



Xi'an Jiaotong-Liverpool University

西交利物浦大學



2021

|

2022

**CHASING
YOUR DREAM**
UNDERGRADUATE STUDENT GUIDE

CONTENTS

TABLE OF CONTENTS

01-04

MESSAGES FROM YOUR
PRESIDENTS

05-13

2021 PRE-DEPARTURE
BRIEFING

14-16

FRESHMEN TASKS

17-18

THE IMPORTANT DATES

19-27

EDUCATION MODE

28-32

LIFE AT XJTLU

33-38

ACADEMIC SUPPORT

39-56

STUDENT SERVICE

57-58

APPENDIX

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SPECIAL THANKS GO TO

ONE-STOP STUDENT SERVICE CENTRE, BUDDY PROGRAMME, STUDENT COUNSELLING CENTRE, STUDENT CLUB SUPPORT CENTER, ACCOMMODATION SUPPORT TEAM, ART EDUCATION CENTRE, PHYSICAL EDUCATION CENTRE, LIBRARY, CENTRE FOR ACADEMIC AFFAIRS, STUDENT ADMISSIONS AND CAREER DEVELOPMENT OFFICE, ALUMNI AFFAIRS TEAM, HEALTH AND SAFETY AFFAIRS OFFICE, MANAGEMENT INFORMATION TECHNOLOGY AND SYSTEM OFFICE, UNIVERSITY MARKETING AND COMMUNICATIONS OFFICE, INSTITUTE OF LEADERSHIP & EDUCATIONAL ADVANCED DEVELOPMENT, XJTLU ENTREPRENEUR COLLEGE (TAICANG), ZHAO DANDAN

WELCOME TO XJTLU

Dear Students,

Welcome to Xi'an Jiaotong-Liverpool University. I hope that the challenges brought by the COVID-19 pandemic have given you strength and resilience and not increased fear and uncertainty.

At XJTLU, we regard every student as a young adult. We encourage you to bravely stand on your own feet and actively confront challenges.

For example, you need to adopt an active approach to learning; develop a balance between your academic and extracurricular activities; get along with your roommates and classmates, and spend your time as productively as possible – avoiding bad habits such as spending too much time playing online games. Meanwhile, you are required to be responsible for yourself, for your family, and for society. Such challenges may be painful, but they help you to mature and contribute to society.

The core ideology of the University is 'a happy life and a successful career,' and the aim of the University is to cultivate global citizens with international perspectives and competencies. The fulfilment of this ideology and these goals depends on the development of various capabilities and the improvement of our philosophy and values. To achieve this, the University has developed a unique five-star education model which reflects the latest trends in global higher education and absorbs the essences of Eastern and Western wisdom, culture, and education systems. Furthermore, the University follows a student development-oriented, interest-driven, and learning-centred educational philosophy and advocate for comprehensive research-led education.

When you graduate, the two diplomas you will receive – one from China and one from the United Kingdom – are just a by-product of learning at the University. What you truly receive are skills you will use for the rest of your life. XJTLU's international learning environment and educational resources will enable you to be a lifelong learner, capable of integrating and applying knowledge and using executive skills to solve problems in an innovative manner, especially possessing the leadership qualities necessary to exert influence in today's world; a world that has become more complex and uncertain after the outbreak the epidemic.

After many years of exam-oriented education, being sheltered by your parents, and being spoon-fed by your teachers, you may be accustomed to a passive approach to learning. Such an approach requires you to listen to teachers, memorise knowledge points, and focus on exams, all of which are counter-productive to the training and development of capabilities you will need to become successful in the future.

However, to meet the increasingly complex and serious challenges the modern world presents, you must first become an active learner and then a research-led learner. You must learn to challenge your teachers, question existing knowledge, interact with other students

and teachers in class, and actively participate in a wide range of innovative activities and practices. You must adapt to diversified learning and teaching modes; actively use the tutoring and mentoring systems, opportunities and resources provided by the University; and get help from our excellent One-Stop Student Service Centre when necessary.

After its founding, 'XJTLU 1.0' established an innovative education model for international specialised elites by integrating the best teaching practices from across the globe – the American system's flexibility, the UK system's quality assurance, and the Chinese system's emphasis on a solid academic foundation. Under this model, graduates from 11 cohorts have already demonstrated great success in society. Through their achievements, they confirmed the feasibility and efficacy of the model.

But in the face of the challenges of artificial intelligence and robotics, XJTLU also looks to the future. To optimize the education model for international specialised elites, we have created a new model for higher education coined 'Syntegrative Education' (SE) and started the exploration of 'XJTLU 2.0'. This new model will cultivate the international industry elites who can stand on the shoulders of artificial intelligence and robotics to lead future industries. With SE, the University will explore a new concept for universities and a new model for campuses.

To better explore this new model of higher education, with the strong support of the Taicang Municipal Government and Suzhou Municipal Government, we launched XJTLU Entrepreneur College (Taicang) as an education and experiment base for the future. The construction began in the first half of 2019 and the campus is expected to open in September 2022. At that time, three cohorts of around 1,000 students will move into the new campus and the number is expected to reach 6,000 by 2026.

XJTLU Entrepreneur College (Taicang) has set up the first batch of seven industry-themed schools. These include the School of Artificial Intelligence and Advanced Computing, School of Robotics, School of Internet of Things, School of Intelligent

Manufacturing Ecosystem, School of Intelligent Finance and Business, the School of Cultural Technology and the School of CHIPS.

The objectives of Syntegrative Education are to cultivate international syntegrative elites with curiosity, critical thinking, creative behavior, complex mindset, cross-cultural leadership and lifelong learning abilities. There are currently two forms of SE. The first is Industry Enterprise Tailored Education (SE-IETE), which aims to provide industry knowledge to XJTLU students and cultivate their practical skills. The second is the Entrepreneurship College (SE-EC) in Taicang, which seeks to develop high-end talents and leaders guiding future industries.

Syntegrative Education combines general, disciplinary and industry-based with management and leadership education. Classroom learning, internships, industry expertise and practical application of knowledge are integrated to create a new learning environment with a high degree of synergy between campus, companies and industry.

Here is an example of how SE-IETE can help you. The IETE project is currently divided into two stages: Level 1 and Level 2. If you choose IETE Level 1, during the first summer vacation programme, you will study industry-related courses jointly designed by the university and business enterprises, deepening your industry expertise and gaining on-the-ground experience working in an authentic entrepreneurial setting, and integrate both academic and practical perspectives. If you continue to take the Level 2 courses during the second summer vacation, you will be under the joint guidance of the university and business mentors, and through high-level course learning and business practices, you will master more complex research, management and innovation skills in different situations, and use these learned methods to analyze real problems in an industry. After successfully completing the two-stage project, you will receive the XJTLU-SE (CIETE) certificate, which is jointly issued by the University of Liverpool and XJTLU. This certificate is recognized by the UK's Department for Education and equivalent to the certificate for a minor degree. Such an experience will not only enhance your



MESSAGES FROM YOUR PRESIDENTS

comprehensive capabilities, but also help you better understand the development of the industry and your own professional positioning, improving the effectiveness of specialised learning. When you prepare your Final Year Project in your fourth year of university study, you may be able to engage in deeper research on a practical issue in industry, with guidance potentially from both an XJTU academic and an industry expert. If you pursue a research project with a great deal of promise, it could propel you on your career path well after graduation.

When graduation time arrives, if you decide to pursue your education in a field of your interest, your practices in these industries will help you think bigger in research. You may also choose to launch a career path within the company or enter the society. After three years of working with you, you and the company will know each other well, and you may find yourself in a very influential starting position. Our XJTU Entrepreneur College (Taicang) takes the ideas of SE-IETE even further. The SE-EC adopts a '1+3+2+X' training approach:

1 - Year One is general education at our Suzhou campus

3 - The next three years are Syntegrative Education and training at XJTU Entrepreneur College (Taicang) integrating specialised, industry-based, entrepreneurial, quality, management and leadership education

2 - We encourage students to continue a two-year, on-the-job postgraduate research and training funded by our partner enterprises for the demanded projects.

X - In addition, we also provide multiple (X) opportunities for you to study abroad during your studies

Fully leveraging the resources of leading companies in the industry, the SE-EC combines classroom learning with internships, on-the-job training, research, entrepreneurship exploration and industry expertise, and offers Syntegrative Education which fulfils real-world expectations and demands. This education model will greatly enhance your learning, research, innovation and entrepreneurship abilities, as well as your adaptability and competitiveness. Naturally, you will be more likely to become the leaders of future industries.

It is my sincere hope that your participation in our new SE education model – which builds on our existing education model for international specialized elites to meet future demands and trends – will bring you lifelong benefits, as well as promote social transformation and the advancement of civilisation.

Initiated at XJTU's 15th anniversary, XJTU 3.0 explores how universities can leverage educational and societal resources to create an ecosystem that furthers education and innovation. The four newly established academies and XIPU Innovation and Education College (GBA) are among the flagship projects of XJTU 3.0. In this education model, XJTU acts as the catalyst and connector by partnering with governments, international industries, finance coalitions and social resources to bring you even more rich and outstanding educational resources and learning experiences, laying a solid foundation for this crucial stage of your growth.

To facilitate the exploration of the future education model, the global unique XJTU Learning Mall (LM) was officially launched in May 2020. LM will build on our world-class campus facilities, modern technology and pool the world's premier online resources and providers to XJTU to create an interest-oriented, individualised and life-long learning ecosystem. The Learning Mall will blend onsite and online education internally and externally.

A final word: This University provides you with a supportive platform for becoming a responsible adult, to realise your potential, to explore your passions, and to embrace the future. Your education here will benefit your whole life as you move from kids to young adults and then to mature global citizens, from passive learning to active learning and then research-led learning, from aimless study to interest-driven study and then to a life plan. At XJTU, the more active you are, the more you will achieve.

We welcome our new students and hope you have a life-changing experience at XJTU.



PROFESSOR YOUMIN XI
EXECUTIVE PRESIDENT, XI'AN JIAOTONG-LIVERPOOL UNIVERSITY
PRO-VICE-CHANCELLOR, UNIVERSITY OF LIVERPOOL

WELCOME TO XJTU



Dear Students,

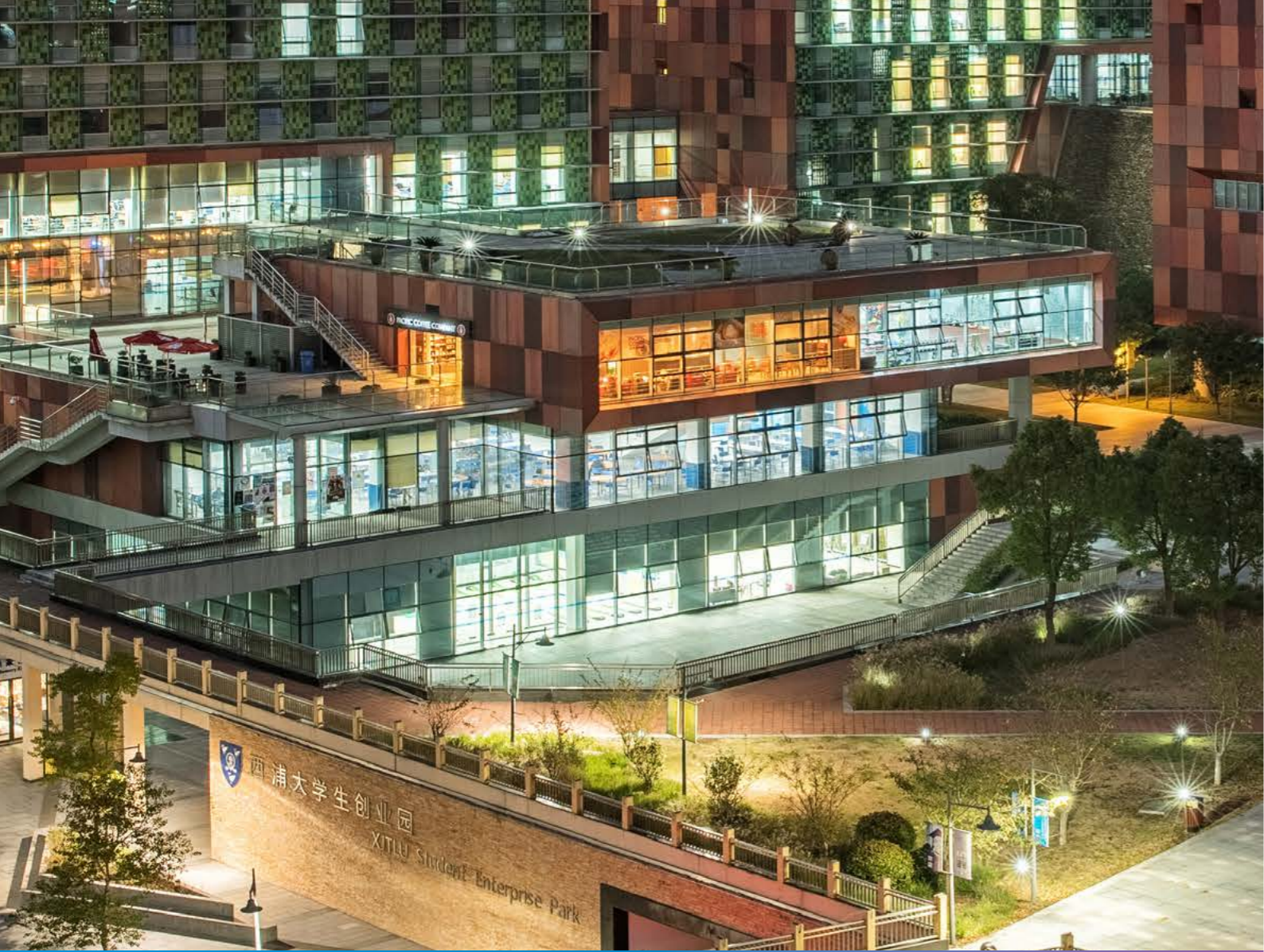
Welcome to Xi'an Jiaotong-Liverpool University (XJTU).

