool University Implementation of Military Service Recruitment. At XJTLU campus, the undergraduate recruitment for military service rules are extensively publicized and full efforts are given to the service work for students with recruitment intentions. There will be two recruitment sessions each year. Students aged 17-22 years old (24 years old for graduates) with satisfied physical qualifications are able to submit recruitment application according to the university notice from the Armed Force Department each year. After a review by the Armed Force Department, students will be notified to attend the physical examination, political review, suspension application, filed application, etc.



全国征兵网
National Military Service Recruitment Website

成长顾问发展提升

学生成长顾问队伍的职业化建设是发挥成长顾问角色作用和意义的关键。为了帮助学生成长顾问更快更好地胜任自己的工作，最大化发挥自身的优势，为学生提供及时、高效的支持，成长顾问中心根据岗位职责的需要制定了系统和完善的培训与发展体系，从团队建设方面，打造积极的团队文化氛围，保持成长顾问的工作热情，形成持续学习的工作习惯；从个体能力方面，从胜任力素质的五个模块：知识、技能、自我概念、特质、动机，多层次多角度系统地提升每一个成长顾问对工作的胜任能力。

培训体系

学生成长顾问中心提供以下三种支持：

- 新人成长顾问成长计划，主要包括新人 Mentor 机制、新人入职培训、新人进阶任务
 - 新人 Mentor 机制主要是设置优秀成长顾问与新成长顾问一对一结对，为新人提供针对性的支持和关注，帮助新人尽快适应工作氛围。
 - 新人入职培训主要向新成长顾问介绍包括学校文化、学校愿景、育人理念等；成长顾问中心团队功能及成员介绍、成长顾问的工作规范等；办公系统使用说明等内容，帮助成长顾问尽快了解西浦架构、融入西浦文化、熟悉成长顾问的工作内容。
 - 新人进阶任务包括熟悉学生手册、学习学生工作经典案例、熟练人事财务系统的使用等，通过任务和考核的方式保证新人能在短期内达到开展工作的基本要求。
- 成长顾问胜任能力培训，是结合成长顾问的日常工作，通过建立成长顾问能力素质模型，从知识、能力、特质、自我概念、动机等五个方面帮助成员提升工作胜任力，增强成长顾问的专业性和职业化，使整个团队更顺利高效地开展各项工作。主要开展形式有工作坊、讲座、团体辅导等。
- 同行交流，通过与其他高校的学生工作同行交流，帮助成长顾问拓宽工作思路、提高工作实战技能、促进工作反思，更好地提升专业技能，提供优质的服务与引导。

ENHANCEMENT AND PROMOTION OF STUDENT DEVELOPMENT ADVISORS

The professionalism construction is the key to bring the effect and significance of student development advisors into play. To help every development advisor to be more competent at their jobs, give full play to their advantages, and provide timely and highly-effective professional support to students, the Student Development Advice Centre has established and improved the training and development system in accordance with the position requires. In the aspect of team construction, they create positive team culture, maintain work enthusiasm as development advisors, and develop the work habit of continuous learning; and in the aspect of personal abilities, they systematically improve every development advisor's competence of multi-levels and perspectives from the five modules including “knowledge, skill, self-concept, individual trait, and motivation”.

TRAINING SYSTEM

The Student Development Advice Center provides the following support:

- New development advisor enhancement plan: mainly includes the new staff-mentor system, induction training and new staff progression tasks.
 - The new staff-mentor system refers to one-to-one pair of excellent development advisors and new ones. It aims to provide corresponding support and help the new advisors be familiar with the working environment as soon as possible.
 - The induction training refers to introduction of the university culture, vision and ideology, the functions, components and rules of the Student Development Advice Center, and office system instruction to the new advisors. It aims to help new staff to understand XJTLU framework, adapt to XJTLU culture and development advisor responsibility as soon as possible.
 - The new staff progression tasks includes a good understanding of student handbook, classic life cases, and of HR and finance system application. It ensures that the new staff are able to reach the basic work requirement within a short period through tasks completion and assessment.
- The development advisor qualification training combines the daily work, improves their qualifications based on a competence quality model and from five modules of knowledge, skill, self-concept, individual trait, and motivation, and strengthens their profession for a higher efficiency of the whole team work. The training will be held in the form of workshop, lectures, group counselling, etc.
- Counterpart communication enables the development advisors to exchange ideas with fellows from other universities. It helps to expand their work ideas, improve practical skills, promote reflections, and then upgrade professions for better service and guide.

