

An Integrated Approach to Promote Comprehensive Sexual Education Among Children and Adolescents in Suzhou

Bo Wu

Abstract

Under the media exposure of sexual assaults among children and adolescents in recent years, along with the rising HIV cases among youth through sexual behaviors in China, sexual education has brought its attention to the public. According to the researchers and practitioners, the issues of sexual education include: no sexual education class at school (from kindergarten to high school); lacking teacher training, teaching materials and teaching time. Also, sexual education at home is crucial, however, parents need to know its importance, its knowledge and the skills on how to talk about sex appropriately to their children. Given the rapid development of Suzhou, sexual education for 0-18 years old is now of great significance. An integrated approach which covers needs assessment, teacher training, time allocation, parent education, etc. is therefore proposed. The implementation of this approach requires the cooperation among domestic academic, education and public health department in Suzhou.

Key Words

Sexual education; Needs assessment; Evidence-based research; Teacher training; Parents education