Now, you are drawing the curtain of a new life. You must be curious and expecting: what is a university? What can a university do for me and for society? My answer is this: university life will simulate your curiosity, passion and thirst for knowledge. It will empower you to spread your wings to chase your dreams.

Strive to learn extensively, inquire thoroughly, ponder carefully, discriminate clearly and practice devotedly. In the era of globalization, digitization, internetization and artificial intelligence, when you encounter uncertainty, ambiguity, complexity and unpredictability, learn to face your future, learn to survive, learn to study, learn to pledge, learn to create and become an innovative talent with modern personality traits. You are expected to:

- Knowledge: be able to integrate disciplinary and general knowledge, and to combine knowledge of depth and breadth in natural sciences, social sciences, literature and art, philosophy.
- Capability: improve oral and writing skills in both Chinese and English, and enhance critical thinking, aesthetic appreciation, quantitative and qualitative reasoning ability, historical thinking ability and scientific analysis ability.
- Responsibility: improve self-management and social responsibility, enhance ethical and moral sense, develop cross-cultural, inter-ethnic understanding and cognitive skills, be tolerant, generous, charitable, compassionate and grateful.
- Personality: be active, positive and optimistic, maintain curiosity and keep an open mind, adapt to diverse and changing cultural environments, find the inner strength to deal with challenges and take opportunities.
- Behavior: integrate your knowledge and practice, commit your pledge, be confident, independent and disciplinary, be able to apply knowledge to new problems, and foster a creative awareness, innovative ability and habits.

PROFESSOR QIULING CHAO
VICE PRESIDENT, XI'AN JIAOTONG LIVERPOOL UNIVERSITY



NEW STUDENTS REGISTRATION ARRANGEMENTS

PART I: REGISTRATION OF E-JOURNEY SYSTEM

RECEIVING ADMISSION LETTER Please log in the e-Journey System to complete the pre-induction and registration. (Please refer to "Guide for XJTU e-Journey System" on page 7)

BY 10TH AUGUST Please log in to "XJTU Fee Payment Platform" to make payment. (Please refer to "Payment Guide 2021/2022"&"e-Journey"- "Payment Status" - "read payment instruction")

23RD-26TH AUGUST

2021 Academic Programme Information Session
 2021 Academic Programme Information Session will be an online activity for our new students and parents to get more knowledge regarding the upcoming Programme Choice in Semester 2. It will help new students and parents to deepen understanding on current settings of curriculum and Academic Programmes with new Academic Structure. Full understanding on your own preferred programmes is also benefit for making more suitable choices at the first stage of career developments. This session is expected to take place from 23-26 August 2021; If there will be further changes, you will be notified in a timely manner. To receive further information regarding the arrangements of 2021 Academic Programme Information Session to prepare for your programme choices in second semester, please scan and follow "西浦会议与活动" WeChat and Microblog.



COMMENCING 24TH AUGUST

Students will find the guidance, including introduction of Development Advisor, accommodation, university opening ceremony, personal files and household registration materials submission arrangement, health checkup, traffic, hotel, campus map and etc. on the "e-Journey System"-[Registration Guidance]. Students who have successfully completed the tuition fee payment will check the updated personal information under [My Centre], including dorm address, class, your Development Advisor, English test and so forth.

26TH AUGUST

Introduction to XJTU Entrepreneur College (Taicang)
 The XJTU Entrepreneur College (Taicang) will host an online induction activity to help you learn about the college. In this online session, you will meet Deans of School, industry partners and programme directors.

PART II: NEW ARRIVALS WELCOME WEEK

28TH AUGUST 8:30-17:00

New Students Registration
 Venue: Dorm area
 (Refer to "e-Journey system"-[Registration Guidance]"- "Campus Map" & "Accommodation Check-in")

29TH AUGUST - 3RD SEPTEMBER

New Arrival Welcome Week Activities includes
 (Opening Ceremony, Freshman Information Session, Theme Talks, Medical Test, Material submitting and etc.
 (Refer to "e-Journey"- [My Centre]- " Welcome timetable ")

NOTICES

- In the event that you are not able to register on time, please e-mail onestop@xjtu.edu.cn in advance. Students who fail to register without informing XJTU in advance will be considered to have given up the opportunity to study at XJTU.
- Should you have any queries, please contact the One-Stop Student Service Centre from Monday to Friday, 9:00a.m. -17:00p.m. (Tel.:0512-88161854; E-mail: onestop@xjtu.edu.cn)
- Please follow us on WeChat and Microblog for any latest information.



XJTU Student Service WeChat



SA - Office Weibo

2021

PRE-DEPARTURE BRIEFING

NEW STUDENTS REGISTRATION ARRANGEMENTS

The XJTLU e-Journey System is the first stop for freshmen, where they have the chance to learn about the unique culture, ideas and service philosophy of XJTLU. You can also complete the registration procedure and conveniently view your check-list.

Please start your journey at XJTLU by carefully reading and following the instructions below.

SPECIAL TIPS

- The e-Journey is divided into three parts: Pre-Arrival Registration, My Centre and Support & Service. You will complete your online registration procedures under **【Pre-Arrival Registration】**, and find your information under **【My Centre】**. The module **【Support & Service】** will list the unique culture and supports/services in XJTLU.
- After completing all the procedures under the **【Pre-Arrival Registration】** module of e-Journey, you are suggested to read contents under the module **【Support & Service】** so as to get familiar with your campus. The system will release registration guidance no later than August 24th. Once it is released, you will find useful info in submodule [Registration Guidance] under **【Pre-Arrival Registration】** and receive detailed registration information in [Basic Info] and [Welcome Timetable] modules under **【My Centre】** part of the system. Please make sure that you finish all the procedures before you arrive at the university;
- Please use the browsers below to complete your online registration and make sure the browser is updated to the latest version: Mozilla Firefox, Google Chrome, Apple Safari, Microsoft Edge;
- Some of the information involves your family members. Make sure that your family members are aware of that before you fill in the information.
- Considering the large amount of information required, the system will save the progress for you so that you may follow your own schedule to complete the whole procedure to the maximum extent.

SYSTEM -LOG IN

- e-Journey System: <https://ejourney.xjtlu.edu.cn/>
- Please refer to the “Email Account and Password for Freshmen” in your admission offer package to find your log-in username and password.

SYSTEM CONFIRMATION

- After reading the instructions, please click “I have read and agree”, then click “Ok” to proceed to the next step.

REGISTRATION PROCEDURE

The registration procedure of this system includes: questionnaire, pre-induction, registration, parents/guardians contact info upload, and payment instruction. Please complete all the procedures step by step. After that, system will offer you registration info and personal info.

A PRE-ARRIVAL REGISTRATION

Click on the **【Pre-Arrival Registration】** module into the registration procedures. The system will list all procedures by steps and there will be a [Freshmen Tasks] on the right-top for your self-check.

QUESTIONNAIRE	<ul style="list-style-type: none"> • Click [Questionnaire] to enter the questionnaire page • Click each questionnaire to finish all questions
PRE-INDUCTION	<ul style="list-style-type: none"> • Click [Pre Induction] to enter the pre-induction page. • Click the name or the logo of the sections to enter the learning page (when you finish a section, click “Show my to-be-completed sections” at the top right corner of the screen to find the unlearned sections). • After you enter the learning page, click “I hereby confirm I having learned this chapter”, and click “next section” to the next chapter (you can also choose sections from the section navigation at the top right corner of the screen).
REGISTRATION	<ul style="list-style-type: none"> • Proceed to Registration after you finish pre-induction. • Click “Online Registration” the system will automatically lead you to the e-Bridge system. After completing the registration on e-Bridge, you will see the following notice on the screen “Check your status on the system in one hour”. • The system will synchronize students’ registration information within one hour and update the status.
CONTACT INFORMATION UPLOAD OF PARENTS/ GUARDIANS	<ul style="list-style-type: none"> • To make sure that the emergency contact information is accurate, please ask your parents/guidance fill in the Emergency Contact form carefully in admission offer package, the page 56 of <parent guidebook> (If missing, you can download and print through the link) • Click the [Contact Information Upload of Parents/Guardians] and upload the scanned copy, or, alternatively a photo of the document onto the online system
PAYMENT INSTRUCTION	<ul style="list-style-type: none"> • After registration, you will enter the payment platform to complete payment. • Click “read payment instruction” to see the payment procedure, time and notice. • After payment, you may find the latest status of payment in e-Journey. If the payment status is not updated in time, please try again later or contact One-Stop Student Service Center by email if the payment status has not been updated for more than 24 hours.

REGISTRATION GUIDANCE

The [Registration Guidance] will be open to you no before than 24th August. You will find the instructions of following information no matter you finish the previous procedures: development advisor introduction, accommodation, university opening ceremony, personal files and household registration materials submission arrangement, health checkup, traffic, hotel and health and epidemic prevention requirements, etc. If you have not finished the online tuition fee payment, there will be on-site payment instructions. Please print it out if necessary.

B MY CENTRE

Click **【My Centre】**, you will enter your personal information page. This module will be open no before than 24th August. The contents of your centre will be varied according to your payment status.

- If you have successfully paid your tuition fee, you will have access to all information listed below in [Basic Information] and [Welcome Timetable]
- If you have not successfully paid your tuition fee, you would not have access to the module. The information will be open to you after your on-site payment at Student One-Stop in XJTLU.

BASIC INFORMATION

- Click the [Basic Information] under **【My Centre】**
- You will find your personal info, your class, development advisor, accommodation, and so forth. Please print it out if necessary.

WELCOME TIMETABLE

- Click the [Welcome Timetable] under **【My Centre】**
- You will find the welcome timetable and activities arranged during the induction week. Please print it out if necessary.

PAYMENT GUIDE 2021/2022

ITEM	AMOUNT	REMARKS
TUITION FEES	RMB 88,000	Teaching and Learning Expenses
ACCOMMODATION FEES	RMB 2,200	Fees will be collected on behalf of the HET Management Office of Student Accommodation

SERVICE CHARGE

Note: All service expenses will be deducted from the students' service charge accounts, and these accounts will be settled by the end of each academic year. If expenses are less than RMB 2,000, all remaining money will be refunded.

RMB 2,000

- Textbook Fees
- Military Training Uniform Fees: (Collection on behalf of uniform suppliers): RMB 100
- Insurance Expenses: RMB 153 (This may fluctuate with the government's policy. If the actual cost is less than RMB 153, XJTLU will refund any overpayment.)
- Other fees: including self-printing fees, ID card replacement fee, Library book overdue fines etc.

NOTICES

- The total payment amount is RMB **92,200**.
- Please log in to “XJTLU Fee Payment Platform” to finish the payment no later than August 10th.
- Please log in the Pre-arrival system to find the Operational manual of “XJTLU Online Payment Platform” and please contact with Finance office at 0512-88161025 or 0512-81889024.

ACCOMMODATION CHECK-IN

THE FLOWCHART BELOW ILLUSTRATES THE CHECK-IN PROCEDURES.



“慧湖通” 微信公众号

ONLINE REGISTRATION

Please log in to the website <http://2021.215123.cn> or add the Wechat Public Account HuiHu Tong from 9:00 of August 24 to 17:00 of August 26, 2021, to complete the online dorm procedures (pay the room deposit and sign the room rental agreement online). Consultation: 0512-62921890 (Mon. to Fri. 9:00-12:00 & 13:30-17:00)

IMPORTANT REMINDER: PLEASE PAY ATTENTION TO ADD THE WECHAT PUBLIC ACCOUNT HUI HU TONG, AND RECEIVE THE MESSAGE NOTIFICATIONS!!!

ONSITE REGISTRATION

Make dorm check-in procedure onsite on August. 28 from 8:30 to 17:00 based on the instructions on the WeChat public account Hui Hu Tong. .

TIPS AFTER CHECK-IN

Please contact the Dormitory Property Management Offices (Wen Xing 0512-88852922, Wen Hui 0512-62952613, Wen Cui 0512-67616932) if you find any missing or damaged facilities after you check in to your room.

NOTICES

- Students need to bring their own bedding or can purchase reasonably priced bedding from nearby supermarkets or shopping malls. The sizes of dorm furniture are a little different due to they were purchased and installed in different time. For detail information of dorm furniture, please contact dormitory property management office of each district for consultation.
- Please contact the Property Management Offices within one week after check-in if you find any missing or broken facilities. After one week, it will be acknowledged that the facilities are in good condition.
- You are suggested to read through the content of the Accommodation Agreement on the system carefully before you sign the online room agreement.
- After check-in, please respect the dormitory facilities. For any missing or damaged facilities as a result of human negligence, residents will need to pay compensation according to the Accommodation Agreement which was signed when check in.
- After check-in, you are suggested to comply with the rules and regulations of the Student Accommodation Management Regulations of Suzhou Dushu Lake Science & Education Development District, enhance self-management, improve self-protection awareness and actively participate in the establishment of a harmonious life environment.
- As COVID-19 has not been over yet, please refer to the instructions for epidemic prevention on the basis of government requirements on e-Journey for new students' registration, dorm check-in and the following arrangement.



HOUSEHOLD TRANSFER

WHO NEEDS TO TRANSFER THEIR HOUSEHOLD REGISTRATION?

If you are a Suzhou urban resident (including the county-level city), you do not need transfer your household registration. If you are from any other area, residence registration transfer is done on a voluntary basis.

WHAT DOCUMENTS DO I NEED?

You need to prepare 3 documents: Offer Letter, Booklet of Household Registration, and your Identification Card. Please take these three documents to your local police station where your residence is registered to process the transfer application.