督导体系

成长顾问中心提供的督导形式为：

- 成长小组督导。主要针对新入职成长顾问，通过邀请一位专家督导师与三到四位新成员形成小组，采用半结构式的方式，鼓励成员自我表达，在专家督导师的指导和成员间的人际互动中帮助新成员发现自我，探索自我，尽快地转换自身角色，适应新环境、新工作。
- 专业案例督导。针对全体 DA，以学院分组，在学院内部开展案例督导和学习。邀请具有丰富学生工作经验的督导师与学生成长顾问共同参与，针对学院内部的疑难和经典学生案例进行分析和讨论，使成长顾问学习到督导师和同辈的经验，推动成长顾问工作方法的内省和完善，总结具有学院特色的学生工作开展方法，加深成长顾问对学生的理解，提升成长顾问的问题应对和解决能力。

征途计划

征途计划旨在搭建 SDAC 内部成长与发展的事业平台与上升通道，完善人才梯队建设，同时帮助有潜力、肯担当的奋斗者们脱颖而出。中心针对不同梯队提供相应的培养发展方案，打造人才供应链，打通成长路径。

SUPERVISING SYSTEM

The Student Development Advice Center provides the following supervisions:

- Group Supervision:** it is mainly held for the new development advisors. One expert supervisor and three-four new members form a group in a half-structure form. In the group, all members are encouraged to express their ideas. It aims to help new members to discover and explore themselves, realize role transfer and adapt to this new environment and work through interpersonal interaction with the expert supervisor and other members.
- Case Supervision:** To all DAs, case supervision and study are carried out within the academy in groups of schools. Supervisors and DAs with rich student work experience are invited to participate in the analysis and discussion of difficult and typical student cases within the school, so that DAs can learn from the experience of supervisors and peers, and also for the purposes of promoting the introspection of DAs' working approaches, summarizing the methods of student work development with the characteristics of different schools, deepening DAs' understanding of students, and improving DAs' ability to solve problems.

ZHENG TU PROJECT

The Zhengtu Project aims to build a career platform and a pathway for growth and development within SDAC, improve the talent ladder and help those who have the potential and are willing to take on the responsibility to stand out. In the process of building a talent supply chain, the training and development provides corresponding training and development system programmes for different echelons to open up growth paths.

中心团队建设

作为一支迅速发展壮大的队伍，建立良好的团队文化，保持积极的团队氛围至关重要。中心通过读书会、院系交流会、知识竞赛、素质拓展等形式，促进成长顾问形成持续学习的习惯，增进团队内部有效的交流互动。

TEAM BUILDING

It is essential for a rapidly growing team to build up favorable team culture and maintain enthusiastic atmosphere. The Student Development Advice Center has promoted the advisors continuous leaning habit and strengthened inner efficient communication flow through reading clubs, inter-school sharing session, knowledge competitions, and quality activities, etc.



专业团队

基础学年成长顾问

基础学年学院设有工商管理类、外国语言文学类、建筑类、金融学类、政治学类、土木类、数学类、化学类、生物科学类、电子信息类 10 个专业大类。成长顾问联合学术导师、校外导师和学友共同支持大一新生在入学前和入学后积极主动在西浦校园内探索与互动，也为新生的转变与适应提供多方位的指导。我们希望新生经过一年的成长，能调整身体和心理状态，整合学习方法，适应大学生活，提高个体责任感。目前基础学年成长顾问团队共 21 人。

杨骅琳 **武汉大学 - 社会工作硕士**
8 年高校学生工作经验，国家二级心理咨询师。热爱生活。

于天娇 **会计学硕士**
12 级西浦校友。是咖啡爱好者、业余心理咨询师和一只柴柴的主人。

王亚男 **应用心理学硕士**
多年高等教育工作经验。喜美食，乐瑜伽，爱生活。

戴晗璐 **华东师范大学 - 工商管理学硕士**
多年高等教育工作经验。擅长韩语，爱好各类水上运动。

陈霁 **南京师范大学 - 管理学学士
利兹大学 - 理学硕士**
4 年 500 强国企和外企工作经验。云养狗爱好者，惜命但熬夜十级。

朱彦霖 **金融与会计硕士**
国际注册会计师。2 年海外生活学习经历，游历近 20 个国家。我喜欢健康的生活。

龚晓虹 **金融数学专业硕士**
西浦首届学生。7 年国有银行工作经验。

计晨 **中国农业大学 - 化学学士
美国密苏里州立大学 - 工商管理硕士**
6 年留学咨询申请经验，2 年海外学习工作经验，丰富的带娃经验，价值投资者。

汪文 **国际化教育学硕士**
西浦校友，爱猫人士。

周九月 **比较教育学硕士**
多年高等教育以及教育公益基金项目工作经验。爱音乐，爱推理，Brainy is the new sexy.