WHAT ADDRESS WILL MY HOUSEHOLD BE TRANSFERRED TO?

Xi'an Jiaotong-Liverpool University, No. 111, Ren'ai Road, Suzhou Industrial Park.

WHAT SHOULD I DO IF "SUZHOU INDUSTRIAL PARK" CANNOT BE FOUND IN THE LOCAL HOUSEHOLD REGISTRATION SYSTEM?

Please choose "Suzhou Municipal District" instead.

WHEN AND WHERE SHALL I SUBMIT THE HOUSEHOLD TRANSFER LETTER?

After getting the household transfer letter from the local police station, please submit it to the university according to the timetable listed on the e-Journey System and please write down the below information at the upper right corner when submitting : student ID number, name, height, your phone number and your parents' names and phone numbers.

TRANSPORT AND ARRIVAL

BY AIR

SHANGHAI PUDONG AIRPORT If you arrive at Shanghai Pudong Airport, please take the airport shuttle bus and get off at “Suzhou Industrial Park Stop”, and then take a taxi to XJTLU.

SHANGHAI HONGQIAO AIRPORT If you arrive at Shanghai Hongqiao Airport, you can take the high-speed train from Hongqiao Railway Station to “Suzhou Railway Station” or “Suzhou SIP Railway Station (Suzhou Yuan Qu Station)”. Alternatively, you can take the airport shuttle bus and get off at “Suzhou Industrial Park Stop”, then take a taxi to XJTLU.

WUXI SUNAN INTERNATIONAL AIRPORT If you arrive at Wuxi Sunan International Airport, please take the airport shuttle bus to “Suzhou terminal division”, then take a taxi to XJTLU.

BY TRAIN

METRO You can take Metro line 2 and get off at Songtaojie Station if you arrive at Suzhou Railway Station and Suzhoubei Railway Station.

TAXI you can take a taxi from all the railway stations to XJTLU directly.

BUSES you can take Express No.2 from Suzhou Railway Station to “Xi Jiao Da Stop”, or Bus No.115 from Suzhou Industrial Park Railway Station to “Ren da guo ji xue yuan dong”. There is no direct bus from the Suzhou North Railway Station to XJTLU.

UNDERGRADUATE STUDENT GUIDE

2021

2022

CHASING YOUR DREAM
@ XJTLU

FRESHMEN TASKS

DESCRIPTION OF FRESHMEN TASKS

XJTLU has exquisitely designed a series of freshmen tasks of a whole semester. Each task aims to help your understanding and affinity of XJTLU culture and ideology, to promote freshmen self-management capability and further overall development. These tasks are listed as the following 3 types:

A PRE-ARRIVAL TASKS (BEFORE WEEK 0)

TASK REQUIREMENT	Accomplish before admission
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ASSESSMENT METHOD	Confirm completion on the e-Journey system
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TASKS FOR FRESHMEN

- Please complete the e-Journey system task:** according to the e-Journey system guideline, fill in the questionnaire, finish the pre-course, and complete your personal information and the registration.
- Please join local buddy QQ group:** read the Buddy Programme module. Join buddy QQ group and confirm completion on the e-Journey system. Chat with senior buddies in advance and greet with your fellow-villagers. Warmth can always make people more powerful.
- Please follow XJTLU official social networking accounts:** in the appendix of the handbook, there are some important official university accounts which can be followed according to your demands and they can help you know the university quickly. At last, confirm the completion on the e-Journey system.
- Please pick presents for your roommates:** bring a small gift with sincere greetings and blessings for your roommates. Show your kindness. Confirm the completion on the e-Journey system.
- Email account bound:** please bound your XJTLU email to your electronic device. Normally, official university notices will be sent via emails, so set up the email account bound in time and check it regularly. Or you may miss important notices from the university.
- Set up the self-development plan:** Please review and study the “Global Citizenship and Research-led Learning” pre-session materials. Please submit a reflection and plan: set up your plan to become a global citizen in 4 years of study.
- Please attend 2021 Academic Programme Information Session:** scan and follow “西浦会议与活动” wechat account to receive further information regarding the arrangements of 2021 Academic Programme Information Session to prepare for your programme choice.



B INDUCTION WEEK TASKS (WEEK 0)

TASK REQUIREMENT	Attend Induction week activities to be familiar with the campus
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ASSESSMENT METHOD	Attendance statistics collected by volunteers
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TASKS FOR FRESHMEN

- Please attend the Opening Ceremony:** according to the email notification, attend the Opening Ceremony of a new life. Please ensure safety and order during the process.
- Please attend Freshmen Class Meeting:** according to the notice, attend the Freshmen Information Session on time. It is a good opportunity to know your classmates and Development Advisor. Please notice that this is your only class session during undergraduate years as we have no traditional “class” at XJTLU.
- Please attend campus tour:** follow your buddy and walk around to visit the representative buildings at XJTLU, remember the location of important functional departments, and collect stamps from Buddy Programme at the assigned places.
- Search campus online resources:** find online resources such as e-Bridge, XJTLU Learning Mall, Library, One-stop, Career Center and Counselling Service Center to experience XJTLU efficient and convenient study and life on guide. XJTLU.edu.cn.

C ACADEMIC WEEK TASKS: (WEEK1-WEEK4)

TASK REQUIREMENT	Interact positively and show yourself
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ASSESSMENT METHOD	Click the open-ended questionnaire link via XJTLU Learning Mall system, and write stories of your changes from three aspects (XJTLU culture, interaction with others, and campus life).
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TASKS FOR FRESHMEN

- Please participate in club activities:** more choices and opportunities to display elegant demeanor, cultivate hobbies and make friends.
- Please interact with students:** make friends, give yourself an opportunity to know more people and be familiar with XJTLU.
- Please interact with teachers:** discuss academic issues with your tutor, discuss disciplinary prospects with your academic advisor, and talk about your life with your Development Advisor.
- Please interact with your family:** talk to your family and share your campus life before they reach out to you.
- Please express your opinion:** express your “trenchant” comments on Utalk, and discuss with other XJTLUers

AWARD AND PRIZE

PRE-ARRIVAL AND INDUCTION WEEK TASKS

PRIZES	350 T-shirts of XJTLU limited edition. First come first served
--------	--

PICK-UP TIME AND VENUE	please refer to the award notification email
------------------------	--

UPON COMPLETION OF ALL TASKS

SECRET AWARD	
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ACTIVITY TIME	an email notification will be sent to you around the end of the 1st semester.
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THE IMPORTANT DATES

BEFORE 10 AUG

COMPLETE THE FEE PAYMENT



23-26 AUG

ACADEMIC PROGRAMME ONLINE INFORMATION SESSION



24 AUG

POST THE REGISTRATION NOTES (E-JOURNEY SYSTEM)



26 AUG

INTRODUCTION TO XJTLU ENTREPRENEUR COLLEGE (TAICANG)



28 AUG

FORMAL REGISTRATION



29 AUG

OPENING CEREMONY

The event might be put off because of the weather



29 - 31 AUG

FRESHMEN CLASS MEETING



29 AUG - 3 SEP

ENGLISH ENTRANCE TEST



30 AUG - 2 SEP

FRESHMEN MEDICAL EXAMINATION



3 SEP

FRESHERS' FAIR



6 - 10 SEP

ACADEMIC BRIDGING



11 - 12 SEP

TEXTBOOK COLLECTION



11 SEP

FRESHMAN'S PARTY



21 SEP

MID-AUTUMN DAY



1 - 8 OCT

NATIONAL DAY



25 - 29 OCT

MIDTERM EXAMINATIONS DAYS



20 - 31 DEC

READING WEEK



4 - 14 JAN

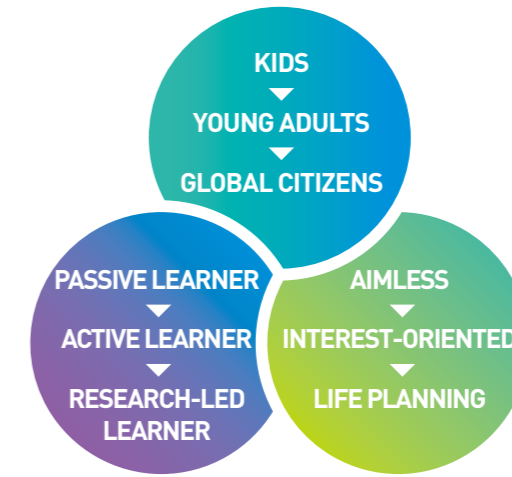
FINAL EXAMINATION DAYS



EDUCATION MODE

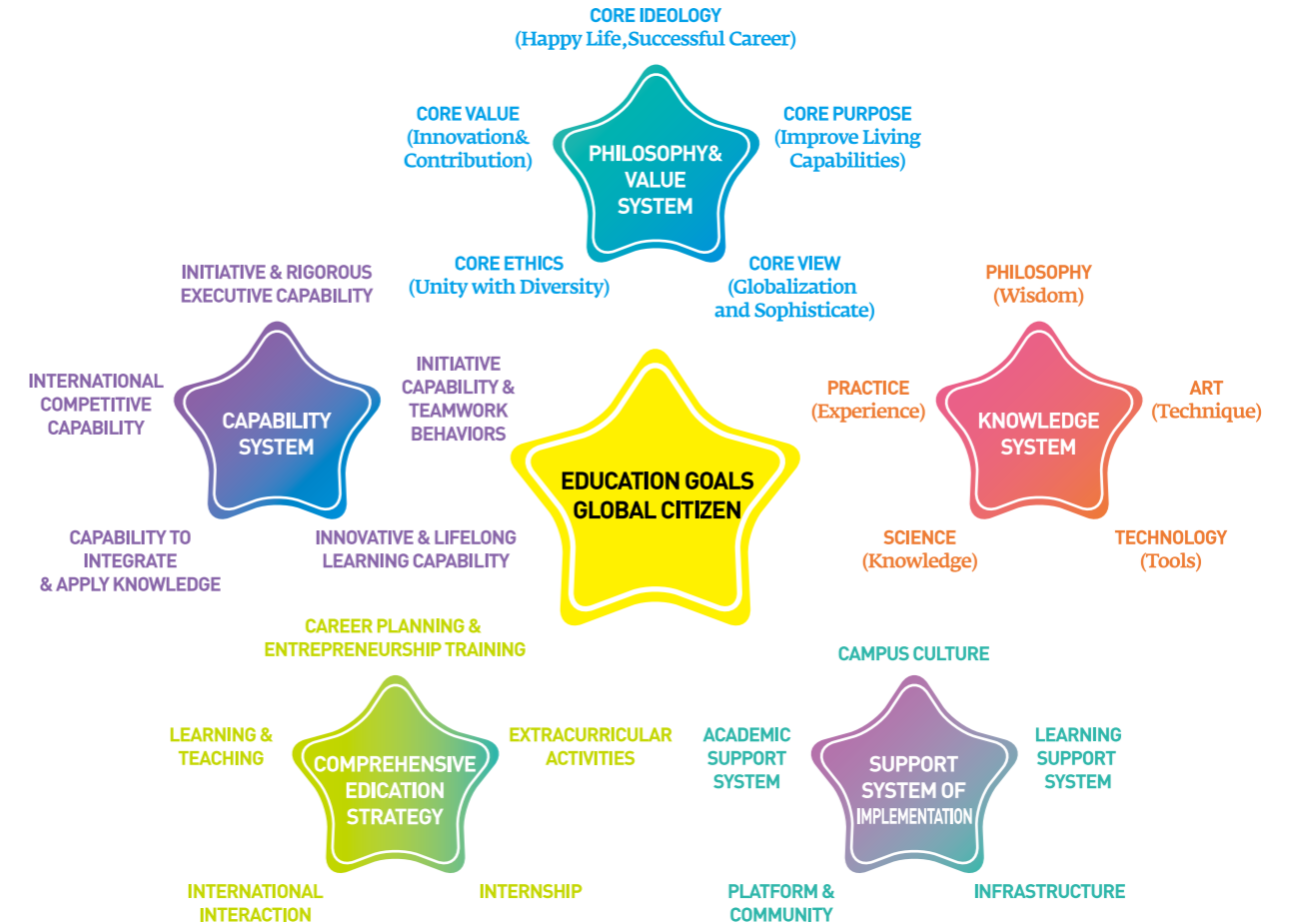


PRESIDENT XI SAYS XJTLU HELPS STUDENTS ACHIEVE THREE TRANSFORMATIONS!



XJTLU FIVE-STAR EDUCATION MODEL

For XJTLU students, the transformation to “young adults” is just the first step. The mission of Xi’an Jiaotong-Liverpool University is to cultivate students to be “global citizens”. One of the core parts of becoming global citizens is to equip themselves with international competitiveness. After constant explorations, XJTLU has put forward three systems, i.e. Philosophy & Value System, Capability System and Knowledge System, which represent students’ development and growth in three dimensions. To achieve this goal, we combine the best of eastern and western educational models, resulting in Comprehensive Education Strategy and Support System of Implementation. Because of the pentagram presentation, the educational model is outlined as “Five-Star Educational Model”. (See details below)



FOUR-TUTOR SYSTEM

ACADEMIC ADVISER

How to plan your four-year study and scientific research with your university? To continue to pursue a master degree or directly enroll into a joint master and PhD program? What if you become more interested in other programs? What if you fail your modules? These are the questions most often asked by students who knock on the doors of their Academic Advisors' offices.



"I don't tell students what to do. The first thing to ask is: what do you want to do? The most important issue in higher education is that students must discover themselves so that they can empower themselves and go further."

— Academic Adviser, Department of Biological sciences
Dr. Jian Liu

ACADEMIC ADVISERS -
**LET STUDENTS EMPOWER THEMSELVES
AND GO FURTHER**



STUDENT DEVELOPMENT ADVISER

The international style of the university means that you are welcomed to communicate with Development Advisors (DA) if you are having any thoughts, concerns or doubts with regard to your life or development. DAs will bring together resources from across the whole university to give your appropriate advice and assistance on the basis of respect for and trust in you. Meanwhile, DAs will leave space for your free development, rather than excessively interfering into your lives.



There will always be difficulties and challenges in XJTLUers' growth. As supporters and companions, we are always willing to help students understand and deal with challenges from various perspectives, so as to promote their self-transformation and growth.

As a Student Development Advisor, it's our mission to enable students through the "Three Transformations"

— Student Development Advisor
Ms. Yuyan Chen

STUDENT DEVELOPMENT ADVISORS -
WE DON'T TEACH; WE EDUCATE



BUDDY PROGRAMME

The Buddy Programme intends to provide timely guidance to freshmen and assist you in adapting yourselves to your university life as soon as possible, by means of peer mutual help and communication with excellent older students.



Alice Averley, an exchange student from Liverpool University felt as though she was a 'new-born baby' on her first day in Suzhou due to the language barrier. Luckily, she was provided with buddy support by the university - Yurui Li, a sophomore from Architecture Department became her Big Buddy who says he chose XJTLU because he wanted to get himself integrated into a multi-cultural environment. Taking part in the overseas student buddy programme has given him a terrific opportunity for cross-cultural communication.

BUDDY PROGRAMME:
BRINGING DEVELOPMENTAL OPPORTUNITIES TO EACH OTHER



EXTERNAL MENTOR

The external mentor project is one of the important parts of XJTLU "Five-star" Education Model. It aims to establish an interactive platform for enterprises, students and university. XJTLU invites senior experts from various fields to serve as external mentors for students' future career and life development. They offer a variety of skills and other effective guidance to students to facilitate knowledge transition from school knowledge to social common sense, as well as to shorten the adaptation period for students from university into society through the development of a positive attitude and increased capability.



Students can learn a lot from textbook, but actually they need "a scene". Every one of us just like the living theatre, making them learn more deeply through communication attractively. Thus they could grasp the key point in the future.

— Mr. Dagang Wang
ASSET MANAGEMENT COMPANY
External Mentor for 12 years

EXTERNAL MENTOR:
'OPEN WINDOWS' FOR XJTLU STUDENTS



ACADEMY OF FUTURE EDUCATION CENTRE FOR LEARNING EXCELLENCE

For students who have just entered XJTLU, the “free-range” teaching style may make you feel a bit overwhelmed and confused. Some students may feel that after Gaokao, I could finally enjoy college life because no one here is in charge of me. Besides, there is very few homework, and I can get up late and stay late at night. But “a happy” semester often leads to bad grades at the end. Some students say, “I want to study hard, I think I have a lot of basic knowledge which is not very solid, but the teacher did not assign any homework, so I feel there is no way to start.

How should I study at XJTLU? What is research-led learning? How can I become an “industry elite” and a “global citizen” as advertised at XJTLU? Concerning these questions, Academy of Future Education hopes to accompany you through four years, and help you make the transition from “passive learner” in high school to “active” and “research-led learner”, with a clear plan for your life and eventually becoming a global citizen.

RESEARCH-LED LEARNING

XJTLU promotes research-led teaching and learning, which means that teachers should use research-led teaching methods in the class and students should also actively use research-led learning method. In fact, research-led learning method is everywhere in our daily life, and we have been using them unconsciously. Below is a simple example to illustrate.

Before starting college life, many students would like to buy a laptop. In the process of choosing a laptop, you will ask experienced family members and friends, check various evaluation articles, narrow down the range, and finally make a choice among different products. This process is a typical research-led learning process. First you will have a real practical problem as an entry point: “Buy a laptop that suits you”. To make a proper choice, you will do research and analysis, which may include a variety of approaches, such as consulting others, looking at professional review articles online, understanding the differences between various configurations, etc. Generally speaking, you will also discuss with your parents as they are funding the purchase, therefore, the process also involves teamwork: how to discuss and convince your parents. Finally, you will make the decision and solve the problem.

After such a process you may find that computer-related knowledge leaves you a deep impression that even if a year later someone ask you about it, you can still recount it. This is the beauty of research-led learning, where the knowledge you have researched is ingrained in your brain during the problem-solving process, unlike the knowledge you just have memorized before the exams, which you may forget 80% of it in a week.

Academy of Future Education will be conducting various activities to help you understand more about how to use research-led learning method effectively in the class, helping you to break out of the “memorize - forget” cycle and master your knowledge more effectively.

INTERDISCIPLINARY THINKING, DIGITAL LITERACY & INDUSTRY KNOWLEDGE

The current society is evolving rapidly and how the knowledge we learn today is adapted to the needs of the future society requires interdisciplinary thinking and industry related knowledge in addition to research-led learning. We find that a real problem often involves knowledge from multiple disciplines, so interdisciplinary thinking, the ability to work in teams and sensitivity to numbers, technology and industry play a key role in how we can effectively work together with others to solve problems once we enter society.

Academy of Future Education offers a wide range of courses and activities in these areas, which will hopefully support the development of these skills over the four years of university and prepare you well for the future.

YEAR 1	YEAR 2	YEAR 3	YEAR 4	FINAL RESULT
FIRST YEAR PUBLIC OPTION <ul style="list-style-type: none"> • Social Responsibility • Entrepreneurship • Sustainable Development • Digital Literacy 	INDUSTRY TOURS SERIES IETE programme, Industry Tours, Industry Insights			GLOBAL CITIZEN Research-led study habits Interdisciplinary thinking and qualities Problem solving skills Industry knowledge Creative thinking
	GLOBAL CITIZEN COURSE Team up with students from universities in the USA and other countries to explore hot topics around the world			
Research-led Learning Workshops & Competition				

CONTACT US

EMAIL: CLE@xjtlu.edu.cn



XJTLU ENTREPRENEUR COLLEGE (TAICANG)

XJTLU Entrepreneur College (Taicang) is an exciting unique forward-thinking 21st century solution to meeting the educational challenges created by the 4th Industrial Revolution. The philosophy of XJTLU Entrepreneur College (Taicang) is to create unique industry themed schools through an equal partnership with well-known and innovative businesses, delivered through the university Syntegrative Education model.

VISION

Become the cradle of elites and leaders for emerging industries, and the model of the future university.

MISSION

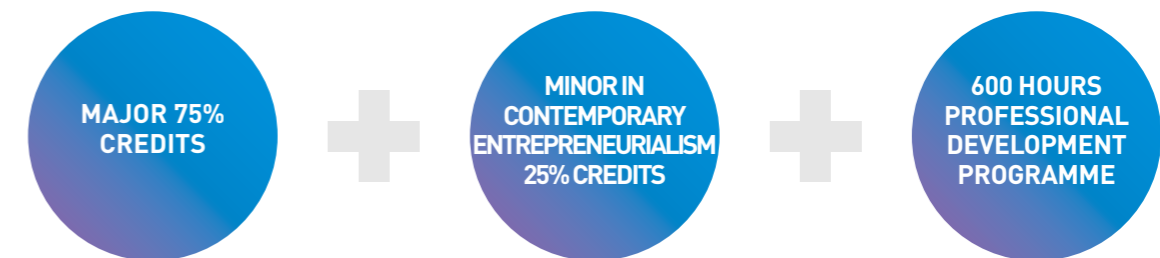
- To cultivate elites and leaders for new industries
- To explore new models for international high-end development of human resource excellence and operations
- To explore new models for new industry development and foster their development
- To offer solutions to the conceptualisation of the future university and the organisation of its campus

UNIQUENESS

Based on an existing specialized talent cultivating model, Syntegrative Education integrates specialized, industrial and management programmes to deliver international industry experts, with the ability to lead future industry development. Those leaders will be highly versatile with the ability to drive the industries of the future. They will be well-rounded yet specialized, know their industries thoroughly, and be able to mobilise resources and lead people.

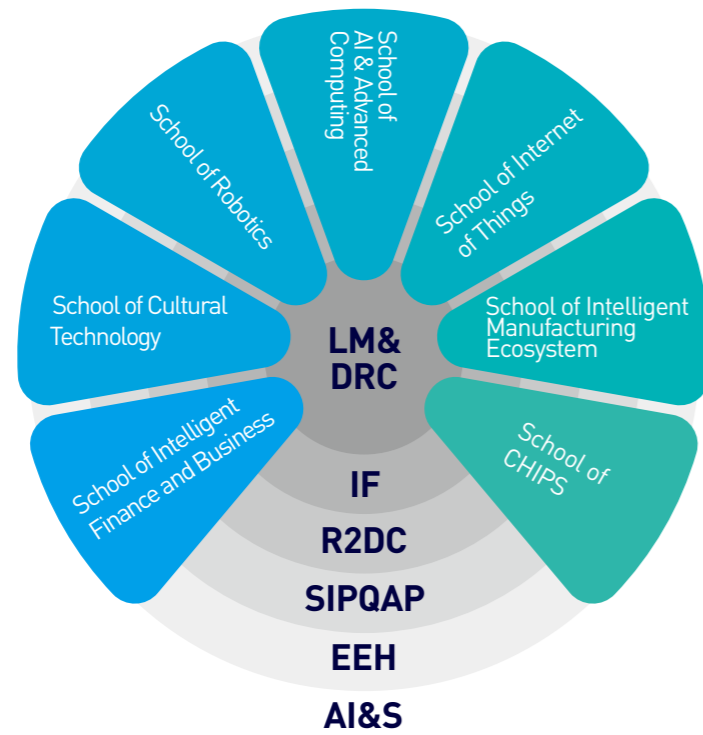
SOME UNIQUE FEATURES OF SYNTEGRATIVE EDUCATIONAL MODEL INCLUDE:

- Industry-themed schools to enhance cross-disciplinary and industry training.
- Lifelong education at the XJTLU-Learning Mall without age limits, which allows everyone to achieve their learning targets and acquire credits via courses or training programmes.
- Support for innovative ideas from students and the public via the open-end innovative Innovation Factory, various Research & Development Institutes, and a range of start-up initiatives with business partners.
- Enhancement of students' adaptability to work in fast paced, rapidly changing future careers through the syntegration of general, specialized, industry, management and entrepreneurship education.
- Innovative programme structure (major + minor) with 600 hours professional development components, leading to extra XJTLU and UoL qualifications.
- Valuable entrepreneur and leadership skills through studying on the unique contemporary entrepreneur modules that are part of the degree, giving students a competitive edge in career path they choose.



XJTLU Entrepreneur College (Taicang) has co-developed seven industry-themed schools with our founding industry partners. These industry schools are listed below along with the undergraduate degree programmes delivered by each industry school respectively.

INDUSTRY SCHOOL	FOUNDING INDUSTRY PARTNER	DEGREE PROGRAMME TITLE (M)
SCHOOL OF AI AND ADVANCED COMPUTING	Sugon	BEng Data Science and Big Data Technology with Contemporary Entrepreneurialism
SCHOOL OF INTERNET OF THINGS	Eolane Group	BEng Internet of Things Engineering with Contemporary Entrepreneurialism
SCHOOL OF INTELLIGENT MANUFACTURING ECOSYSTEM	Haier Group	BEng Intelligent Manufacturing Engineering with Contemporary Entrepreneurialism
SCHOOL OF ROBOTICS	Siasun	BEng Intelligent Robotics Engineering with Contemporary Entrepreneurialism
SCHOOL OF INTELLIGENT FINANCE AND BUSINESS	AMT	BSc Intelligent Supply Chain with Contemporary Entrepreneurialism
SCHOOL OF CHIPS	Standard Science Chip Cloud Microelectronics, SIMIT	BEng Microelectronic Science and Engineering with Contemporary Entrepreneurialism
SCHOOL OF CULTURAL TECHNOLOGY (as part of the Academy of Film and Creative Technology)	China Culture and Media Group	BA Arts, Technology and Entertainment with Contemporary Entrepreneurialism



Value Add (Network + Creation + Sharing)

LM&DRC | Learning Mall
& Digital Resources Centre

SIPQAP | Standard, IP,
Quality & Accreditation Platform

IF | Innovation Factory

EEH | Entrepreneurship & Enterprise Hub

R2DC | Research, R&D Community

AI&S | Alliance of Industry & Society

CONTACT US

XJTLU Entrepreneur College (Taicang)

WEBSITE: <https://www.xjtlu.edu.cn/en/study/departments/entrepreneur-college-taicang/>

TELEPHONE: +86 0512 88161361

EMAIL: Taicang.Inquiry@xjtlu.edu.cn

ADD: 12th floor, Central Building, Xi'an Jiaotong-Liverpool University, 111 Ren'ai Road, Suzhou Dushu Lake Science and Education Innovation District, Suzhou Industrial Park, Suzhou, P. R. China, 215123



LIVE IN
XJTLU

CAMPUS INTRODUCTION

Please remember the name and English abbreviation of each building before you enter the campus. This will help you be familiar with the campus when you walk around the campus with your Buddy. Please scan QR code to download the campus E-map.

You can get the hand-drawn map at XJTLU Museum. It will help you intuitively experience the architectural composition and planning on north and south campus, and understand the landmark area with our unique campus features and the stories behind it as well.



The following three buildings are of great importance to your campus life:

FOUNDATION BUILDING | Language Centre is located in this building. You will take almost all the 1st year foundation courses here. In addition, many clubs' activities will be held at the lobby of the first floor.

CENTRAL BUILDING | This is the administration building. Most functional departments are located here, such as Library, Museum, Registry, IT Service Centre, One-Stop Student Centre, Student Counselling Centre, Accommodation Service Centre, Student Club Service Center, Career Center, Alumni Association, etc.