陈慧 **心理学学士**
国家二级心理咨询师，三年心理咨询从业经验，6 年高等教育工作经验。

周慧敏 **传媒硕士**
6 年多海外生活经历，1 年海外助教经验。爱吃、爱玩、爱追星的天蝎座。

马逸群 **香港理工大学 - 硕士**
四年教育行业工作经验。羽毛球狼人杀爱好者。

梁嘉倪 **伦敦大学学院 - 教育学硕士**
西浦校友，游泳爱好者，高达初级玩家，永远在减肥，永远相信霍格沃茨真实存在。

金鑫 **英语专业学士**
专业英语八级，12 年跨地产、机械制造、教务行业工作经验，喜欢攀岩、剧本杀、密室、心理学，崇尚认真工作，热爱生活。

朱伶俐 **教育学硕士**
多年高等教育工作经验。被养娃耽误的爱猫人士。

朱滢嘉 **法学硕士**
2 年海外留学经历，2 年法律行业工作经验。爱狗人士。

廖星宇 **英语教育硕士**
西浦校友，多年海外留学工作经验，3 年 K12 英语教育经验。教书育人，关爱学生。是从多种角度思考问题的特殊人才。

闫婧雯 **格拉斯哥大学 - 教育学硕士**
西浦 17 级校友，晋江文学城签约作者，重度吸猫爱好者，中国古代史专精人士。

王文卓 **西交利物浦大学 - TESOL 硕士**
资深西浦校友，两年人力资源管理相关工作经验，永远热爱音乐，偶尔喜欢冒险。

沈奕矜 **伦敦大学学院 - 心理学（教育学）
伦敦国王学院 - 组织精神病学与心理学**
多年英国学习生活经验，心理咨询项目实践者，爱好音乐，天蝎座。

院系成长顾问

院系成长顾问以学院为单位，结合本院学生特点，与各学院及校内其他职能部门开展深入合作，从班级建设、学生成长、升学就业以及学术支持等各个方面针对性地为高年级本科生及研究生提供帮助。他们中的大多数有海外留学背景或多年丰富的工作经验，以积极的工作态度、饱满的工作热情、专业的工作能力为在校学生提供支持。

数学物理学院：

数学物理学院设有应用数学，金融数学，精算学，应用统计学四个本科专业。精算学，金融数学，数据科学，应用数学四个硕士专业以及数学科学博士专业。目前学生成长顾问中心数学物理学院团队共有 12 人，承担该院本科生及硕士生的日常支持工作。

许甜甜 **苏州大学 - 公共管理硕士**
4 年人力资源工作经验，5 年高等教育学生工作经验。

徐韵 **文学学士**
5 年公务团出访接待经验，2 年海外工作经历，4 年教育行业工作经验。

赵晨怡 **经济学硕士**
西浦校友，3 年银行从业经验，5 年高等教育工作经验。

杨代霜 **华威商学院 - 商务运营管理硕士**
西浦校友。两年海外学习生活经历，热爱旅行、摄影以及有趣的一切。

张晨璐 **教育学硕士**
3 年日本留学经历。热爱手工、运动。

刘斯晴 **管理学硕士**

西浦校友，播客 iLogue 主播。喜欢艺术与媒体的 ESFP。6 年高校工作经验。

韩玉兰 **伦敦大学学院 – 英语语言学硕士**

7 年高校工作经验。

闵文 **广告学学士**

12 年高等教育行业工作经验。

杨静怡 **企业分析管理硕士**

西浦校友。多年银行以及高等教育工作经验。

汤寅 **西交利物浦大学 – 国际商务与外语学士**

西浦校友。曾在统计局工作。爱好羽毛球、播客。

王玉璇 **华威大学教育学硕士**

西浦校友，两年教育行业工作经验。

王艾旖旎 **伦敦大学学院 – 教育学硕士**

西浦校友，2 年国内外教育行业工作经验。热爱旅行和 hiphop 的 ESTJ（不是卷王）。

国际商学院本科：

西浦国际商学院 - 本科 (IBSS-UG) 设有会计、战略与组织管理、智能运营管理与市场、经济、金融等 8 个系。目前学生成长顾问中心国际商学院团队共 16 人，承担该院本科生的日常支持工作。