PUBLIC BUILDING | This is the place where Student Development Advice Centre is located. If you have any confusion at the beginning of the semester, make an appointment and come to your Development Advisor's office for consultation.


HEALTH AND SAFETY

First aid response at XJTLU: There is a Pre-hospital Care Room in university.

SERVICE SCOPE	<ul style="list-style-type: none"> • Debridement, sterilizing and dressing for general trauma • First aid on the spot and preliminary treatment of accidental injury
LOCATION	Foundation Building 159
OPENING HOURS	9: 00 am-12: 00 am every Monday & Thursday No permanent duty personnel. Please call the contact person on off-hour
CONTACTS	Ms. Jin
TELEPHONE	0512-81884630

- According to the relevant national professional policies, the Pre-hospital Care Room CANNOT provide disease diagnosis and drug treatment.
- First-aid kits are distributed to every Property Management Office, academic departmental secretaries, labs and Health and Safety Officer. All medical supplies are free to use. But NO medicine is provided in the first aid kit. Keep your own medicines with you if necessary.
- Some first-aid equipment such as cervical collar, head holder, stretcher and wheel chair are acquired for public use in the campus.

MEDICAL RESOURCES SUPPORT OFF-CAMPUS

	NAME	ADDRESS	CONTACT
HOSPITAL AROUND CAMPUS	Suzhou Dushu Lake Hospital	ChongWen Road 9, SIP, Suzhou	0512-67505200 
VACCINATION CLINIC AROUND CAMPUS	Moon Harbor Community Health Station	QiYue Street 198, SIP, Suzhou, 4F	0512-62730741
AIDS FREE CONSULTATION TESTING CLINIC	Suzhou SIP CDC	Suhong West Road 200, SIP, Suzhou, 7F, Block A(Public Health Centre)	0512-67614233

BE CAREFUL OF FRAUDS

Please think twice at any time when you want to transfer money.

- Please do not give your mobile phone, cash or bank cards to strangers. When you receive a message of money loan from WeChat, QQ and other social software, you must confirm the identity of the recipient through video or other methods.
- Please be careful of people approaching you pretending to be teachers, student unions, student associations, or seniors conducting surveys or offering subscriptions.
- Please choose the qualified platform shopping online. If you receive a Call involving a refund or compensation, please keep careful and confirm the information on related platform. Do not to reveal your private information or open a text link easily. Make a refund or compensation operation in the APP.
- Please be aware of high-profit temptation, refuse illegal fund-raising, and stay away from all kinds of illegal money lending and campus loans. Stay away from the temptation of interest such as fake orders. Once you find that you have been cheated, you should keep the evidence and report to the police immediately.

REMEMBER THESE EIGHT COMMON SCAMS TO AVOID BEING CHEATED.

- Someone claims to be from public security organs and asks for a money transfer.
- Someone requires you to transfer your money to a 'Safety Account'.
- Someone requests a pre-deposit for awards.
- Be cautious of scams requiring you to provide your banking information on unknown websites or links.
- Never give your personal information, bank card information or message security codes to unknown people over the phone.
- Be careful of claims to test your E-bank.
- Please contact your relatives and friends immediately when you get messages about incidents involving them.
- Be aware of money transfer requirements from your boss or tutors on the phone.

PLEASE PAY CLOSE ATTENTION TO WECHAT OFFICAL ACCOUNT: SUZHOU ANTI-FRAUD CENTRE AND SUZHOU SIP POLICE



Suzhou Anti-Fraud Centre



Suzhou SIP Police

BE CAREFUL OF THIEVES

- Please establish correct view of money and consumption. Don't carry large amounts of cash with you upon your arrival. Please be careful when you set up your bank card pin number.
- Please take good care of your personal belongings. All students must look after and carry your own valuables, and don't leave items in public area to avoid unnecessary losses.
- Please park bikes, e-bikes and other vehicle in designated areas and lock it when you are leaving.

BE AWARE OF FIRE SAFETY AND OTHERS

- Smoking at indoor area is strictly prohibited in campus.
- Please follow accommodation rules and regulations strictly; follow Regulation for User of the Room and XJTLU Campus Code of Conduct Policy strictly.
- Please pay attention to traffic safety when you go out.

If you have any problems or questions about health and safety, raise them to the Health and Safety Affairs Office.

Office location: Center Building, 1103

Contact number: 0512-88161005

E-mail: hsc@xjtlu.edu.cn

TIPS FOR ACADEMIC STUDY

The following tips may help you be familiar with XJTLU academic life quickly.

Attendance is important; please learn to sign in online.

Cramming is not ideal. Focus on DDL; pace your study.

Ask questions about what you are learning, which can help you figure out the most important areas to focus on.

Use chapter review questions to reinforce what you know and find out what you miss.

To highlight key points is crucial, which can help you recognize the most important parts and make a last minute review.

Group study is a good way, which sometimes can help you with difficult parts.

Stay away from distractions. The public area rather than your dormitory is the ideal place to study.

Study will be much less effective if you are tired. Try to get a good night's sleep, or take a nap if you are tired.

Do not procrastinate. However, some people study best under stress, and they procrastinate as a way to get into their optimal study zone. Know your study sweet spot!

Reduce your stress levels. If you start to feel stressed, taking a few deep breaths can help you relax. Exercise and good time management can also help.

XJTLU

ACADEMIC SUPPORT

REGISTRY SERVICES AND SUPPORT

The Registry Office supports XJTLU's core activities of teaching and learning, manages student registration data, and provides a variety of academic/registration-relevant services. It develops and uses e-Bridge (<https://ebridge.xjtlu.edu.cn>), a XJTLU's web-based student information system, to maintain student registration data and online procedures to support academic registration relevant core activities.

ANNUAL REGISTRATION

The annual registration is the process of confirming your academic and personal information at the beginning of each academic year. All students should finish the online registration and financial registration on e-bridge before the start of each academic year.

MODULE ENROLMENT AND TIMETABLE

The e-Bridge system maintains the information of your module enrolment, including compulsory modules and optional modules. Your personal class timetable will be released on e-Bridge before the start of each semester. You will also be enrolled into your modules on XJTLU's virtual learning environment XJTLU learning mall, the online platform designed to support and enhance learning and teaching activities. You can access XJTLU learning mall in order to stay up-to-date with your modules, communicate with teachers, view important learning resources, and submit coursework assignments, and so on.

STUDENT RECORDS, TRANSCRIPTS AND OTHER CERTIFICATES

E-Bridge maintains your personal information and academic records during your study at XJTLU. You can access e-Bridge to check your module list, academic records, progression results, work placement records, and so on.

If you would like to request official transcripts and other certificates, you need to log in to e-Bridge and complete the online request form on academic records page. A confirmation email will be sent to your XJTLU email box after your request is submitted successfully. Normally your request will be processed within 5 working days.

TRANSFER, SUSPENSION AND WITHDRAWAL

You are expected to complete your undergraduate studies as a XJTLU student. However, if there are situations where you suffer from health problems or other special difficulties, you may apply to transfer to another university. You can seek details about the procedure of transferring to another university from Jiangsu Department of Education website or consult the Student Academic Services Team of the Registry Office for advice.

Ideally you can complete your undergraduate studies in four consecutive academic years. However, there may be situations where you experience persistent problems with health or personal circumstances which may prevent you from continuing your studies temporarily. Under these circumstances, you may need to apply for suspension of your studies. Before you apply, please discuss with your family and consult your Academic Advisor, your Development Advisor and the Registry Office about your study plan. The application for suspension of studies shall normally be made before the start of each academic year.

We hope you will graduate successfully from the university, but we know that sometimes students have to leave before you complete your studies. Please discuss with your family, consult your Academic Advisor, your Development Advisor and the Registry Office if you are thinking of withdrawing. If you eventually decide to do so, you should complete the withdrawal form and submit it to the Student Academic Services Team of the Registry Office.

Please note the maximum registration period for UG students is 8 years which includes all periods of repeating level of studies and suspension of studies.

CONTACT REGISTRY

Please visit e-Bridge (<https://ebridge.XJTLU.edu.cn>) for more details about registry, the e-Bridge system, and university policies and regulations etc.

Contact the Student Academic Services Team of the Registry Office:

Email: academicervices@XJTLU.edu.cn

Office: 8th floor, central building.

Telephone: 0512-88161230

STUDENT GUIDE TO IT SERVICES

The Management Information Technology and System Office (MITS) provides IT support and services for learning, teaching, research and staff offices. Areas of expertise include IT infrastructure, application development, helpdesk services, and education systems. Students should abide by all MITS related rules and regulations. Full details of campus services and policies can be found here: <https://guide.XJTLU.edu.cn/it-guide-for-student.html>

XJTLU ACCOUNT

A XJTLU account is given to all new students and consists of a unique User ID and an initial password.

Students can use this account to log into any campus IT system.

For example computers, Wi-Fi, E-mail, Box Cloud Storage (XJTLU Box), Library.

For links and to learn more about these systems click here: <https://guide.XJTLU.edu.cn/>

LOGGING INTO A CAMPUS COMPUTER

- Press “Ctrl+Alt+Del”, to make the login window appear.
- Input your username and password and press “Enter” to login.

EMAIL

Students have a 2GB mailbox capacity. The attachment size limit is 30MB. Emails can be managed via Outlook web access at <https://mail.XJTLU.edu.cn>.

TO UPDATE XJTLU ACCOUNT PASSWORD

Log in <https://sso.XJTLU.edu.cn> > Click “Password” tab > Input your old password, new password and confirm the new password>Click “OK”

*Passwords expire every 360 days

TO RETRIEVE XJTLU ACCOUNT PASSWORD

Open <https://sso.XJTLU.edu.cn>, and click on the link “Forgot Password” on the login window. Follow the procedures to retrieve password.

STUDENT ID CARD

The card can also be used to:

- Borrow library books
- elf-service printing
- Pay for buses/subways

WI-FI(WIRELESS NETWORK)

Connect to University's free Wi-Fi network

- Connect to the XJTLU Wi-Fi network.
- Open any web page, and the authentication page will automatically pop up.
- Log in with your username and password. (Device Limit: 3)

COMPUTER LABS

- The computers in labs are preinstalled with Microsoft Windows or Mac OS and various software; students could log in with XJTLU accounts.
- All computers connect to the network with free internet access.
- Computer labs are open from 8:00 to 22:00 every day during teaching weeks. Only limited labs will be available during the holidays.
- MITS Office will clean up personal belongings from 8:00 to 8:30 every day during teaching weeks.
- Students may freely access labs unless there are classes, maintenance, or scheduled events.

IT SERVICE CENTRE

Location : 956A Central Building

TEL : 0512-88161250

Email: IT@XJTLU.edu.cn



SOFTWARE INSTALLATION

Location: Library 4F (Central Building)

LIBRARY

XJTLU Library plays the role of Research Support and Learning Centre in XJTLU by following the latest development trends of top university libraries around the world. The Library develops its collection by focusing on subject development and research requirements. Once shortlisted for the “Oscar Award” for architecture, the whole building is impressive for its design inspired by the “Taihu Stone”. The spatial partition stands for the dependence and integration of knowledge fragments. And the inner see-through spatial design seamlessly connects the practical functions.

Important information that you need to know:

Your University ID Card is also your Library Card; it can be used to enter and exit the library, borrow books, book group study rooms, print, copy and scan documents, as well as for the electronic lockers.

The Library not only provides a huge range of printed resources; including a wide variety of books, magazines and newspapers, but also provides digital resources such as academic journals and e-books, which can all be accessed at <http://lib.xjtlu.edu.cn/>.

Learning Commons, Group Study Rooms, Information Commons, as well as “Mobile Phone Zones” are also accessible in the library. The entire Library has Wi-Fi coverage, and is divided into different zones: “Absolute Quiet Zone”, “Quiet Zone” and “Light Discussion Zone”, to cater to all students’ preferences of research study, open discussion and team work.

The library not only organizes various activities for students, but also offers a variety of information skills training sessions. You can follow the Library’s WeChat account to keep up with the Library’s activities.

TIPS

- The library is a public area, please watch your belongings and do not leave any belongings unattended. The library is not responsible for any loss or damage of personal belongings left unattended in the library.
- Any personal items left in the Library premises after closing hours will be taken to the 3rd floor Library Service Counter each day without notification.



Library Homepage



Library Wechat



Freshmen Quick Start Guide

LEARNING PLATFORM AND SYSTEM

XJTLU LEARNING MALL

The XJTLU Learning Mall (XJTLU-LM) acts as an innovation and entrepreneurial research and development hub as well as project and partner center. It provides "storefronts" online and onsite for premier global partners to share their learning content with its user audience. This audience includes XJTLU students and faculty as well as external users nationally and globally. It integrates onsite and online non-degree programmes developed by the university, industry and external partners. These programmes offer learning opportunities to a wide net of different education consumers to promote lifelong learning across China-online and onsite, campus to community.

The XJTLU-LM (and accompanying app for mobile devices) is also designed to support and enhance learning and teaching for XJTLU students and staff. It will enable students and teachers to engage in learning and teaching activities and services, both inside and outside of the classroom via mobiles, computers and tablets.

FOR XJTLU STUDENT USERS IN DEGREE PROGRAMMES, THE XJTLU-LM MAKES IT POSSIBLE TO:

- Conveniently view and download content and resources provided by teachers (e. g., lecture notes, background reading materials, video and audio files, etc.)
- Easily record attendance at lectures, seminars, workshops, etc.
- Submit homework and coursework assignments as well as receive marks and feedback from your teacher.
- Quickly receive important news and announcements from teachers
- Collaborate and work together with other students on group projects
-and much more!

Beyond degree programmes for XJTLU students, the XJTLU-LM provides non-degree learning content and services from national and global partners. These resources will include a competition portal, internship and employment opportunities, project opportunities, etc., as well as a wide variety of other exciting initiatives. It is also a dynamic learning community in which students and other users can actively share their ideas. Everyone is welcome to contribute and develop this community and ecosystem through active contribution independently or as a member of XJTLU-LM Student Support Team.

Visit us on learningmall.cn and start you lifelong learning journey!

LEARNING MALL
OFFICIAL WECHAT
ACCOUNT



XJTLU APP

The XJTLU APP is a uniform and easy way on mobile devices that intend to provide XJTLU staff and students with the means to benefit from accessing to the data produced by a wide range of application systems across the campus.

It is designed to integrate the services rather than generate the data itself to save enormous time for end-users.

You can download it by scanning the QR code below.



e-Bridge

e-Bridge system is the web-based student information system of XJTLU, which is maintained by Registry for students to access your academic and personal information, University policies and regulations and to perform a variety of tasks.

WITH E-BRIDGE YOU CAN:

- Complete annual online registration
- Update personal contact information
- Request for transcripts and other certificates
- Choose optional modules
- Choose your programme (for Year 1)
- Apply for 2+2 study route (for Year 2)
- Register for graduation ceremony (for Year 4)

YOU MAY CHECK RELEVANT INFORMATION VIA E-BRIDGE, INCLUDING BUT NOT LIMITED TO:

- Class and exam timetables
- Contact information of Academic Advisor and Development Advisor
- Your Fee Invoice of the current academic year
- University policies and regulations
- Programme and Module specifications
- Academic records and progression results
- Assessment Information

STUDENT SERVICE

STUDENT DEVELOPMENT ADVICE CENTRE

By integrating eastern and western culture and coordinating global resources, Xi'an Jiaotong-liverpool University (XJTLU) maintains a campus culture of Diversity, Regulation, Innovation, Freedom and Trust. In order to help domestic students adapt into the international culture of XJTLU and become elites with noble personality, outstanding skills and international competitiveness, Student Development Advice Centre (SDAC) coordinates various resources and provides comprehensive advisory and guidance services for students. It aims at providing effective supports for students as well as helping students achieve personal growth and development.

STUDENT DEVELOPMENT ADVISOR TEAM

As one of the Four-Tutor System, Student Development Advisors will, from the perspective of an advisor, guide you to experience **The Three Transformations process**, integrate multiple resources as coordinators and provide specialized supports as experts.

Student Development Advisor Team will provide necessary support to undergraduates of different stages, normally the freshmen and senior students. Their support mainly include the following aspects:

ADAPTATION AND INTEGRATION

For freshmen adaptation, SDAC cooperates with other student service teams to design and launch Induction Programme for freshmen.

For departmental integration, SDAC cooperates with schools and departments to organize Orientation for students.

GROUP SUPPORT

SDAC will take irregular visits to student dormitories. Pay attention to student life circumstances, listen to students' needs and set up a close relationship with students. They will also arrange the military trainings for freshmen to strengthen their national defense sense and organization discipline, and develop favorable study and life habits.

INDIVIDUAL-SPECIFIC ATTENTION

Student development advisors pay close attention to general performance of students at university and provide daily support. They also offer specific support to students facing challenge in life and study such as academic risks (including module failure and repeat, exam absence), adaptation difficulties and interpersonal relationship problems.

MORAL AND POLITICAL EDUCATION

SDAC has held morality as the root of education practices, with a dedication to cultivation of students to global citizens of comprehensive competences. They are also responsible for such as party member enrollment, political review, and campus safety relevant work.

PROGRAMME SUPPORT

WingPlus is a platform which coordinates resources from different offices at XJTLU to support student development. Students could participate in various support and enhancement programmes on the platform.

CLASS MANAGEMENT

SDAC divides administrative classes for freshmen and carries out various educational and teaching practices. The administrative class will be disbanded when students choose majors, and student development advisors still support the students based on the department. The selection and training of class leaders is also a part of class management that conducive to improving students' ability of self-management and peer assistance.

EMERGENCY MANAGEMENT

Student development advisors respond to emergency cases according to emergency procedures of the university.

EPIDEMIC PREVENTION OF MAINLAND UG AND PG STUDENTS RETURNING TO UNIVERSITY

SDAC is responsible for mainland UG and PG students returning to university during the epidemic period. The process of returning to university is designed for students with different situations, and students are guided to obtain the XJTLU code.

For further information about the SDAC, please email sda@xjtlu.edu.cn.

How to check your Development Advisor's information?

You can check your Development Advisor's information on e-Bridge, including your Development Advisor's office address and phone number.

YOU STOP, WE HELP -- HOW CAN I FIND HELP FROM ONE-STOP?

One-stop Student Service Centre, the first source of answers about student insurance, household, student archive and other non-academic affairs. Make One-stop your first stop! Let's get to know One-stop from the following questions.

STUDENT ONE-STOP

WHAT'S THE ONE-STOP?

Since its establishment in 2009, One-Stop Student Service Centre has been committed to providing excellent services and supports to all students and aims to create an efficient communication channel among students, parents and the university and among various departments within the university.

It covers services like consultation, on-campus affairs and other related issues. Students can find the solutions to most non-academic problems here.

WOULD YOU PLEASE DETAIL THE SERVICES AT ONE-STOP?

Generally speaking, our service is divided into two parts: **consultations and applications.**

Consultation service accepts any non-academic XJTLU-relevant enquiries. If you are confused or in difficulties, contact us and we will give you initial assistance and refer you to appropriate specialist teams if necessary.

- Application services are listed in detail as below.
- Medical insurance
- Household transfer application
- Student archive application
- Student ID card replacement application
- Student booklet registration and replacement application
- Facilities booking for student organizations
- Scholarship application (non-academic)
- Provincial and school appraisal

Additionally, One-stop accepts suggestions and complaints. Any suggestion or complaint will be welcome and responded timely by us.

HOW CAN I GET ONE-STOP SERVICE?

You may achieve one-stop service by following ways.

On-site: Central Building-115E

Office-hour: 9:00-12:00, 13:00-17:00

Phone: 0512-88161854

E-mail: onestop@xjtlu.edu.cn

Website: <http://studentonestop.xjtlu.edu.cn/>



Student One-stop
in My Eyes



Scan us to
submit your
application



Student One-stop Quick
Flash intro
(Chinese-English)

FURTHER INFORMATION:

FAQs on Official Website: <http://guide.xjtlu.edu.cn/faq-oss.html>

Regulations and Procedures at One-stop: <http://studentonestop.xjtlu.edu.cn/>

STUDENT COUNSELLING CENTRE (SCC)

PART 1 | I WANT TO KNOW MORE ABOUT COUNSELLING.

WHAT IS COUNSELLING?

Clients bring their problems to counselling and then, under the joint efforts of clients and counsellors, clients find the inner insight collaboratively with the counsellor. Further on, clients will develop further self-growth.

Counselling could be conducted not only by talking, but also by sand play or art therapy. During this process, relative to giving direct guidance, education or opinions, counsellors put more efforts on exploring clients' own power to improve the current distresses. Only in this way could the counsellor help clients develop the ability to deal with difficult situations after the end of counselling.

HOW CAN COUNSELLING HELP ME?

Listen and Understanding. In counselling, what you will first get is genuine attention to listen to your current issues. The counsellor will try the best to understand your feelings which is called empathy. Such experience will help you to feel safe and become more engaged.

Respect and Acceptance. No matter who you are or what you are going through, no matter what you think, you will find self-worth and self-energy in the counselling atmosphere that works towards unconditional respect and acceptance.

Professional Knowledge. With a professional background, the counsellor is capable of guiding you to look at your struggle from a different perspective. During this process, you may change your way of thinking, jump out of the box and relate to yourself and the world differently.

IS COUNSELLING THE SAME AS THERAPY?

Generally speaking, counselling is different from therapy but they do have overlaps. A person's mental state is an ongoing process of change, so there is not a very clear demarcation point akin to spectrum. Sometimes counselling and psychotherapy will overlap but it is necessary for mental health professionals to act within their scope of competency.

Individual with good
mental health

Counselling clients

Psychotherapy clients

patients with medical
treatment

Here are the differences between counselling and psychotherapy:

DIFFERENCES	COUNSELLING	PSYCHOTHERAPY
PERSON	Persons who are mentally troubled.	Persons with severe mental illness, who's usually in medical treatment.
CONTENT	Mainly to address a variety of psychological problems encountered in general life such as learning difficulties, job problems, marital problems, family problems and interpersonal problems.	Mainly to make diagnosis and treat certain patients with abnormal mental symptoms, such as neurosis, sexual metamorphosis, personality disorders, behavioral disorders and psychosomatic diseases.
TARGET	Promote mental health—get rid of psychological distress, enhance the ability to adapt, fully develop their potential and improve their level of developmental ability.	Reduce abnormal symptoms—Eliminate or relieve symptoms, return to normal life.

The Student Counselling Centre (short for SCC) provides counselling for all students, and also provides supportive counselling for some students who are in medical treatment.

WHEN DO I NEED COUNSELLING?

Negative feelings could be one of the signs. When you are left out or misunderstood, when you feel abandoned or unloved, when you feel pain with nobody to talk to, you can ask for help from a counsellor. Besides, when you are confused about the future, do not know how to make decisions, or feel confused about yourself and want to explore who you are, counselling can also be a good choice.

Someone may think that only when I am faced with a huge problem, I need to seek the help for counselling. Each and every issue we struggle with is of importance. We don't compare one student's problems to another's. Asking for help does not mean that you are a coward, and real courage does not mean that you need to fight alone.

HOW LONG WILL COUNSELLING TAKE TO WORK?

Doctors cannot guarantee that medicine takes effect immediately, the psychological symptoms will be lessened in this manner in this amount of time. The same principle applies to counsellors. Everyone has different problems. Everyone's situation is unique and as such the method of counselling, the time it takes and the issues therein are specific to the individual.

HOW OFTEN DO I MEET WITH MY COUNSELLOR?

This will be influenced by several factors, such as the content of the counselling, the target, the status of the clients, the suitable time for both and so on. Usually, the counsellor will make a recommendation to the client and then you two will agree on a suitable counselling frequency. For example, once a week (most common), twice a week, or every two weeks.

HOW LONG WILL THE COUNSELLING BE FOR ONE SESSION?

It is usually 50 minutes. In special circumstances (such as crisis intervention) or trauma treatment time may be extended to several hours. There are also some counsellors who follow the "flexible counselling time" style. Counsellors and clients should determine the length of each session together.

WILL THE COUNSELLOR GIVE ME SPECIFIC GUIDANCE?

We often hear the client ask "what should I do?" "What choice should I make?" "Can you give me some advice?" The counsellor will decide whether to give specific guidance on the basis of a careful assessment and always with the purpose of the well-being of the clients.

Specific guidance may help solve the present problem, but it cannot help the clients to increase their ability of solving the problem himself. When they encounter a similar situation, they may not be able to rely on their own strength to face and solve it.

WILL IT BE EFFECTIVE IF I ATTEND COUNSELLING ON BEHALF OF SOMEONE ELSE?

When you come to the counselling for someone else, we can understand their situation through you, and then we may provide some interventions, knowledge and emotional management techniques. It may give rise to a certain degree of change. However, as we cannot understand their real thoughts and emotional experience, the effect is very limited. If you want to make a greater change, we recommend that your classmate or others come to counselling personally so that the counsellor will assess all aspects of them and then provide targeted counselling.

PART 2 | WANT TO START COUNSELLING.

HOW TO MAKE AN APPOINTMENT FOR INDIVIDUAL COUNSELLING?

You can make an appointment for individual counselling via email, phone call, and website or in person at our reception. Your initial assessment session will be arranged as soon as possible after you complete and submit your application form. During the session, there will be a chance for you to discuss your counselling expectation with the counsellor.

WHAT WOULD HAPPEN AFTER YOUR APPLICATION?

After you successfully submit your pre-counselling form, you will be invited to attend the initial assessment session according to the available slots you choose on the form. In the initial assessment session, you will have a chance to discuss your current issues, your counselling expectation and how counselling works with the counsellor. Certainly, you can bring up your concerns about counselling and make your own decision on whether to require the formal counselling sessions or not.

If you would like to have the formal individual counselling, you will be arranged to one-to-one short-term counselling. Each session normally lasts for 50 minutes with the same counsellor once a week.

You will also have a chance to fill in the evaluation questionnaire to leave any useful feedback, when you and your counsellor both agree to end the counselling relationship. You are always welcomed to make another appointment next time when you need it.

WHY DO YOU NEED TO MAKE AN APPOINTMENT IN ADVANCE?

First of all, of course, making an appointment in advance guarantees that the client and counsellor are able to arrange their time in advance. This allows for a secured period of time for the session to be held without interruption.

In addition, the appointment system can also help the counsellor understand the relevant information of the clients in advance. During the waiting time, clients have also begun to organize and explore their own inner feelings and thoughts.

Therefore, the preparation on both the environment and psychology can improve the quality and efficiency of counselling.

WHAT CAN I DO WHEN I DO NOT WANT TO MAKE AN APPOINTMENT?

The centre also provides drop-in sessions if you do not require an appointment. Drop-in session is not formal counselling. Drop-in session applies to the situations as follows: you are not sure whether you need counselling or not; you want to get advice for one of your friends; you just want to know more about counselling and so on.

WHAT SHOULD I DO IF THERE IS AN EMERGENCY?

It is important to note that when you or your friends encounter an emergency, such as someone who wants to kill themselves, be sure to look for resources as soon as possible such as chatting with trusted friends or turning to the school teacher for help. If someone has tried to commit suicide or self-harm, for whatever reason, be sure to call the ambulance 120 first to ensure the safety of those affected.

If someone has illusion or delusion, seeking medical treatment immediately is the best choice. Our services are not designed to meet active crises.