陈语嫣 **光学工程硕士**

多年高等教育工作经验。

陈梅芬 **英语专业学士**

十余年高等教育工作经验，爱好插花，美食。

戴安丽 **上海外国语大学 – 法语语言文学硕士**

2 年国家公派海外学习经历，英语专业八级，法语专业八级。音乐发烧友，热爱各国文化艺术，喜欢带着好奇心探索世界。

韩玉婕 **西交利物浦大学 – 管理学硕士**

两年管理学及英语教学经验，两年高等教育工作经验。热爱电影的双鱼座。

胡鑫 **国际商务与全球事务硕士**

西浦校友。一个对南方情有独钟的北方人，十分喜欢小动物。

胡媛媛 **心理学硕士**

国家二级心理咨询师，多年高等教育工作经验。

胡珍奇 **英语专业学士**

多年教育行业工作经验。爱好听歌、摄影以及探索新鲜事物。

黄竹平 **法律学学士**

10 年国内公务员工作经验，10 余年海外生活经历。健康生活方式支持者，西餐、日餐烹饪爱好者。

孟钰翔 **土木工程管理硕士**

5 年教育工作经验及多年海外生活经验；羽毛球，爬山，热带绿植爱好者。

穆松雪 **英语语言文学学士**

拥有项目管理 PMP 证书、心理咨询师三级证书，多年高等教育工作经验。

潘伟巍 **对外英语教育硕士**

曾任职于某知名教育集团。

齐珊珊 **苏州大学 – 心理学硕士**

国家二级心理咨询师，多年高等教育工作经验。

沈依婷 **市场营销学士**

3 年海外经验，曾从事金融及教育行业。热爱烹饪，猫狗双全。

魏喜蕾 **心理学硕士**

国家二级心理咨询师，多年高等教育工作经验。

夏子昱 **法国音乐学硕士**

多年旅欧留学工作经验。

朱颖 **山东大学本硕**

5 年海外工作、生活经历，3 年高等教育工作经验。

国际商学院硕士：

西浦国际商学院硕士 (IBSS-PG) 设有 13 个系。目前学生成长顾问中心国际商学院团队共 7 人，承担该院硕士生的日常支持工作。

刘为国 **经济学学士**

十年人力资源管理经验，五年高等教育工作经验。忽胖忽瘦的气球体质。

李凌云 **美国佐治亚大学会计学硕士**

美国注册会计师与注册管理会计师，多年世界 500 强财务工作经验，爱好观星，拼图，CityWalk(盖章旅游与博物馆打卡)

张欣妍 **教育学硕士**

4 年教育、卫视编导工作经验，爱好小提琴、旅行，推理本爱好者。

郭宜灵 **西交利物浦大学 – 项目管理硕士**

西浦本硕校友，前西浦篮球队队员，烹饪业余爱好者。

邵雪林 **美国阿肯色理工大学 -TESOL 高等教育管理硕士**

5 年高校工作经验，英语书法爱好者。

鲁圣迪 **苏州大学 – 应用心理学硕士**

5 年高等教育工作经验，教育信息化工作背景。

高士博 **悉尼大学 – 农业与环境硕士**

多年高校工作经验，美甲爱好者。

设计学院：

设计学院下设有建筑设计、土木工程、工业设计、城市规划与设计四个系。目前学生成长顾问中心设计学院团队共7人,承担该院本科生及硕士生的日常支持工作。

梁燕 工科硕士

10 年高校工作经验，曾任某校建筑工程专业系主任、讲师。

周末 西安大略大学－教育专业硕士

10 年教育领域工作经验，多年海外学习、工作经历。

秦正 山东大学－文学学士

4 年央企工作经验,4 年教师工作经历。爱好马拉松、骑行。

丁越 宾夕法尼亚大学－教育硕士

喜欢旅行、摄影。

郭敏 西交利物浦大学－工科硕士

喜欢音乐、旅行。BIM 高级工程师。

董超 心理学学士

多年学校教育工作经历。爱好徒步、音乐。

王竹 华中科技大学－工商管理学硕士

11 年高校学生管理工作经历，国家三级创业咨询师。

理学院、慧湖药学院：

理学院：

理学院共有三个系，涵盖生物、化学、环境科学三大学科，包含 4 个本科专业、3 个硕士专业和 4 个博士研究生专业。学院内各学科专家强强联手，组成了以研究导导型教学为核心的跨学科合作团队，致力于促进理学的跨学科研究和教学，并不断开启全新的研究领域。

慧湖药学院：

慧湖药学院应苏州“中国药谷”战略而生，目前设有生物制药、药学二个本科专业，以及应用统计学（生物统计方向）、药学和药物化学三个硕士专业。作为研究与实践导向型学院，学院充分构建与企业的深度协同机制，积极培养企业亟需的、学以致用用的国际化应用型、高端复合型、紧缺型、即用型人才。

目前两所学院拥有 6 名成长顾问，承担两所学院本科生及硕士生的日常支持工作。

刘慧 伦敦大学学院－理学硕士

四年海外学习、生活经验。特许金融分析师一级。

赵丹丹 应用语言学硕士

多年翻译以及高等教育工作经历。

刘菲 苏州大学－工学硕士

多年在线旅游业工作经验。热爱旅行、摄影。

李亦凡 艺术管理硕士

两年大型展馆的展陈策划经验。热爱旅行、美食、看展。

周名湖 剑桥大学－管理学硕士

多年海外留学经验，爱好冥想、音乐。

祝雅 媒体传播学硕士

西浦校友，热爱美食、电影、旅行。

影视与创意科技学院、未来教育家学院：

影视与创意科技学院设有广播电视学、数字媒体艺术、影视摄影与制作三个本科专业及文化与创意产业一个硕士专业。

未来教育学院设有国际化教育、儿童发展与家庭教育、数字化教育三个硕士专业。

张巧荻 中央财经大学－文学学士 & 管理学学士
西交利物浦大学－理学硕士

4 年银行业工作经验 +7 年高等教育工作经历，拥有会计、银行从业资格、PMP 项目管理证书、专业英语八级证书。喜欢运动，户外活动，最近喜欢骑行～运动产生多巴胺，是快乐的源泉～

宋平平 文学硕士

丰富的教育、国企综合管理工作经历。

江媛媛 管理学硕士

西浦校友。6 年教育相关经验，喜欢瑜伽和户外。

徐雅筠 中山大学－社会学学士
新加坡管理大学－应用金融硕士

4 年高等教育及社会公益项目经验。

周心悦 谢菲尔德大学－城市规划硕士

西浦校友，3 年设计院工作经历，爱好旅游、戏剧、音乐。

人文社科学院：

人文社科学院设有应用语言学、媒体与传播学、中国研究、国际关系、文学、翻译六个系，其研究和教育涵盖人文社科学中的不同学科。

朱磊 心理健康教育硕士

曾在银行、海外教育集团任职，5 年高等教育工作经历。

王雪婷 华威大学－跨文化传播硕士

西浦传播学校友，丰富的 DDL 经验。推理本爱好者。

刁宇庭 南京体育学院体育教育硕士

喜欢运动。

李晓 工商管理学硕士

10 余年高等教育工作经历，WEST 中级品酒师。

林佳妮 南洋理工大学硕士

多年商务、教育相关工作经验，有海外工作经历。

周硕 英国谢菲尔德大学－全球新闻学硕士

2 年高等教育工作经历，爱好旅游。

周秦 国际化教育硕士

西浦校友。苏州公立学校任教经验，爱好摄影、古筝、羽毛球。

陈潇霄 管理学学士

6 年高等教育工作经历。爱好羽毛球、骑行、单口喜剧。

高天舒 曼彻斯特大学－人力资源管理硕士

在高校和学术出版行业均有丰富的工作经验，拥有高校教师资格证。

李乔慧 文学硕士

教育、传媒行业相关工作经验，爱好书法、阅读、写作。

李冉 格拉斯哥大学－tesol 硕士

喜欢带着相机到处溜达，不帶也行。

洪叶 金融学硕士

西浦校友。前券商金融分析师，3 年心理咨询从业经验。校园播客—iLogue 主播，ENFP 不仅是搞笑女 or 快乐小狗。

智能工程学院：

智能工程学院设有计算机系、电气与电子工程系、通信与网络工程系、智能科学系以及智能机电系5大系，涵盖7个本科专业，9个硕士专业以及2个博士专业。目前学生成长顾问中心智能工程学院团队共13人，承担该院本科生及硕士生的日常支持工作。团队积极开展各项学生支持活动，例如SAT专业辅导会、SAT下午茶等，提升学生在校体验。