ALTHOUGH I WOULD LIKE TO MAKE AN APPOINTMENT FOR COUNSELLING, I STILL FIND IT DIFFICULT TO TALK TO OTHERS ABOUT MY OWN PROBLEMS.

When we encounter difficulty, self-esteem damage will usually occur. It will be shameful to discuss this with others. Therefore, the principle of confidentiality is one of the most important principles of counselling ethics. Counsellors think highly of your privacy throughout the process.

In fact, it is often the experience that is difficult to express or is left unfinished that has caused the self-development suppression and interpersonal problems. Feedback from counselling attendees has shown that clients are always able to get personal and interpersonal development through the full expression of their feelings during counselling.

We want to clarify that counsellors aren't fully able to read one's mind, especially if a client isn't being fully honest. Therefore, if one chooses to undergo counselling they need to be voluntary. Counselling is a process of cooperation between client and counsellor to seek a solution to the problem. Both sides need to make efforts, trust each other, and be honest with each other. A stable and firm counselling relationship is considered a factor of effective counselling.

WHAT ISSUES CAN I TAKE TO XJTLU STUDENT COUNSELLING CENTRE?

The scope of counselling includes: academic stress, interpersonal problems, emotional confusion, family relationships, career planning, sexual psychology and other issues; adjuvant counselling for depression, compulsion, anxiety, social phobia and other psychological disorders. It should be noted that the counselling for all kinds of psychological disorders can only have the effect and significance on the basis of medical diagnosis and stable medication.

HOW MANY COUNSELLORS DO WE HAVE IN SCC?

There are eight full-time Chinese counsellors, one international counsellor, and five part-time counsellors, as well as four supervisors. They all have a professional psychological background and experienced counselling practice. Get more information about each counselor through website.

PART 3 I WANT TO KNOW MORE ABOUT EMOTIONAL SIGNALS.

ANXIETY THAT IS SO OVERWHELMING

In daily life, everyone has a feeling of tension or anxiety more or less. Some may have long-term anxiety problems. When faced with danger and stress, anxiety is actually an instinctive reaction. For example, before exams, if you haven't reviewed well, you may be nervous and worried which is exactly what we call anxiety. At this time, we usually take the time to review the examination and actively do things to reduce anxiety. Such kind of anxiety is a protective response and isn't necessarily a bad thing.

In general, most of our anxiety is caused by real problems, such as examinations, too many homework, higher self-expectation and stress from parents. But there are students who become anxious because they are too worried about becoming anxious. The occurrence of anxiety is often associated with early experiences, personality traits, and higher self-expectations and so on.

When the symptoms of anxiety show up, we can do some self-relaxation activities, such as listening to music, taking a walk, sorting out ideas and so on. All of these may help us relieve anxiety. If the self-adjustment doesn't work, we recommend you to seek the help of a professional.

DEPRESSIVE MOOD THAT IS HARD TO GET RID OF

Everyone may feel depressed sometimes. When we stay in a depressed mood for an extended period of time, we usually will label ourselves with having a Depressive Disorder. Normally for a depressed mood, you can find out the reason and it will not last for too long. But a depressive disorder means that you stay in the depression for over two weeks or even longer and usually there is no easily identifiable cause. It is usually described as "I'm not interested in anything," "Nothing makes me happy" or "I don't want to do anything." This includes having no interest in things that one used to like.

We don't know why people get depressive disorder. No study can really tell us which part of the brain or body is ill. All we know is that biology, mentality and the environment all have an impact on it. It has no relationship with our personal will and effort.

When we are suffering from depression, we don't need to overcome these problems only by ourselves. Seeking help from professionals, doctors (who may prescribe medication) as well as the understanding and acceptance from others will make us stronger to overcome the current struggle.

POOR SLEEP

Sleep disorders refer to sleeping too little, sleeping too much, low quality sleep or sleep with certain symptoms. Almost everyone has had bad sleep, but the group with real sleep disorders accounted for only 27% (including the elderly) according to research statistics.

Common causes for sleep disorders are: psychological factors, physical factors, living environment factors and certain drug and food use. Studies have shown that more than 85% of people suffering from insomnia are caused by psychological factors, such as learning tensions, test stress, anxiety, fear, life contradictions, and quarrels with friends and so on. In particular, persons who have no one to talk to may be more likely to get insomnia.

Students with mild sleep disorders can moderate the sympathetic nervous system by exercising moderately during the daytime. If with long-term poor sleep, it is recommended to improve the psychological quality, create a good sleep environment, develop good sleep habits, and actively participate in physical exercise. At the same time, seeking help from medical or psychological professionals may be advisable.

ADDICTED TO VIRTUAL WORLD TO AVOID REAL LIFE

Internet addiction is a chronic or cyclical state caused by the repetitive use of the internet which is accompanied by a marked repulsion when not actively on the internet. There is also a psychological and physiological dependency for the pleasure induced by the Internet.

We tend to view internet-addiction as a signal of asking for help rather than a real addiction problem. For students who get this problem, the internet is their shelter. When we are facing lots of problems and difficulties that we cannot handle, we may choose the internet to help us escape from reality and gain a sense of achievement.

If at present you are really troubled by the problem of Internet addiction, what you need is to find out why and try to accept yourself, resume relationships with your family, and get understanding and emotional support from family and friends. At the same time you also need to strengthen your self-adjustment and management and try to clarify what the real problem is. Try to gradually acquire self-efficacy in your daily life and develop the ability to solve problems.

PART 4 OTHER SERVICES WE PROVIDE

ONLINE ADAPTATION SURVEY FOR FIRST-YEAR STUDENTS

In order to gain better knowledge of adaptability of new students, SCC will invite all first-year students to complete online test, which will also remain confidential.

DROP-IN SESSION

Quick counselling with no appointment needed. If you are not ready for the individual counselling once a week, drop-in session would be a good experience for you. It is more flexible and timely than the individual counselling to deal with emotional distresses. It normally lasts for 30 minutes and you will be listened with empathy and provided with emotional supports.

PSYCHOLOGY WORKSHOP

SCC will invite professional counsellors outside the university to hold psychology workshops in different topics, such as "Mindfulness and Meditation", "Interpersonal Communication", "Manage your stress" and "Emotion Lab", to all students at XJTLU.

PSYCHOLOGICAL EDUCATION LECTURES

SCC also provides Psychological education lectures for XJTLU's students, covering multiple topics such as "interpersonal relationships", "depression", "mental health general courses". SCC will also hold one or two large-scale lectures of "Growing up with 20-year-old children" each year for parents to improve their communication with children.

GROUP COUNSELLING

SCC also provides group counselling services; approximately 6-10 individuals meet face-to-face with a trained group counselor. Group counselling is commonly used for people with normal mental problems and it usually lasts for 6-10 times, 1.5h-2h each time.



Example Case:

This is a story of adapting to university life



SCC Website:

Log in using your university account after enrollment to make an appointment. Or know more about our workshops and booklists on psychology and counselling.

PART 5 EXCEPTIONS

In the following circumstances, both SCC and counselor have the right to terminate or refuse providing counselling services.

ABSENCE POLICY

To ensure that we are able to serve all those in need, if clients do not show up for the appointment without notification two times in a row, the ongoing counselling session will be cancelled automatically and clients will need to make another appointment.

HARM

Counselors may terminate therapy when in jeopardy of harm by the clients, including both physical and verbal.

THREATS

Counselors may terminate therapy when threatened or otherwise endangered by the client/patient or another person with whom the client/patient has a relationship.

HARASSMENT

Counselors may terminate therapy when harassed by clients.

SEVERE MENTAL ILLNESS

According to the professional evaluation of psychological counselors, some clients may need medical treatment other than psychological counselling, and would be recommended to medical institutions in accordance with the Mental Health Law of the People's Republic of China (e.g. Suzhou Guangji Hospital, Shanghai Mental Health). In this event, SCC will inform the parents and terminate counselling. Clients under psychiatric treatment should follow the treatment plan set forth by their psychiatrist and if they have the ability to get help from counselling, SCC would provide supplementary counselling.

STUDENT CLUB AND ORGANIZATION

OVERVIEW OF STUDENT CLUBS AND ORGANIZATIONS

Student Clubs and Organizations provide a platform for students' self-management and self-development. Student Club Support Center (SCS) is committed to creating a dynamic and kaleidoscopic campus life and culture for students. Guided by the vision & missions and education model of XJTU, our student clubs and organizations strive to be internationally unique by featuring interest-driven, learning-centered and development-oriented programs. XJTU has a total of 165 registered clubs and organizations in 7 categories, including 33 functional organizations, 11 community service clubs, 30 academic clubs, 31 art clubs, 14 recreational clubs, 36 sport clubs and 10 varsities. All of the clubs and organizations recruit new members at fresher's fair during induction week. For more detailed information, please scan the QR code.

SOCIAL PRACTICE

How to analyze data? How the enterprises work? What is the future of the urban villages? What is the experience of supporting education? What lifestyle do global volunteers have? During the holiday, the student teams are able to find the answers by exploring different areas of the social practice. Social practice helps students enhance learning ability, innovation ability and sense of social responsibility; it is the first step of XJTUers being young adults.

VOLUNTEER ACADEMY

Volunteer Academy is the official platform which offers support and service to the volunteer activities in XJTU. Since it was established, it not only helps organize volunteering activities both in school and out of school together, but also provides professional volunteer trainings, services and supports to society. Meanwhile, it holds exchanging meetings regularly in order to advocate the concept of volunteering to society. Students who are interested in volunteer activities can register through the recruitment email sent by SAO and the WeChat Account of the Volunteer Academy to participate in volunteer activities.

CONTACT THE STUDENT CLUB SUPPORT CENTRE

Email: scs@xjtu.edu.cn
 Telephone: 0512-81883297
 Visit Us: Room 306, GM
 Official Website: <http://engage.xjtu.edu.cn/>
 Wechat Subscription: 西浦 Student Engagement

WIN-X LEADERSHIP TRAINING PROGRAM

WinX-Leadership Training is a program aiming to develop XJTU students' leadership skills through projects running within given times. It's designed to have a profound and lasting impact on students, especially the student club leaders, by creating opportunities for them to develop their capabilities and skills in strategic planning, decision making, project executing, etc. and lead them to make more and better contributions to the communities and even change the world.

NICE TO MEET U

The Welcome Gala for new students is supported by the Art Center, sponsored by the Executive Committee of the Art Association, and co-organized by various art troupes and societies. It is the largest annual party with the largest number of participants and the most influential party to welcome new students. The format of the party includes dance, singing, magic, poetry recitation, musical instrument performance, stage play and many other programs. It has received unanimous praise from teachers and students.



WeChat Subscription of Student Club Support Centre



WeChat Subscription of the Volunteer Academy



ARTS CENTER INTRODUCTION

The Art Center (AC) of Xi'an Jiaotong-Liverpool University is an international, research-led and creative art institute. AC focuses on the theme “Art Knows No Bound” and carries out a series of Art Activities which are based on the guidance and service from teachers and which stimulate the initiative and innovation of students. AC includes 17 student organizations, namely, Art Association (including Art Association Council, Symphony Orchestra, Chinese Orchestra, Chorus Troupe, Dancing Troupe, Drama Troupe, Keyboard Troupe, Calligraphy and Painting Troupe, Model Troupe, Host and Broadcasting Troupe, Art Association Product Creating Troupe), Art Club Council (including seventeen art clubs, such as Photography Association, Doodle Club and Movie Club)A-design, SS Music Studio.

AC organizes optional art courses, establishes the project named “Talk about art” and Art Master’s classes, supporting all kinds of on-campus and off-campus artistic activities, art practices and artistic interchange activities. AC also organizes and takes part in all kinds of art competitions and on-campus and off-campus events and celebration ceremonies.

With the concept of "Art Knows No Bound", Art Center deeply promotes the integration and coexistence of multiple art cultures, integrates and explores art and culture from multiple perspectives, and creates a harmonious international community in XJTLU.

MISSIONS

AC is striving to promote students’ spiritual and physical well-being, to enrich the students’ artistic life, to help students form decent aesthetic standards, develop harmonious interpersonal relationships and team spirit, to stimulate enthusiastic emotion and innovative awareness, to improve students’ artistic accomplishment, to expand students’ horizon, and to promote students’ comprehensive development.

AC has generally four goals, namely, experiencing beauty, appreciating beauty, creating beauty, transmitting beauty and ultimately sharing beauty. In order to achieve those objectives, we have put more emphases on aspects of ‘mobility’, ‘teaching’, ‘performance’, and ‘sharing’ in our various artistic projects such as art courses, art lectures, art outreach courses, art practice platform, and art e-learning platform. Students are encouraged to participate in all these activities.

https://engage.XJTLU.edu.cn/support_center/node/16

CONTACTS

Email: artcenter@XJTLU.edu.cn

Office: 207 GM207 South Campus

Official Website : <http://club.XJTLU.edu.cn/>



PHYSICAL EDUCATION CENTRE

The Physical Education Centre is the central agency for the service of the university’s physical education teaching and sports activities, which consists of Physical Education and Sports Centre. The Physical Education is mainly responsible for teaching; and the Sports Centre takes charge of sports clubs, school teams, and Game supporting.

SERVICE

PHYSICAL EDUCATION TEACHING TEAM

Physical Education Teaching Team is responsible for PE curriculum teaching, National Physical Fitness Test, physical health promotion and other related work in the whole university. The subjects of the physical education classes not only include traditional sports like Table tennis, Basketball and Aerobics, but also some attractive sports like Golf, Frisbee and other varieties of sports which are popular and warm-welcomed among teenagers.

Acting upon the Five-Star Educational Mode and under the guiding ideology of “Health comes first” and “lifelong sports”, XJTLU PE teaching is devoted to fostering students’ interests in sports, developing their relative abilities and good habits, Initiative & Rigorous Executive Capability and Lifelong Learning Capability.