周晓程 苏州大学 - 工商管理硕士

9年中英合作高等学校工作经验。

纪红君 英国诺丁汉大学 - 文学硕士

7年中英合作高校工作经验，爱好民歌民乐、西方古典音乐。

李珍臻 澳大利亚昆士兰大学 - 食品科学与工程硕士

多年食品研发及教育行业工作经验。

黄亚楠 格拉斯哥大学 - 教育研究硕士

多年留学经历，2年英语教学经验。

糜蒙蔓 苏州大学 - 应用心理学硕士

3年心理咨询经历，国家二级心理咨询师。

徐盼 苏州大学 - 电子与通信工程硕士

多年银行工作经验，两年高校工作经验。

黎月华 南京工业大学 - 化学工程硕士

多年新媒体工作经验及高等教育工作经验。爱好体育运动。

董子琪 英国伦敦大学学院 - 交通与城市规划硕士

西浦校友。

姚烨 常熟理工学院英语专业学士

利物浦校友。5年学生工作经验。

吴鑫 苏州科技大学 - 工学学士

多年高校工作经验。游戏、足球、中国古代史发烧友。

刘霞 理学学士

教育行业多年从业经验。

解璟 南京师范大学 - 日语语言文学硕士

多年高校工作经验，1年日本留学经验。

吴洁娅 约翰霍普金斯大学 - 教育学硕士

多年教育行业工作经验。

创业家学院（太仓）：

西浦创业家学院（太仓）是西交利物浦大学为探索工业4.0时代如何培养符合未来社会发展需要的人才进行的战略新布局。现有数据科学与大数据技术、智能制造工程、供应链管理、机器人工程、物联网工程、艺术与科技、电子科学与技术七个本科专业和创业与创新一个硕士专业。目前学生成长顾问中心太仓校区团队共8人，承担太仓校区学生的日常支持工作。

袁琦惠 英国谢菲尔德大学 - 金融经济硕士

西浦校友，多年金融及高等教育工作背景。

邱鑫艳 苏州大学 - 应用心理学硕士

多年高等教育工作经验，国家二级心理咨询师。

田璟毅 国际商务学士

西浦校友，多年金融产品交易经验。热爱足球、桌球。

李瀚伟 计算机科学与技术学士

西浦校友。多年留级生工作经验，工作中充满热情。

刘洋 国际化教育硕士

西浦校友。多年教育产品工作经验。爱猫。

杨晗 国际化教育硕士

西浦校友。爱好游泳、摄影。

张梦琪 英语教育硕士

多年英语教育经验，爱好旅游，养猫。

顾辛瑶 计算机硕士

略懂金融、计算机，平时爱好园艺、烹饪、衍生品投资。



西交大访学成长顾问

西安交通大学（西交大）访学项目是西浦为现就读于大一的学生建立的一条访问学习路径。满足访学项目要求的大一学生将可报名参加该项目，目前涵盖经济与金融，经济学，会计学，应用数学四个本科专业。负责交流生在交大的本科生学生事务日常支持工作。

刘雨阳 西交利物浦大学 - 法学学士
西浦校友，爱好台球。



相关资源

学生一站式服务中心
One-Stop Student Service Centre
0512-88161854
Onestop@xjtlu.edu.cn
Add: CB-115E

学生宿舍服务
Student Accommodation Service
0512-88973000
accommodation@xjtlu.edu.cn
Add: CB-115E

学生心理咨询中心
Student Counselling Centre
0512-88161815
counsellingservice@xjtlu.edu.cn

教务
Registry
0512-88161230
academicservices@xjtlu.edu.cn
Add: CB-8F

图书馆
Library
0512-88161290/1291
Library-service@xjtlu.edu.cn

IT 服务
IT Service
0512-88161250
IT@xjtlu.edu.cn

就业服务与职业规划
Career Service
0512-81888309
careers@xjtlu.edu.cn

西浦社团服务
Student Club Support Centre
0512-81883297
scs@xjtlu.edu.cn

健康与安全事务办公室
Health and Safety Affairs
0512-88161005

校园警务室
Campus Police
0512-81888377