STUDENT GROUPS OF SPORTS

The Physical Education Centre provides professional guidance and support services for 36 sports associations and 10 sports teams of the school. Sports clubs are oriented by entertainment and interest, adhering to the principle of student autonomy, and fully training students’ leadership. Meanwhile, school teams focus on competition and stress on achievements, which require students to have a certain professional foundation. In XJTLU, students can develop their interests, build up their physique and exercise their abilities in an all-round and multi-level way.

EVENTS

To enhance the communication between students, faculties and schools by organizing sports courses, competitions and activities. We want our students to strive for excellence in their sport and continue to learn. We also hope to shape students’ values through their passion of sports, develop their ability to work in a team, improve their leadership, executive and problem-solving skills. We have regular events (Freshman competition series, YangFan Cup basketball game, School Cup, and XJTLU teacher-student Badminton Competition); out-school Events (XJTLU Cup "International Sports League and School Teams Out-school Competition); featured Programs; Sports Promotion Activities (Sports Wednesday events series and sports Xi party); physical fitness counselling centre (21-days Fitness Series, Health Lectures, and Customized Exercise Plans).

FACILITIES

XJTLU Gym is a new stadium designed to meet the needs of staff and students in physical education, club activities and daily fitness. It is also a new stadium with the level of hosting international events, which includes basketball court, table tennis court, badminton court, golf centre, fitness centre, archery room, fencing room, squash court, billiard room, yoga room, dancing room, martial arts room, recreation room, climbing wall and indoor track.

CONTACTS

On-site: PE Teaching GM103

E-mail: PEC@XJTLU.edu.cn

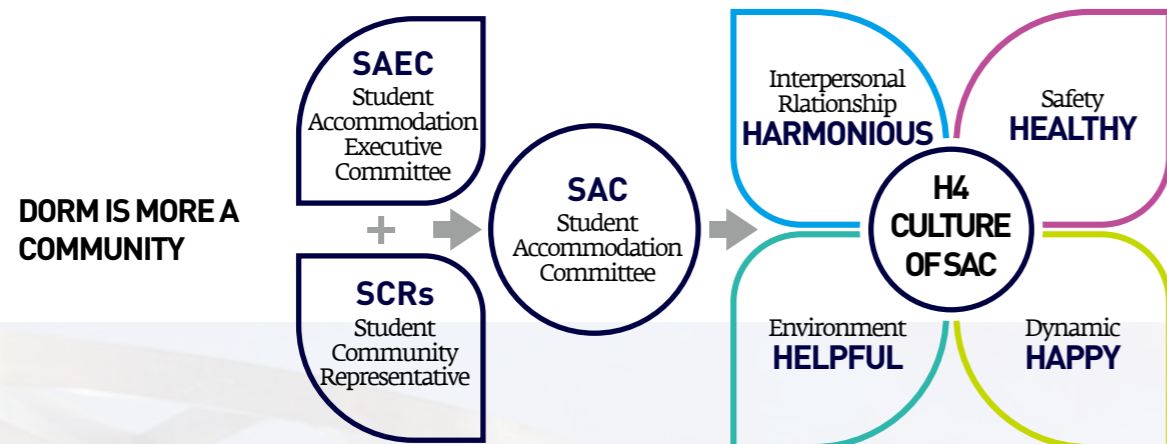
On-site: Sports Centre GM102

E-mail: Sports.Centre@XJTLU.edu.cn

LOCAL STUDENT ACCOMMODATION SUPPORT

Dushu Lake Science & Education Innovation District adopts the socialization management model of student accommodation. Local student dorms were built and managed by Suzhou Dushu Lake Science & Education Development Limited Company which locates at Student Accommodation Areas nearby the campus. Property Management Company is employed by SIPEDI company and offers total services to students in the local dorms. Usually, 4 undergraduates share 1 dorm which equips washroom, furniture, air-conditioner, water-heater and others. Room facilities may be a little different as halls were built in different time. The local accommodation resources and services in this town are shared by XJTLU students and students of other universities together.

Student Accommodation Support Team of XJTLU offers daily accommodation consultation and application services to local students. Student Accommodation Committee (SAC) is a student self-governed organization. SAC Service Center provides supports such as dorm consultation, suggestion collection, dorm communications, dorm activities etc. As the bridge connecting students and accommodation suppliers, SAC positively communicates and coordinates with the proprietor and the property management offices to seek better services for schoolmates. For local accommodation support, you are suggested to contact SAST or SAC.



CONTACT US

Location: 115E, Central Building
 Tel.: 0512-88973000
 Mail: Accommodation@XJTLU.edu.cn
 Working Time: 9:00-12:00 & 13:00-17:00 Mon. to Fri.



Student Accommodation Committee

CAREER CENTRE

XJTLU Career Centre provides students with career planning, further study guidance, internship opportunities, innovation and entrepreneurship guidance, external mentor program, graduation dispatch service, etc. in order to open a window for students towards society, to promote students' cognition of society, life and career and to improve students' comprehensive quality and professional competitiveness.

EMPLOYMENT OPTIMIZATION

Career Centre provides students with abundant employment resources to help develop their career interests and abilities. Students are welcome to log in Career Centre official website and WeChat official account to obtain all the information of open positions, internships and employment activities. Students can also sign up for various types of career activities, such as job fairs, career talks, workshops on resume writing and interview skills, etc.



CAREER GUIDANCE

Career Centre provides sufficient support in terms of students' self-development and career planning. Through lectures, workshops, partnering with career counselors, students will benefit from personalized guidance on setting and maintaining career goals, gaining self and industrial awareness, building business networks and making wise career choices. Furthermore, Online Career Evaluation Test helps learn about self-interests, skills, values and personality traits.



EXTERNAL MENTOR PROJECT

Career Centre sets up a unique team—external mentor group. They are elites from different industries with affinity to education and generosity. They support students to gain more insights about industries and life experiences.



INNOVATION AND ENTREPRENEURSHIP

Career Centre sticks to the actual needs of university students' innovative undertaking demand as the guidance, encourages and fosters innovation and entrepreneurship, providing students with practice platform to improve entrepreneurial qualities and comprehensive abilities. It also offers incubator support for students' entrepreneur projects to promote the resources integration symbiotic between scientific research, mentors, and local enterprises.



GRADUATE SERVICE

Graduate Service is provided with the guidance of “Five-star Education” model of XJTU and in line with the “student-centered” service tenet. The Hukou & archive dispatch service will be provided to undergraduates, postgraduates and doctoral students from XJTU at the time of their graduation.



CONTACT US

Email: careers@xjtu.edu.cn
 Phone: 0512-81888308
 Location: 102 E Central Building
 Official Website: <http://careers.xjtu.edu.cn/>
 Wechat Account: 西浦就业 careercentre



Official Website



Wechat Account

ALUMNI ASSOCIATION

XJTU Alumni Association was founded in August 2010. It is a world-wide nonprofit organization of XJTU graduates and has 19 branches. These branches cover 10 areas including Beijing, Shanghai, Hong Kong-Guangdong, Jiangsu, Shaanxi, Zhejiang, U.K., Singapore, Canada and Australia and 10 faculties including International Business Suzhou, XJTU School of Film and TV Arts, Civil Engineering, Computer Science and Software Engineering, Urban Planning and Design, Electrical and Electronic Engineering, Mathematical Sciences, Architecture and China Studies. More and more branches will be established in the near future.

XJTU Alumni Association aims to promote the welfare of XJTU and to establish a mutually beneficial relationship between XJTU and its alumni. It helps alumni connect with the University and fellow graduates through a wealth of club activities, continuing education programs, online services, and alumni events around the world. Here, you will gain the experience of alumni's study and employment, the opportunity to communicate with them face to face, chance to participate in colorful alumni activities around the world, and the platform to show and improve yourself.

Wherever you are, XJTU Alumni Association welcomes all XJTU alumni to join our global network.

ALUMNI ASSOCIATION—SERVICES & SUPPORTS

THE XJTU ALUMNI CARD

The Alumni Card retains most of the functions of Student Card. The new Alumni Card have been upgraded into Jiangsu T-Union which has the public transportation function in over 300 cities since 2019. According to XJTU policy, alumni can have access to university facilities such as school library and gymnasium with Alumni Card.

THE ALUMNI PERMANENT ACCOUNT

By using the alumni permanent account, you can log in XJTU Alumni Website, e-Bridge, Learning Mall, Career Centre, connect the WIFI (SSID: XJTU) at XJTU campus etc. You will have the permanent alumni e-mail account as well.

CAREER DEVELOPMENT SERVICE

All the members of XJTU Alumni Association are eligible for the free career advice services from XJTU within 5 years after their graduation. The Career Development Office will help provide dispatch service for Chinese mainland students after graduation.

OTHER SERVICES

Library Service, Further Education Service, Tuition-Waiver, Event Organizing and Supporting Service, etc.

ALUMNI ACTIVITIES

XJTU Alumni Association will hold Alumni Forum, Homecoming Day and Graduation Ball every year. Besides, local alumni branches will organize alumni gathering events and forums regularly as well.

CONTACT US

E-mail: alumni@xjtu.edu.cn
 Tel: (86) (0)512 8816 1853 or (86) (0)512 8816 1869
 Website: <http://alumni.XJTU.edu.cn/>
 Weibo: 西交利物浦大学校友会
 WeChat: XJTU_alumni



APPENDIX 1

UNIVERSITY SERVICE STATIONS

The first step towards success is Knowing how to obtain resources and supports initiatively.



XJTLU SERVICE

STUDENT DEVELOPMENT ADVICE CENTRE

✉ SDA@XJTLU.edu.cn

STUDENT ACCOMMODATION COMMITTEE

☎ 0512-88973000
✉ accommodation@XJTLU.edu.cn

ONE-STOP STUDENT SERVICE CENTRE

☎ 0512-88161854
✉ onestop@XJTLU.edu.cn

STUDENT COUNSELLING CENTRE

☎ 0512-88161815
✉ counselling@XJTLU.edu.cn

CAREER CENTRE

☎ 0512-81888308
✉ careers@XJTLU.edu.cn
🌐 <http://careers.XJTLU.edu.cn/>



IT SERVICE

☎ 0512-88161250
✉ IT@XJTLU.edu.cn



BUDDY PROGRAMME

☎ 0512-81883293
✉ buddy@XJTLU.edu.cn



ALUMNI SERVICE

☎ 0512-88161853,88161869
✉ alumni@XJTLU.edu.cn



STUDENT ORGANIZATION AND SUPPORT

☎ 0512-81884969
✉ scs@XJTLU.edu.cn



REGISTRY SERVICES AND SUPPORT

☎ 0512-88161230
✉ academicservices@XJTLU.edu.cn

PHYSICAL EDUCATION CENTRE

✉ Sports.center@XJTLU.edu.cn

APPENDIX 2

WELCOME TO XJTLU AND THE ENGLISH LANGUAGE CENTRE (ELC) AT THE SCHOOL OF LANGUAGES!

During your first two years at XJTLU you will spend a lot of your time with lecturers in the ELC studying our English for Academic Purposes (EAP) courses. We are dedicated to maximising your linguistic competence and academic potential through professional language training and continuous study support. The main purpose of studying with us is to learn, develop, and practice the language and practical skills you will need to succeed in your academic disciplines, including independent learning and critical thinking. All these skills are a vital component of university study in a Western environment.

Your EAP journey will begin with an English Language Placement Test which you will all take in Week 0 (Induction Week). We use the Placement Test to place you in an EAP course that is best suited to your needs.

The EAP course you are placed in reflects the amount of time you will need in order to develop the necessary linguistic and practical skills for success at XJTLU. This means that the Year 1 EAP courses both cover a range of different subjects so that all of your interests can be covered.

Those of you who demonstrate a beginner to intermediate level of English will be placed in our Core EAP Pathway and will study in this pathway throughout Year 1 (10 credits per semester). You will study actively for 9 hours per week. A few hours are taken online, and provide language and skills relevant to your seminar groups. These seminar groups will be interactive sessions with an emphasis on group work activities and student-centred learning and teaching designed to develop both receptive and productive English language skills. You will study all four English language skills in both semesters; however, the first semester will focus more on listening and speaking, while the second semester will aim to develop your reading and writing skills. As well as attending and participating in EAP classes, you will also be expected to develop independent study skills and complete self-study activities as well as homework tasks.

Those of you who demonstrate an advanced level of English will be placed in our Advanced EAP Pathway and will study in this pathway throughout Year 1 (5 credits per semester). You will be placed in seminar groups and will study for 4 hours per week. These classes will be interactive sessions with an emphasis on group work activities and student-centered learning and teaching designed to develop both receptive and productive academic English language skills. Due to the advanced nature of this module, students will be expected to demonstrate a higher level of English language proficiency in order to pass and will be challenged with more complex academic assessments as well as being required to work more autonomously throughout the academic year. Students placed in the Advanced Pathway will also be eligible to take other optional modules, including additional languages such as Spanish or Japanese, offered by the Modern Languages Centre of the School of Languages.

Upon the successful completion of your Year 1 EAP module, you will then progress to Year 2 EAP. These modules are subject-specific, which means you will study EAP related to your academic study. Any of you who demonstrate very high achievements in English language during Year 1 will also be eligible to take Year 2 Advanced EAP.

Throughout your EAP journey, Continuing Support (CS) will provide you with additional guidance during your time at XJTLU, with a range of additional linguistic activities from extra English skills practice to help with your final year project. We also offer careers advice and can help you prepare for international exams like IELTS and TOEFL. Check out our videos and activities on Learning Mall Online, or drop in to say hello!

We wish you every success at XJTLU and we are confident that you will find it an immensely rewarding experience!